

Loch Haven Tymes

May 2018



A publication of
Loch Haven
Senior Living Community
Macon, Missouri



Nita Coale, RN BSN

Director of Nursing

Employee Spotlight

- ♦ **Who were you named after?** My aunt Jean.
- ♦ **Describe yourself in one word.** Determined.
- ♦ **What kind of pets do you have?** I have

horses, dogs, cats, and cows.

- ♦ **What is your favorite movie?** I have many.
- ♦ **Where is the best place you ever went on vacation?** Ireland.
- ♦ **What would be your dream vacation?** Going out west on a trail ride.
- ♦ **What was your favorite subject in school?** History.
- ♦ **Everyone has a talent. What is yours?** Horse riding and I have made a quilt or two.
- ♦ **Who was your favorite celebrity as a child?** Festus on Gun Smoke.
- ♦ **How long have you worked at Loch Haven?**

2 years, this time.

- ♦ **What are your duties?** Supervision of the nursing staff and care for the residents.
- ♦ **Live In:** Leonard
- ♦ **Family:** Mike is my husband. My kids are Brian, Christian and Madi Jo.

"Everyday is a new adventure. Our residents have so many stories to tell."—Nita



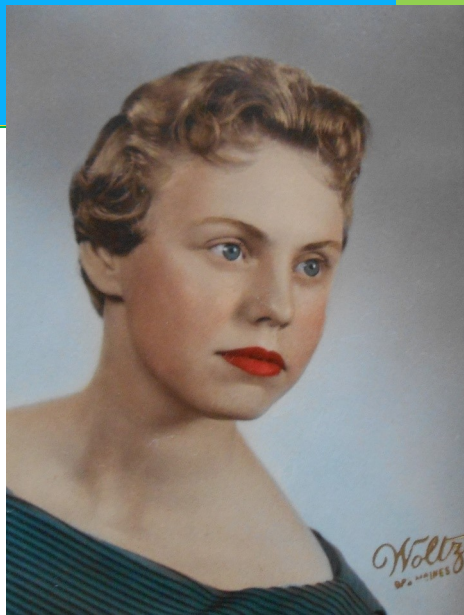
Welcome to Team Loch Haven

Maxine Harlow	Housekeeping
Audrey Wisdom	CNA
Tracey Ketchem	LPN
Sara Skinner	LPN
Shelby Kates	CMA
Julie Neblock	RN
Josh Solomon	NA

Perfect Attendance
Donna Whitezell

www.lochhaven.com





Julia Wyatt Sunset Village

Resident Spotlight

Julia was born at Samaritan Hospital in Macon, MO (total cost for 2 weeks was \$104), on January 29, 1941, to Ivan and Mary Wood of the Ten Mile area. Her family farmed and raised cattle there. Her mother always raised her chickens for eggs and would have the rest for frying chickens. She would also raise two

big gardens for their winter supply of food. Julia said many times they would only go to town for sugar and flour and to sell their eggs and cream. Julia went to the country school, "La Forte", and then was consolidated to Atlanta where she graduated in 1959. She then attended Kirksville Teachers College (now Truman University) for over three years. She later went to work for the Missouri Highway Department in 1962 as a designer in plans. That is where she met her husband Dale Wyatt. They were married on December 6, 1964, at Plainview Christian Church. They have three children, all boys. Danny was born on March 17, 1966, Darren on March 30, 1970, and Donnie on August 26, 1979. From all these boys, she has 8 grandchildren.

Dale was transferred to Braymer, Missouri as an inspector on road construction. While in Braymer, Julia worked at a small factory stuffing teddy bears and other small animals. They moved back to Macon, Missouri in 1965 where she worked as a substitute teacher at different area schools and finally worked in Macon Public

Schools full time. In 1988, Dale was transferred to Hannibal, Missouri. While in Hannibal, Julia taught in a Christian school for five years. Julia lost her dad in 1984 and her mother came to live with her, Dale and Donnie. Later, while still in Hannibal, Julia's uncle, Leslie Wood, also came to live with them. Donnie wanted to play football with the Macon Tigers and not the Hannibal Pirates so Dale retired from MoDot and they moved back to the Macon area in 1994 and lived on Julia's parents farm. In 1997, Julia's mother passed away and her uncle Leslie passed in 1998. In 2002, Dale and Julia moved in to Macon and Julia was later stricken with Parkinson's Disease. Julia taught Sunday School for 38 years and played the organ and piano for her church for 44 years. She is a great Christian wife and mother. Her words are "God had a plan for me and Parkinson's was one of those plans. God never said life was going to be a bowl of cherries, but He promised to never leave you or forsake you".



