

NOVICE MEET

1. Entry fee - **\$5.00** per athlete, per event and **\$20.00** for the relay.
2. *Unlimited entries in all events.*
3. **Make checks payable to: Bergen Track & Field LLC**

SCHOOL _____ COACH _____ TEL: _____ SCH _____ CELL _____

COACH EMAIL: _____

AD FAX # _____

BOYS

100m Dash _____
200m Dash _____
400m Dash _____
800m Run _____
1600m Run _____
3200m Run _____
110m Hurd. _____
400m Hurd. _____
1600m Rel.(\$15.00) _____
Shot Put _____
Discus _____
Javelin _____
High Jump _____
Long Jump _____
Triple Jump _____
Pole Vault _____

GIRLS

100, Dash _____
200m Dash _____
400m Dash _____
800m Run _____
1600m Run _____
3200m Run _____
110m Hurd. _____
400m Hurd. _____
1600m Rel.(\$15.00) _____
Shot Put _____
Discus _____
Javelin _____
High Jump _____
Long Jump _____
Triple Jump _____
Pole Vault _____

Mail entry to:

Total # _____

Mike Glynnn
19 E. Lewis St
Pearl River, NY 10965

FAX ENTRIES:

845-735-7556

NO COVER PAGES

Dear Coach:

These are the meet entries and order of events for the 27th annual **Novice Championship** to be held at **Hackensack High School** on **May 14, 2019**. The **starting time** of the meet will be **4:00 pm**.

Meet Information

1. Medals to the top 6 in all events.
2. Entry Fee: **\$5.00** per athlete per event, **\$20.00** for the relay.
3. **Make checks payable to: Bergen Track & Field LLC**
4. Definition of a novice: An athlete who has not won a varsity medal in an individual event. A varsity runner could be a novice in the field and vice-versa.
5. Field events: Girl's discus, then boys – boys shot put then girls – girls high jump, then boys - boys javelin, then girls – long and triple jumps. Three attempts – no finals.
6. Any questions, call Mike Glynn at 845-735-7514

Order of Events

4:00pm 400m. Int. Hurdles
 100m. Dash – Trials and Semis
 400m. Dash – Final
 1600m. Run
 110m. High Hurdles – Trials and Finals
 100m Dash – Finals
 800m. Run
 200m. Dash – Finals
 3200m. Run
 1600m. Relay

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