Serenity Through The Holidays:

A One-Day Retreat You Don't Want To Miss!

October 29th, 8:30 am - 5:30 pm. St Stephen's Episcopal Church 2310 N. 56th Street Phoenix, Arizona 85008

Session Topics Include:

"Acceptance & Self Care During the Holiday Season" "Haunted No More: Turning Over Ghosts From The Past" "Giving Thanks: Practicing Gratitude In Our Daily Lives" "The Miracles of Program: Life, Learning and Higher Power" "Through The Lens of A Long-Timer: Recovery With Each New Year"

...plus beautiful scenery, luncheon with fellows and plenty of pre-holiday fun!

Call Rosie at (602) 369-8444 or email her at <u>rosie.oldham64@gmail.com</u> for more information or to be of service for this amazing event!

Register now at OA.org or with the form in the brochures. Register by October 10th to attend with \$40 early bird donation!