A Warm Welcome to

James Scott
Ronnie Norris
Richard Ewing

Robert Johnson
Shirley Culver

Thanks to those who joined us for a therapeutic stay:
**Delpha Walters, Gertrude Scurlock, Betty Strobietto,
Margaret Lockard and Philip Merry.**

We will always remember

John Love
Christina Nichols

Allen Murphy
Mildred Rowland

We have a heartache, No one can heal.
Love leaves a memory.
No one can steal.

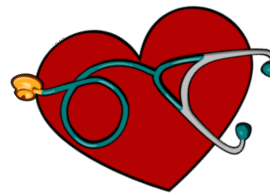
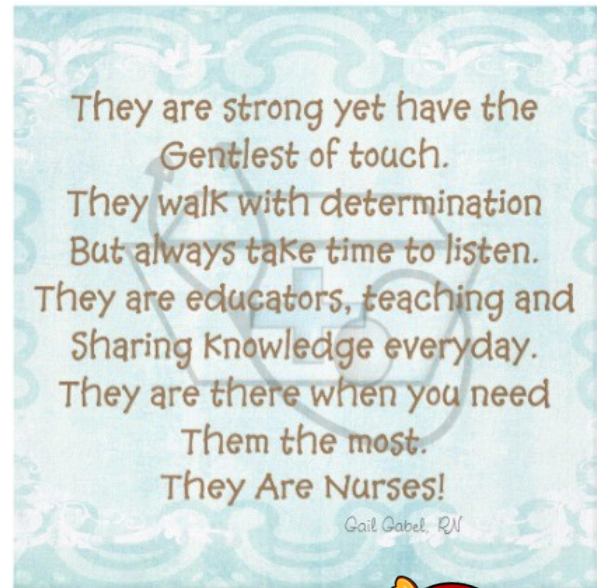
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Our Nurses...a Work of HEART

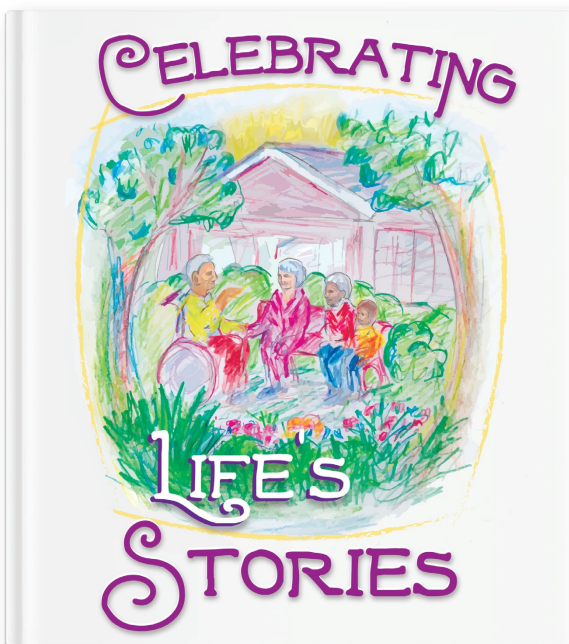


Neighborhood Coordinators and Directors

Seated: (l-r) Nita Coale, RN-Director of Nursing; Lea Apel, RN-MDS Coordinator; Back Row: (l-r) Donna Ewing West Brook Coordinator; and Christy Riekeberg, RN-MDS Coordinator. Not Pictured: Patty Hasselbring, LPN-Cottage Coordinator; Carol White, LPN-House Supervisor; Stacy Wood, LPN-Special Brooke Coordinator; and Shyla Terry, RN- Loch Haven Apartments.



