



Coastal News

South Coastal Delaware Chapter #5226
of AARP, Inc.

P. O. Box 225, Ocean View, DE 19970

To Serve Not To Be Served

VOL. 20 NO. 2

www.aarp5226.org

February 2017

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2 nd VICE PRESIDENT	Jim Harding jameshrdq@yahoo.com	537-5206
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DIRECTORS

Andrea Gowetski	2015-2017	541-4751
Brenda Fegelein	2016-2018	537-7908
Sharon Tweedie	2016-2018	541-5462
Maureen Eisenhart	2017-2019	988-1196
Chris Norris	2017-2019	436-1784
Lee Shoff	Past President Advisor	539-6952

NOMINATING COMMITTEE

Joan Thomas, Chair	2016-2017	539-1367
Dave Jaeger	2016-2017	436-5173
Valerie Reeves	2016-2017	539-8212
Jeanne Hammel	2017-2018	436-2504
Chuck Schonder	2017-2018	703-881-2491

COMMITTEE CHAIRPERSONS

Community Service	Kathy Lesperance	537-7845
Legislative/Environmental	Chuck Schonder	703-881-2491
Membership	Enid Levine	541-5639
Public Relations	Bette Meredith	539-0532
	Jim Hartzig	247-9711
Scholarship	Shirley Price	236-7046
	Ione Phillips	539-2172
Tours	Jim Harding	537-5206

OTHER ACTIVITIES

Chorus	Ann Jaeger	436-5173
Hostess/Luncheon	Roberta Shoff	539-6952
Newsletter	Andrea Gowetski	541-4751
Sunshine	Joan Wolf	541-0513
Webmaster	Ralph Brown	539-8169
50/50	Joan Wolf/ Velma (Cookie) Butts	541-0513 541-9264

ATTENTION ALL CHOCOLATE LOVERS!

Did you know chocolate has played an important role in American history past, present and future? Learn about how chocolate found its place in popular culture, view a demonstration of the 18th century chocolate making process, and taste some for yourself.

Come join us when The Lewes Historical Society brings this interesting history of chocolate to us at our February 21 luncheon/meeting at Cripple Creek Golf and Country Club.

LUNCHEON CHOICES:

Meatloaf Plate - Mashed potato and green beans. Served with a dinner roll.

OR

Sandwich/Soup Combo - 1/2 hot roast beef wrap with melted cheddar cheese, caramelized onions, and horseradish mayo. Served with a cup of chicken corn chowder.

OR

Chicken Pear Gorgonzola Salad - Organic mixed greens, arugula, crispy chicken, pears, candied pecans, gorgonzola cheese and drizzled with a rosemary/honey vinaigrette.

Beverages include Ice Tea, Lemonade, Coffee, and Water. Dessert will feature Red Velvet Cake.

Doors open at **11 am** for social hour with lunch at **12 noon** followed by the program and chapter news and announcements. **Cost: \$16 members and \$17 guests.**

Members may make their lunch reservations by calling **Allys Macken 914-819-2992**, or **Mary Ann Dougherty, 541-9412** or madod@aol.com by **noon, Wednesday, February 15**. To cancel after the deadline, please contact **Linda Miller** at **537-2475**.

**ATTENTION MEMBERS
LUNCHEON RESERVATIONS**

Email - If you make a reservation by email, you must receive an email confirmation or you will not be included in the luncheon count.

Phone - If you leave a message for your reservation, you must receive a call back or you will not be included in the luncheon count.

If you make a reservation for the luncheon and you are a **"no show"**, you are obligated to pay for the cost of the luncheon. If you do not pay for the luncheon, your reservation for future luncheons will not be taken and you will not be able to participate in AARP functions such as trips.

COMMITTEE ACTIVITIES

Legislative/Environmental -Chuck Schonder

Legislative News

On January 1 Dave Jaeger and Chuck Schonder represented the committee and joined Sheila Grant, Delaware's Advocacy Director, at the 2016 Delaware Capital Caregiver Awards Presentation at Legislative Hall in Dover. Honorees who helped pass The Care Act in 2016 were Senator Bethany Hall Long, Majority Leader Valerie Longhurst, Representative David Bentz, and Representative Paul Baumbach. This was not an easy bill to pass. We appreciate the leadership and many hours of negotiations, phone calls, emails, and meetings that these legislators contributed to the effort. Every family is touched by this issue. We have 123,000 Caregivers in Delaware. The work they do is valued at \$1.58 billion annually.

