1. Maximum length end.
   Draw to the Jack.

2. Minimum length end.
   Draw to the Jack.

3. Jacks off line. Draw 1 F/H and 1 B/H to each Jack.

   Draw to the Jack.

5. Draw around mat.
   Mat represents a Head.

   Draw to the Jack without finishing in the ditch.

7. Draw into End Zone.
   Without finishing in ditch.

Bowl to finish here

50-60 cm
30-40 cm

4 Bowls needed for all drills. Bowl 2 Forehand (F/H) and 2 Backhand (BH) for each.