When you are a nurse you know that every day you will touch a life



National Skilled Nursing Care Week
May 13-19, 2018

Oak View & Cedar View COTTAGES

Susie's Musings

Hello Again from the Cottages! All are looking forward to the pretty flowers and garden vegetables. This Easter was fun but quite different with the snot. Both cottages sure enjoyed the egg hunt and then the Bunny left each neighbor a nice bag of goodies. Our thanks again for our regular volunteers who bring us Bible studies and music. Oh, how nice it was to see the baby lamb again. Thanks to Rhian Belton and her grandpa. It was a big hit! They also had two dachshund come see us and they were so pretty. Thanks to nurse Di Roberts and her husband. On one of the warm days, some residents sure enjoyed being out on the patio. What fun they had with bubbles and just visiting. They said the sun felt good. The beautiful yellow finches and other birds have sure kept the feeders busy. The red birds and turtle doves are a hit also. Residents keep busy with different games, especially SkipBo. I think I could play that game with my eyes shut. Some enjoy the bowling game but it sure is hard on the pin setter. Oh, my aching back!! Some of the residents like to play yard darts but you better get out of their way! They make it fun no matter what. If you want to see some beautiful colored orchids, stop by and visit Oak View Cottage. The blooms are so gorgeous. Birthdays celebrated were Dale Belche. He celebrated with family, friends and staff. We have a lady turning 100 on April 29th at the Cedar View Cottage. Her name is Mimi Phipps. Will tell you more about it next month. The ladies sure look forward to getting their hair fixed each week and also getting their nails done. Men do also, but they don't want polish put on their nails. I wouldn't wither!! The residents sure keep the staff in stitches with their stories and funny remarks. It's always nice to hear the laughter doing on each day and to hear some one saying "I love you" and another saying "I love you too". Each year a Queen is selected for the Adams organization and our Queen this year is our own Jane Boulton (Grandma Jane) from Oak View Cottage. There were four ladies in the contest and the judges said this was a hard decision. Congratulations Jane!! Our thanks also to Phyllis Belt for playing some beautiful piano music throughout the hour. What a busy month it has been. Now we say so-long and keep wearing those smi9les. Our Love & Blessings... **Susan Lenon**



May Birthdays



Thank you to everyone who has shown their love to Loch Haven Senior Living Community by donating items, volunteering your time to read and provide activities to our residents and to all those who come in and visit. You are truly appreciated and we look forward to seeing

May

3	Marie Kindle	21	Donna Albrothross
4	Lawrence Ellerbeck	22	Juanita Shearer
6	Leota Krawl	22	Shirley Culver
11	Doris Henley	26	Dorothy Lovland
12	Joann Wood	28	Lorraine Roe
14	Lucian Davis	30	Mary Hauf
18	James Scott	30	Betty Schlanker
		30	Elene Ellerbeck



Don't Go It Alone!

Loch Haven's Alzheimer's Support Group

2nd Monday of each month

5:30 p.m. light supper

6 p.m. meeting

For more information call

Stacy Wood, LPN at 385-3113



News from RCF



Hello Everyone. We started April with our bi-monthly chit chat. Residents have an opportunity to discuss concerns, complaints and compliments. Next we had a special musical surprise from 3 young and very talented guitar players. The kids along with their moms & music teacher played hymns and popular Christian songs. Their names are: Lydia Doctorian, Evan Doctorian, Elayna Doctorian, Gianna Lolli, Amanda Lolli and Larry Gilliland. Thank you to all of them for such a lovely program. Bill Lear played his guitar and led us in a Sunday School lesson. We then went to the Casino at Booneville. We took the scenic route back and it was sure a pretty ride. Next, Butch Naughton read us some funny short stories and poems. We hosted the A.D.A.M (Activity Directors Association of Missouri) Queen Con-

test on April 20th. Four ladies from area nursing homes participated. 3rd runner up was Mabel Worley from Pioneer Skilled Nursing in Marceline. 2nd runner up was Jeana Fox from Salt River Community Care in Shelbina. 1st runner up was Doris Bergfield from Clarence Care Center. The 2018 Queen Is Jane Boulton from Loch Haven. Thank you to everyone who made this day possible. Thank you to our judges Connie Pagliai, Marianne Nelson and Connie Macey. We served chocolate chip cookies and punch for refreshments. We end our monthly with a visit from Clark Dobbs. He leads us in a Bible Study. Everybody take care and see you next month. **By Katie Nelson**



SPECIAL Brook NEWS

GREETINGS from Special Brook!

Hello everyone! We are so happy that spring has arrived. This month has been filled with lots of fun. We have enjoyed our normal of exercises, helping fold laundry, and morning chat with coffee. But we have also enjoyed stringing Cheerios, bowling, lots of visits from loved ones, and even a day or two of sitting outside on the porch. We are looking forward to being able to go outside and enjoying the fresh air some more.