We believe caregivers are the key to keeping older parents, spouses, and loved ones independent, in their homes and communities. We have more to do on this issue in Legislative Hall in 2017. Planning has begun on forming an Advocacy Team thru our Legislative Committee. We will be recruiting volunteers at the February Luncheon. You can choose to make a few phone calls or email Sussex Legislators at critical times during the Legislative Session.

Last year, of the 14 Sussex Legislators we started with, Rep. Ron Gray (38th District) was the lone supporter. The final vote at the end of the

Legislative Session saw all 14 vote in favor of The Care Act. We need your help this year on strengthening and implementing The Care Act.

Environmental News

January's First Day Hike at Holts Landing State Park was the largest of all held statewide with 93 hikers present. State Parks Director, Ray Bivens, hiked with us.

The January 14 Trail Day, at the park, was productive in spite of a short shower. Crew 1 built and installed a new volunteer opportunities sign. Crew 2 cleaned out the fire rings and grills as well as removed a Trail Head sign to be replaced later. Crew 3 picked up trash by the fishing pier as well as the perimeter of the grassy area around the main parking lot.

Next Trail Day is on Saturday, February 11 at 9 AM. Join in a three hour day of work/fun at your own level. All are welcome.

Next meeting of the Legislative/Environmental Committee will be February 7 from Noon to 1 PM at the South Coastal Library, Room A. For information contact Chuck Schonder at cschonder3@gmail.com.

Membership – Enid Levine

We welcome new members: Veronica (Ronni) Molloy, Hans and Judy Neas, Jack Csicsek, Jeannette Webber, Michael Darcy and Helen Norris.

The newsletter is mailed and e-mailed the fourth week of the month. If you have not received a newsletter (by e-mail or US Mail) by the end of the next week, please call me at 302-541-5639 so that we can look into it.

Community Service - Kathy Lesperance

The Community Service Committee will be holding our dental program at Phillip Shoal Elementary School on February 8. We want to thank all of those who bought "kids" toothpaste for this event.

Please mark your calendars: Our Committee will be having a fund raiser for DE Hospice at the Clayton Theatre on **March 25**. The movie will be "To Catch A Thief".

Food Bank: We are still in need of food for the food pantry. These contributions of non-perishable items are needed to help many needy families in our area stretch their food dollars. Please check the dates and bring **unexpired** items to each chapter meeting.

Coupons for Military Families: Please bring your clipped, **unexpired** coupons (good for 90 days after expiration) to the chapter meeting. Be sure **not** to clip off the **bar code** and **expiration date**. Please sort according to food and non-food items. Mary is also collecting cereal box top coupons.

Blood Bank: To schedule an appointment call **1-888-825-6638** or schedule on line at **www.delmarvablood.org**. The schedule is as follows:

St. Ann's Catholic Church - February 3, May 15, June 5, July 10, August 14, September 11, October 3, November 10, December 15. Call for times.

Check for other locations in Sussex County on the web site.

The Community Service Committee meets on the first **Tuesday** of the month at the South Coastal Library at **10:30 AM**. We invite members to join us and share your ideas on how we can help the community.

Scholarship - Shirley Price/lone Phillips

The Scholarship Committee will award two \$1500 scholarships to graduating seniors from Indian River High School in May 2017. Application packets will be available in the Guidance office at the school by February 15, 2017. The deadline for applications is Monday, April 24. The scholarships will be awarded at the school's Awards Night in late May.

Applicants are evaluated on their academic record, extracurricular, community and work activities and an essay. Students who have overcome or may face special challenges in completing college are given special consideration. If you know a worthy senior at Indian River, please let him/her know of the availability of these scholarships.

Tours - Jim Harding

Due to the increase of members joining AARP, our policy for signing up for AARP trips is as follows:

Members at the general luncheon/meeting will have **first** priority over members calling in.

