

Nourishing News

Spring 2021

CURRENT NEEDS

- 1. Toothbrushes
- 2. Toothpaste
- 3. Canned Tuna
- 4. Salt / Pepper
- 5. Tomato Sauce
- 6. Dry Beans
- 7. Jelly
- 8. Jello / Pudding

OFFICE HOURS

MON - THURS

9:00 am - 12:00 noon 1:00 pm - 5:00 pm

FRIDAY

9:00 am - 12:00 noon 1:00 pm - 3:00 pm

DISTRIBUTION TIMES

MON - FRI

1:00 pm - 2:45 pm

MONDAY

5:00 pm - 6:45 pm

"If you're constantly worried about where your next meal is going to come from, then you're not really going to be able to focus on your education."



HUNGER on CAMPUS

"Matthew" works and attends school part-time, and is worried that without food assistance, he might have to drop out and go back to working full-time. The decision weighs heavy on this nontraditional student's mind because hanging in the balance is his future, his family and everything he's dreamed of accomplishing. Dropping out would likely stick him with low-paying jobs and little hope for advancement. Finishing school makes a career and financial stability attainable....if only his stomach could stop growling. "Matthew" isn't alone. In fact, approximately 75% of his classmates are nontraditional students that are financially on their own, work full-time while in school, are caretakers for dependents, and/or did not receive a traditional high school diploma.

CATS' CORNER

Cats' Corner is a food and clothing pantry located on the K-State Polytechnic Campus. In a Financial Stress study conducted on campus, 14% of students indicated they did not have enough money to meet their basic necessities. Furthermore, 51% indicated that didn't have enough money for groceries at least once in the three preceding months.





To reach students like "Matthew," the Food Bank has teamed up with Kansas State Polytechnic to support their existing on-campus pantry with fresh produce. To kick off this partnership, the Food Bank helped host a pop-up pantry in the school's parking lot on April 7th, open to students from K-State, KWU and Salina Tech. Around 180 boxes of fresh produce (weighing 20lbs each) were handed out, along with a selection of frozen chicken and bottles of Almond Milk.

Ironically, most of the students who came through the line thought there was some sort of catch....like they had to pay for it, or do something to get the food. So watching their faces when they were told it was all free and just our way of showing that we want to help, was priceless. Looking at the quality of ingredients in the boxes sparked reactions like "wow, that's really fresh" and "this is amazing - I can't believe we get all this." Even when it came to the Almond Milk, a student who said they'd never tried it before still gladly accepted the bottles, saying "I'm going to today" as he walked away smiling. Another student shared that this pop-up distribution means a lot to her and her classmates, even those who live on campus and have a meal plan. "Most meal plans don't cover every meal, plus you don't get anything this fresh," said Sara. "It's tough juggling work, school, and everything else - this will save a lot of us time and money." The Food Bank was created nearly 50 years ago to address the needs of the WHOLE community, which now includes young adults pursuing their education while facing food insecurity. To learn more about Cats' Corner, visit https://polytechnic.k-state.edu/campus-life.

50TH ANNIVERSARY YEAR-LONG CELEBRATION

From the Carver Center and the basement of Memorial Hall to our present 6,000 square foot facility, the Salina Emergency Aid Food Bank has been through some monumental challenges and changes! We can think of no better way to kick-off our year-long celebration than to highlight the history of the Food Bank with an exhibit at the Smoky Hill Museum this summer. Entitled "Filling Pantries....Filling Lives", the display is slated to open in mid-June and run through the end of July. It will offer visitors of all ages a unique glimpse into the mission and vision of the oldest food pantry in Kansas.



Look at the other fun events planned throughout the year!

July 15th: Ice Cream Social & Garden Tour

August 19th: Chamber After Hours @ Food Bank

August 28th: Mobile Pantry w/ Martina McBride

September 18th: Volunteer Appreciation Event

October 14th: Stocktoberfest @ BEL Tree Farm

November / December: Taste of Salina cookbook sales

January 2022: CANstruction Competition

February 2022: Donor Appreciation Event



Salina Emergency Aid Food Bank 255 S. Chicago Salina, KS 67401 www.salinafood.org

RETURN SERVICE REQUESTED

