

13th Annual Phoenix Area Child Life Conference
Treating the Whole Child: Emphasis on Culture, Family, and Integrating Therapies

Purpose: To enhance the knowledge and skills of individuals working with children in the healthcare setting.

Location: Phoenix Children's Conference Center 2632 N. 20th St. Phoenix, AZ 85006

Hotel Accommodations: For information regarding hotel accommodations please contact:
Jenni Davis 602.933.1236

Every effort is made to comply with the Americans with Disabilities Act. If specific auxiliary aids are needed, notify Wendy Pauker (602)865-5074.

Conference Agenda
March 24, 2023 7:30a-4:35p

Registration & Continental Breakfast 7:30-8:00a

Welcome 8:00-8:05a

Keynote 8:05-9:35a

Real World Ready Kids: How to Reach, Teach, and Support Kids of the iGeneration

Description: Kids of the iGeneration live in real life and online. While technology is an advancing tool it also can contribute to issues that can at times impede social emotional wellness and overall health. In this session, participants will take a keen look at how we can support them as they navigate the new landscape of childhood.

Domain: Professional Responsibility

1.5 PDU

Speaker:

Katey McPherson M Ed, MHFA, QPR

Youth Prevention Advocate

West Coast Associate of Hazard, Young & Attea Associates

Bio: Katey McPherson brings experience in school leadership, prevention, and organizational change with 25 years as a secondary school teacher, guidance counselor, and PK-12 school administrator.

Katey's educational career focus is on student and teacher social and emotional wellness and supports. She has worked diligently on several youth mental health initiatives and laws, delivers professional development to learning communities with a focus on creating adaptive coping skills and resiliency, and speaks to students to increase their awareness and education in digital citizenship/social media responsibility.

Katey currently serves as the Director of Professional Development for Bark for Schools, an artificial intelligence app that protects over 5 million children while they use personal and school issued devices.

Katey has a vested interest in youth mental health and led the ONE GILBERT suicide prevention initiative under Mayor Jenn Daniels of Gilbert, Arizona and currently sits on the Teen Mental Health Ad Hoc Committee under the leadership of Arizona Speaker of the House Rusty Bowers.

Session #1 9:35-10:05a

Dreaming up a Self-Care Strategy for Grief with Beads of Courage

Description: Beads of Courage® believes in the power of art, expression, and connection. Our dream is to encourage everyone to draw, reflect, and embrace the healing power of art. This session will provide the opportunity to take a moment from our day to care for ourselves, feel connected to others and engage in the important reflective work that a bead can facilitate when grieving the death of a loved one. The bead strand created during the session is meant to be kept by the participant. It serves as a visual and tangible symbol for reflection on the legacy of and love for the person they are grieving and their strength throughout their bereavement journey.

Domain: Professional Responsibility

.5 PDU

Speaker:

Jean Gribbon, RN, BSN, PhD
Executive Director and Founder
Beads of Courage

Break 10:05-10:20a

Session #2 10:20-11:20a

Communicating with Families in "Hot States"

Description: Exploring "Hot and Cold Emotional States" as they pertain to patient and family care, communication, and decision making. We will review studies of physiological and psychological states in times of trauma and crisis and how these affect the ability of families to

receive critical information. Understanding these “hot emotional states” improves communication and outcomes for hospital staff and families. Participants will leave with an understanding of the emotional states of families at hospitals and will additionally come away with skills and tools necessary to walk families out of these states. Building on the work of George Loewenstein on *Hot States* and the work of Stephen Porges’ on *Emotions and Self-regulation*, we will specifically address how to re-engage the thinking brain and the parasympathetic nervous system. This will allow for clearer thinking and a regained sense of calm. In essence, we will be speaking of how to have meaningful conversations and communication with families.

Domain: Assessment, Intervention

1 PDU

Speaker:

Marcel E. Pincince, BA, STB

Professional Education Developer

Donor Network of Arizona

Session #3 11:20a-12:20p

Safely Guiding Patients through Crisis

Description: Discuss opportunities for connection and family-centered care through crisis. Demonstrate effective interventions to maintain a safe environment for patients, families, and staff. Identify ways to effectively contribute to team interventions during crisis situations. Explore and identify aspects of the crisis cycle. Recognize growth opportunities from recent observations of behavioral health patient scenarios.

Domain: Assessment, Intervention

1 PDU

Speaker:

Matthew Mitchell, CPO, SMIA, CHSS

Commander, Security Services

Phoenix Children’s

Lunch 12:20-1:15p

Session #4 1:15-2:15p

Things to Consider when a Patient has a Visual Impairment

Description: Is it ok to use seeing words with a patient with a visual impairment? How do you orient a patient who has a visual impairment to their room or the play room? How can planned activities be adapted for a child with a visual impairment? Participants will have all these questions answered during this session and time will be available for other pertinent questions and resource support available through the Foundation for Blind Children.

Domain: Intervention

1 PDU

Speaker:

Katie Armstrong, MS cTVI, COMS

Teacher of the Visually Impaired & Certified Orientation and Mobility Specialist

Foundation for Blind Children

Mary Wilson MC

Family Support Counselor

Foundation for Blind Children

Session #5 2:15-3:15p

“Why Don’t you Just Eat?”: Understanding, Identifying, and Treating Individuals with Eating Disorders

Description: In this presentation, participants will be provided with an overview of eating disorders, red flags to be aware of, common misperceptions, and treatment and level of care options. In addition, participants will learn of common disorders that coexist among individuals struggling with eating disorders such as anxiety, depression, substance and alcohol use, suicidal ideation and self-harming behaviors.

Domain: Assessment, Intervention

1 PDU

Speaker:

Stephanie Paige MC, LAC, NCC

Primary Therapist

Rosewood Centers for Eating Disorders

Break 3:15-3:30p

Closing 3:30-4:30p

Being Silly to Build Trust: “Improvisation as a Bridge to Empower Positive Patient and Family Imagination”

Description: This presentation will follow the Badge Buddy Curriculum. Child Life professionals will learn to utilize improvisation techniques to help bridge connection and communication between provider and patient through trust, appreciation, connection and reciprocity. They will understand how the principles of improvisation can enhance everyday communication skills. They will exhibit increased empathy and appreciation for patients and peers through increased capacity for close listening, affirming and problem-solving as a team.

Domain: Intervention

1 PDU

Speakers:

Pasha Yamotahari

Associate Producing Director & Artistic Director for Partners That Heal
The Phoenix Theater Company

Brian Sweis, Liz Polen, Mike Lawler, Kim Manning, & Sally Jo Bannow
Partners That Heal Actors
The Phoenix Theater Company

Evaluations & Certificates 4:30-4:35p

7 PDU

Conference Registration

Early Registration Fees:

Early registration ends February 28th

Registration Fee - \$60

Speaker – No fee

Registration after February 28th: \$75

We are excited to offer this conference virtually for those unable to attend in person. The conference can be viewed live or watched later. Please select attend virtually on registration form and pay registration fee. Login instructions will be emailed the week before conference.

Registration Questions? Call Jessica Bryson CCLS at 602.512.3229

Conference Handouts

Handouts will not be provided at the conference. Please check back in March to view and print conference handouts. Handouts will be posted as they are received.