Members can call, text or email the day of the meeting to sign up. If there should not be any opening for the trip, you will be placed on the waiting list automatically in the order of calls.

We will **no longer accept** calls **prior** to the general luncheon/meeting for trip sign ups.

This was always the policy for AARP trips. We will announce new trips at the luncheon/meeting first and then post it on the webpage and newsletter.

Please remember our policy regarding payment for trips. If you sign up for a trip, you have **30 days** to pay from the date you **signed up**. If payment is not received within the 30 days, you will be taken off the list.

A separate check for each trip should be payable to **South Coastal AARP Tour Committee** and sent to **South Coastal AARP Tour Committee, P.O. Box 662, Ocean View, DE. 19970**.

Our Tour Committee continues to strive for more exciting, fun trips for all to enjoy. We welcome your suggestions.

CHAPTER ACTIVITIES

AARP Sponsored Book Club

The AARP Book Group will be meeting at Kool Bean on February 2 at 10:30 AM The book to be discussed is "Daughters of the Samurai" by Janice Nimura. This is a true tale about five Japanese girls who come to study in America in 1871.

Bowling – Dottie Rieck

The second half of the season began on **January 9** at Millsboro Lanes. Several teams still need a bowler. Come and join the fun. All skill levels are welcome. The league bowls at **1:30 PM** on **Mondays**, September through April. If you are interested in joining the fun, please contact **Dottie Rieck at 539-2654**.

Chorus - Ann Jaeger

The chorus is beginning it's spring session on Wednesday, February 1 at 10:00 AM. at the South

Coastal Library in Bethany Beach. We always welcome new members and this is a great time to join and we will all learn the new music together. Men and women and all voices are welcome. No need to read music, some do and some don't! We just have a great time. For information and to join us, call Ann Jaeger at 436-5173.

Driver's Safety Classes - Tom Maly

Refresher classes are for those who have previously taken the Standard Driver's Class. You must take the Refresher Class every three (3) years to continue to receive a discount on your auto liability insurance. The State is now mandating that you cannot take the Refresher Class prior to 90 days expiration of your current certificate.

Refresher Classes are scheduled Monday, **February 13. Class is full.** Monday, **May 8** from 9 AM to 1 PM. To register, call Tom at (302) 541-0780.

The next Standard Class for those who have never taken the class or it has been more than three (3) years is scheduled for: Monday, **March 6** from 9 AM to 3 PM. To register, call Tom at (302) 541-0780.

All classes are held at the South Coastal Library in Bethany Beach. The cost is \$15 for AARP members and \$20 for non-members. If you wish to take the course on line, go to AARPdriversafety.org. The cost is \$17.95 for AARP members and \$21 for non-members.

Sunshine - Joan Wolf

If you know of any member who needs a card (get well, bereavement, etc.), please contact **Joan Wolf** at **541-051**.

NO-COST INCOME TAX RETURNS

Again this year, the AARP Tax-Aide program will offer free tax return assistance and preparation to taxpayers with low and moderate incomes, with special attention to those 50 and older. Taxpayers do not need to be members of AARP to use this service. In the Bethany Beach area, the service will be offered by appointment at the Masterson Center, St. Ann's Church, Route 26, Monday through Wednesday, beginning February 6. Appointments will be from **9 AM** until **1 PM**. The phone number to

call to make an appointment, starting January 15, will be **302-858-3575**.

At the time of appointment, taxpayers must present photo ID and proof of SSN for every individual named on the return and must have last year's (2016) Federal and State tax returns. All tax documents, including income statements, proof of deductions and credits, and health insurance statements, should be removed from envelopes. A taxpayer who may be able to itemize deductions should bring a summary of the expenses to be itemized along with supporting documentation.

For information about other Tax-Aide locations in this area, call the toll-free number, 1-888-AARP NOW (1-888-227-7669), or visit the Web site at www.aarp.org/findtaxhelp.

Protect Yourself Against Scammers

Build a wall around your computer. Use antivirus and anti-spyware to keep intruders from stealing your personal information on your computer.