By Amy Howlett, SCU Activity Director

May 2018 Activity Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>All activities are subject to change to meet the needs of all the residents.</p> <p>Please watch for time & place changes.</p>		<p>1 9:30a Nails 2p Nails 3p Pitch 7p Ethel Amish</p>	<p>2 9:30a Chit Chat 10a Exercise 2p Alvie & Dick 3:30p Numbers Game 7p County Kickers</p>	<p>3 10a Bevier Baptist Bible Study 2p Craft 3p Pitch</p>	<p>4 9:30a Coffee 10a Exercise 1p Bible Study w/Jim Bolin 2p Skip-Bo</p>	<p>5 Weekends with Sherry Bingo @ 9:30</p>
<p>6 10a Sunday School 2p United Methodist 6p Callao Bible Study</p>	<p>7 9:30a Chit Chat 10a Exercise 2p Bingo 3:30 Resident Council</p>	<p>8 10a Concentration 2p Birthday Social 3p Pitch</p>	<p>9 9:30a Coffee 10a Exercise 2p Painting 3:30p Skip-Bo 7p County Kickers</p>	<p>10 10a Bevier Baptist Bible Study 2p Men's Social 3p Pitch</p>	<p>11 9:30a Chit Chat 10a Exercise 1p Bible Study w/Jim Bolin 2p Bean Bag Toss</p>	<p>12 Mother's Day Brunch</p>
<p>13 Mother's Day 10a Sunday School 2p Faith Baptist 6p Callao National Nursing Home Week</p>	<p>14 9:30a Coffee 10a Exercise 2p Bingo 3:30p Noodle Ball</p>	<p>15 9:30a Nails 2p Concentration 3p Pitch 6:30a Open Arms</p>	<p>16 9:30a Chit Chat 10a Exercise 2p David Snarr 3:30p Dominoes 7p County Kickers</p>	<p>17 10a Bevier Baptist Bible Study 2p Arlene & David Foster Community BBQ</p>	<p>18 9:30a Coffee 10a Exercise 1p Bible Study w/Jim Bolin 2p Ladies Social</p>	<p>19 Weekends with Sherry Bingo @ 9:30</p>
<p>20 10a Sunday School 2p Ethel Christian 6p Callao Bible Study</p>	<p>21 9:30a Chit Chat 10a Exercise 2p Bingo 3:30p Numbers Game</p>	<p>22 Independent Activities</p>	<p>23 9:30a Coffee 10a Exercise 2p Roy & Barb 3:15p Small Groups 7p County Kickers</p>	<p>24 10a Bevier Baptist Bible Study 2p Concentration 3p Pitch</p>	<p>25 9:30p Chit Chat 10a Exercise 1p Bible Study w/Jim Bolin 2p Dominoes</p>	<p>26 Weekends with Sherry Bingo @ 9:30</p>
<p>27 10a Sunday School 6p Atlanta Methodist</p>	<p>28 Memorial Day Office Closed Independent Activities</p>	<p>29 9:30a Nails 2p Dominoes (west) 3p Pitch (west) Blood Drive 2-6</p>	<p>30 9:30a Chit Chat 10a Exercise 2p Ice Cream Cones (in the dining room) 7p County Kickers</p>	<p>31 10a Bevier Baptist Bible Study 2p Concentration 3p Pitch</p>	<p>One on One activities offered daily to those unable to attend regularly scheduled activities</p>	

National Nursing Home Week **MAY** 2018

Monday	Tuesday	Wednesday	Thursday	Friday
14	15	16	17	18
10 a.m. Balloon Launch	Cowboy Caviar & Chips	Sundae Bar	3—6 p.m. Community BBQ	Favorite Sports Team Day
Dress in your favorite “ERA”	Western Day	Patriotic Day	Loch Haven T-Shirt Day	Kettle Corn
Nacho & Cheese				

Please join us for the Annual LH Community BBQ
Thursday, May 18 3—6 p.m. Front Circle Drive

