



Nora Mill Granary
7107 South Main Street
Helen, GA 30545

706-878-2375
noramill.com

Nora Mill Whole Wheat Waffles, Pancakes, and Muffins

Waffles

1 1/2 Cup water

2 Cups Nora Mill
Whole Wheat Mix

Mix ingredients just until moistened...batter should be a little lumpy. Follow instructions for your waffle iron, baking until crisp.

Makes 5 large waffles.



Muffins

2 eggs, slightly beaten
1 Cup milk or buttermilk

4 T. melted butter
2 Cups Nora Mill
Whole Wheat Mix

Mix first three ingredients in a medium bowl. Add dry mix and mix just until blended. Fill greased muffin tins 2/3 full and bake at 375° F for 15-20 minutes until done.

Try adding 3/4 cup chopped bananas, dried fruit or blueberries to the muffin mix. YUMMY!



To maintain the flavor and nutritive qualities of whole grains, they should be kept in airtight containers in the refrigerator or freezer.





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Nora Mill Whole Wheat Waffles, Pancakes, and Muffins (continued)

**Whole Wheat
 Pancake, Waffle & Muffin Mix**

• JUST ADD WATER •

Pancakes

1 1/2 Cup water 2 Cups Nora Mill
 Whole Wheat Mix

Mix ingredients just until moistened...batter should be a little lumpy. Bake on a hot greased griddle, hot enough to make a drop of water dance before evaporating. Turn just once when pancakes begin to lose their gloss and bubbles start to burst.
Makes (12) twelve 5" pancakes.

INGREDIENTS: Stone ground whole wheat flour, unbleached white flour, buttermilk powder, vegetable shortening, dried whole egg, sugar, baking powder, salt & baking soda

Waffles

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 Whole Wheat Mix

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Makes 5 large waffles.

Muffins

2 eggs, slightly beaten 4 tbsp. melted butter
 1 Cup milk or buttermilk 2 Cups Nora Mill
 Whole Wheat Mix

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