Do not open file attachments in emails from strangers. They can contain programs that enable crooks to get into your computer. Be cautious on social media. Anything you reveal about your family or travels can be picked up by bad guys.

Slow the process down. Never say yes to a money transfer on a single call. Always hang up and do some research such as trying to contact the person directly on their cell or work phone.

Ask lots of questions. If you get an impassioned call for money from a family member, ask some questions that would be hard for an imposter to answer correctly.

Don't be embarrassed. If you fear that you have fallen prey to a scam, do not let pride get in the way of contacting authorities. If you have wired money, immediately call the money transfer service to report the fraud.

Contact the Federal Trade Commission at ftcgov/complaint or 877-382-4357. This is the agency for reporting identity thief, abusive debt collectors and most types of fraud. Fraud complaints should be filed with your state's attorney and even local law enforcement authorities.

CHAPTER TRIPS

2017

- March 12** **Showboat** - Toby Dinner Theater, Columbia, MD. Depart Giant parking lot at 7AM. Price includes show, dinner, transportation, and all gratuities. **Price: \$94** per person.
- March 29** **Camelot** - Candlelight Dinner Theater, Wilmington, DE. Depart Giant parking lot 8:30 AM. Price includes show, dinner, transportation and all gratuities. **Price: \$88** per person.
- April 13** **Jonah** - Sight and Sound Theater in Lancaster, PA. Jonah is a prophet and a man on the run from God. Jonah finds himself in the belly of a giant fish. It is here where God teaches Jonah how to receive grace and extend mercy. Lunch at Hershey Farm Inn. Price includes bus, lunch, show and gratuities. Depart Giant parking lot. **Price: \$122** per person. **WAIT LIST ONLY.**
- April 27** **Wallops Island** - A trip to NASA Wallops Flight Facility to Tour Wallops Island. Includes Suborbital Rockets presentation and video, orbital partnership, and Antares launch video, Wallops overview, and the Global Hawk control center. **Price \$30** per person, includes bus, entrance, and tip. Lunch at the cafeteria on your own.
- May 10 -11** **Luray Caverns, Virginia** - 2 days, 1 night. The trip includes 1 night hotel at the English Inn, Charlottesville, Virginia, Dinner at T Bonze restaurant on your own, Bus transportation, driver gratuity, baggage handling and breakfast included. Also included admission to Luray Caverns, Monticello- tour home of Thomas Jefferson, Natural Bridge of Virginia and final stop at Copper Fox Distillery for a tasting. **Price: \$195** per person based on double occupancy and **\$252** per single. We will depart from Giant parking lot.
- June 12 - 15** **Finger Lakes** - 4 days 3 nights. 3 breakfast, 1 lunch, 3 dinners, Visit Kings' Ferry and Long Port Winery for dinner, historic Gould Hotel in Seneca Falls, Tour of It's A Wonderful Life Museum, Three Brothers Winery for tasting, organ demonstration at Willard Chapel, dinner at Springfield Inn, Merry Go Round Playhouse, Muranda Cheese Co. tour, Knapp Vineyard, Montezuma Winery and Distillery, shopping on the shores of Skaneateles Lake, dinner and cruise on the Judge Ben Wiles, visit Lively Run Goat Dairy, and Hazlitt 1852 Vineyards. **Price: \$699** per person based on double occupancy and **\$905** based on single occupancy. **WAIT LIST ONLY.**
- Sept. 18 - 22** **Vermont** - 5 days 4 nights, 4 breakfasts, 2 lunches and 3 dinners. Cruise on scenic Lake Champlain, lunch and tour at the Von Trapp Inn, tour: Morse Farm Maple Sugarworks, Vermont Teddy Bear Factory, Cold Hollow Cider Mill, Ben & Jerry's Ice Cream Factory, explore Plymouth Notch, factory tour of Cabot Cheese, visit Woodstock to view one of their beautiful covered bridges, enjoy a visit to Rock of Ages granite quarry and shop for granite gifts, enjoy Quechee the Grand Canyon of Vermont, shop the Vermont Country Store. **Price: \$979** per person based on double occupancy and **\$1229** based on single occupancy. **WAIT LIST ONLY.**
- Dec 2 - 7** **Nashville, TN** - 6 day, 5 night. 5 breakfast, 1 luncheon cruise, 2 holiday dinner shows. 3 night at the Opryland Resort during A Country Christmas at Gaylord Opryland, Cruise and lunch aboard the General Jackson, guided tour of Nashville and explore Music Row, Tickets to Ice featuring "The Nutcracker", a Delta River flatboat ride, admission to a live holiday production (TBA). Tickets to Treasures for the Holidays a craft, antique and art show, enjoy a self-guided tour of the Parade of Trees, have a fabulous holiday dinner show in Pigeon Forge. **Price: \$1199** per person based on double occupancy and **\$1549** based on single occupancy. **WAIT LIST ONLY.**

