

Wednesday noon

TABLE GRACE

Heavenly Father, we gather together to ask Your blessing on this food to nourish both our bodies and spirits. Renew our strength, refresh us, cleanse us and purify us as You prepare us for Your kingdom. Be our guide this and every day. We ask and give thanks in the name of Jesus. Amen.



FOOD FOR THOUGHT

Only the Living Water can quench the driving thirst of the soul.