

Coaches Clinic – Michael Mook



Date: Tuesday, December 18

Time: 7:30 – 9:30 PM

**Location: Brinks Family Gym
15362 HWY 1416
Box Elder SD 57719**

Cost: \$20.00

Head Coach Valley City State University And The South Dakota Renegades

Coach Michael Mook brings a wide array of experiences that he has accumulated in over a decade of working with softball programs at the collegiate and prep levels. Coach Mook is in his fourth season as the head softball coach of the Valley City State University Vikings. Prior to that, Mook served six years as the top assistant coach for Gretta Melsted at Augustana College in Sioux Falls, SD. He worked primarily with their pitchers and hitters. During his time at Augustana, their pitchers earned several NCAA All American awards and the team made six straight NCAA tournament appearances.

Coach Mook is also the founder and head coach of the South Dakota Renegades organization. The program that he started six years ago has put South Dakota softball on the radars of coaches all over the nation. Playing on the big stage is not unfamiliar to Coach Mook and his squads. Most notably, in 2016, he led his U16 Gold team to a second place finish in the PGF Premier Nationals, in Huntington Beach, California. Which then, the following year, his team was invited to play the USA National Team.

From 2005 to 2008, Mook was the head softball coach at Hastings High School in Hasting Minnesota. Shortly after taking over the reins, Mook led Hastings to the state tournament for the first time in over 30 years. He graduated from Winona State in 2007 with a physics degree. Prior to joining the Augustana staff, Mook worked one year as an assistant coach at the University of Chicago-Illinois

Coach Mook is a member of the National Fastpitch Coaches Association and has achieved Master Coaching status by virtue of the NFCA Coaches College.

Please contact Sherry Grismer at sgrismer@rap.midco.net or 605-484-7369 to reserve your spot.

Checks can be made out to Coach Mike Mook and mailed to 10655 Quaal Road, Black Hawk, SD 57718.