2018

Jan. 27 - Feb. 11 **Back -to-Back Southern Caribbean Cruise** - Royal Caribbean's "Jewel of the Seas" Ports of Call include St. Thomas, Antigua, St. Kitts, St. Lucia, Barbados, St. Maarten, Dominica, Grenada and San Juan. Trip includes: 2 week cruise, shipboard meals and entertainment, hotel accommodations in beautiful San Juan, round Motor Coach transportation to Philadelphia Airport, non-stop round trip airfare, transportation to and from the cruise ship and hotel, port charges and taxes. \$50.00 room credit the second week. For more information go to our web site or call Jim.

Go to www.aarp5226.org for more details about the many trips offered.

DISCLAIMER:

These tours are a project of and are offered to the South Coastal Delaware Chapter #5226 of AARP. The chapter and any agent it may use in arranging these or any other tours are not responsible in whole or in part to the tour member for any loss, damage, or injury, whether financial or otherwise, to persons or property, however caused during or in connection with these or any other tours. These tours are activities conducted by South Coastal DE AARP #5226 and are in no way offered, sponsored, or conducted by AARP, which has no responsibility in connection with such tours.

Al Thomas and Lucille Kurtz, Co-Presidents

Trip Reservations:

To make a reservation for any trip, phone **Jim or Maria Harding, (302) 537-5206** or email jameshrdg@yahoo.com
Make checks payable to: **South Coastal AARP Tour Committee** and send to **South Coastal AARP Tour Committee, P.O. Box 662, Ocean View, DE. 19970.**

Please submit a check for each trip you sign up for. Note on the check what trip the check is to be applied to. We can no longer accept one check for multiple trips.

Trip Rules

- Payment is preferred at time of registration and must be made no later than 30 days after registration.
- Reservations made within 30 days of a scheduled trip must be paid at time of registration.
- No refunds for payments can be given unless a substitution can be made. If a trip is cancelled by the Tour Committee, full refunds will be provided to all paid participants.
- To cancel a trip 48 hours or less before departure, contact the tour escort for that trip.
- No alcoholic beverages are allowed on buses during chapter-sponsored trips.
- **Price subject to change:** If the price of diesel fuel increases by more than 20% between the date of the contract with Bus Company and the date of the charter, the Tour Committee may charge a fuel surcharge to participants.
-

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FEBRUARY 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 AARP Book Club South Coastal Library - 3 p.m.	3	4
5	6 Bowling 1:30 p.m. - Millsboro Lanes	7 Tour Committee 10:30 a.m. South Coastal Library Community Service Meeting 10:30 a.m. South Coastal Library Legislative Committee -12 noon South Coastal Library	8	9	10	11
12	13 Driver's Refresher Class South Coastal Library 9 a.m. - 1 p.m. Bowling 1:30 p.m. - Millsboro Lanes	14 AARP Board Meeting 10 a.m. South Coastal Library <i>Happy Valentine's Day</i>	15 Deadline Luncheon Reservations/ Cancellations 12 noon	16	17	18
19	20 Bowling 1:30 p.m. - Millsboro Lanes 	21 Chapter Luncheon - 12 noon Meeting 1 p.m. Cripple Creek Country Club	22	23	24	25
26	27	28				

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Of AARP, Inc.

P.O. Box 225

Ocean View, DE 19970

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