



Athlete Waiver

I acknowledge that training for and/or participating in a triathlon, duathlon, cycling, swimming, running or any other endurance sporting event is an extreme test of my physical and mental limits and that training for and/or participating in such events poses potential risks of serious bodily injury, death, or property damage. I have provided Triton Multisports LLC with all information that in any way relates to or could affect my physical health and attest that I am in good health and that my physical condition has been verified by a licensed medical doctor.

Furthermore, as a condition of participating in any of Triton Multisports LLC programs, on behalf of myself and my heirs or executors, I hereby:

a) **ACKNOWLEDGE**, agree, and represent that I understand the nature of Swimming, Bicycling, and Running Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if, at any time, I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

b) **WAIVE, RELEASE, and DISCHARGE** Triton Multisports LLC and its officers, directors, administrators, employees, consultants, coaches, sponsors, facilities and agents from any claim, costs or liabilities for personal injury, illness, death or damage of any kind which I may have now, or at any time in the future, resulting from participating in this or any other program;

c) **AGREE NOT TO SUE** any of the persons or entities mentioned above for any claims, costs, or liabilities that I have waived, released or discharged herein;

d) **INDEMNIFY, DEFEND, and HOLD HARMLESS**, the persons or entities mentioned above from any claims made or liabilities assessed against them as a result of my actions.

Athlete Printed Name: _____

Athlete Signature: _____

Date: _____

If athlete is under 18 years of age,

Parent or Legal Guardian Printed Name: _____

Parent or Legal Guardian Signature: _____