A MOTHER'S LOVE

A mother's love is something
that no one can explain,
It is made of deep devotion
and of sacrifice and pain,
It is endless and unselfish
and enduring come what may
For nothing can destroy it
or take that love away...
It is patient and forgiving
when all others are forsaking,
And it never fails or falters
even though the heart is break-
ing...
It believes beyond believing
when the world around condemns,
And it grows with all the beauty
of the rarest, brightest gems...
It is far beyond defining,
it defies all explanation,
And it still remains a secret
like the mysteries of creation...
A many splendored miracle
man cannot understand
And another wondrous evidence
of God's tender guiding hand
Helen Steiner Rice



May 2018 Dining Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>* All meals served buffet style with bread and beverage. Several choices available.</p>		1 Roasted Chicken Creamy Risotto Peas & Carrots Mandarin Oranges & Pineapple	2 Beef Stroganoff over noodles Steamed broccoli Tossed Salad Cheesecake	3 Resident's Choice	4 Pork Loin w/gravy Apple Stuffing Brussel Sprouts Pineapple Upside Down Cake	5 Smoked Sausage Casserole Vegetable Blend Brownie
6 BBQ Chicken Corn on the Cob Green Beans Fruit Cobbler	7 Pork Chop w/gravy Sweet Potato Casserole Buttered Cabbage Lemon Cream Pie	8 Salisbury Steak Oven Browned Potatoes Spinach Salad Peanut Butter Brownies	9 Sliced Roast Turkey w/gravy Garlic Mashed Potatoes Sauteed Fresh Zucchini Orange Drop Cookies	10 Pork Lo Mein Broccoli Fruit Crisp	11 Crunchy Baked Fish Macaroni & Cheese Mixed Vegetables Glazed Lemon Cake	12 Hawaiian Meatballs Steamed Rice Carrots Tropical Fruit
13 Orange-/Rosemary Pork Baked Sweet Potato Vegetable Blend Angel Peach Dessert	14 Broccoli Chicken Divan Buttered Pasta Side Salad Frosted Red Gelatin	15 Ham & Beans Fried Potatoes Mixed Greens Fresh Fruit Cup Cornbread	16 Chicken & Dump- lings Carrots Fruit Crumble	17 Meatloaf w/gravy Mashed Potatoes Buttered Peas Cream Cheese Brownie	18 Turkey Ala King over Biscuit Green Beans Marinated Cucumber & Onions Lemon Pie	19 Cheeseburger Steak Fries Iced Raisin Bars
20 Spaghetti w/meatballs Italian Vegetables Tossed Salad Boston Cream Pie	21 Sliced Turkey Baked Sweet Potato Brussel Sprouts Fruit Crumble	22 Fiesta Hamburger Steak Roasted Potatoes Confetti Corn Frosted Gelatin Cake	23 Sliced Baked Ham Au Gratin Potatoes Steamed Vegetables Carrot Cake	24 Grilled Salmon Long Grain & Wild Rice Steamed Yellow Squash Cinnamon Apple Gelatin	25 BBQ Pork Chop Baked Beans Potato Salad Peaches	26 Chicken Piccata Spaghetti Noodles Broccoli Mixed Berry Crisp
27 Beef Pot Roast w/gravy Carrots, Potatoes, Onions Fruit Cobbler	28 Country Style Ribs Baked Potato Casserole Green Beans Peach Pound Cake	29 Roasted Chicken Creamy Risotto Peas & Carrots Mandarin Oranges & Pineapple	30 Beef Stroganoff over noodles Steamed broccoli Tossed Salad Cheesecake	31 Resident's Choice		

A Mission To Serve



The Loch Haven Senior Living Community Foundation assists in raising funds for the Macon County Nursing Home District (Loch Haven) which serves area citizens. The Foundation received its 501 (C) 3 status in August of 2016. The Foundation will accept and steward charitable gifts for the benefit of the residents of Loch Haven. Gifts support special projects, programs, and capital improvements that cannot be funded by the regular operating budget. Some special projects we are preparing for are the addition of a spa tub in the Legacy Building, new sitting furniture, and walking trails. All gifts are **tax deductible**. The Foundation members include: B J Roberts, Kelsey Hinshaw, and Richard Waller.

Loch Haven is grateful for all past donations, but the need continues to grow. Improving the quality of life for our residents is our goal...everyday. Please consider making a **tax-deductible** gift to the Loch Haven Senior Living Community Foundation. We pledge 100% of your donation will be used to help our residents and to improve their quality of life.

If you would like to make a donation, please fill out the pledge card below , make checks payable to

Loch Haven Senior Living Community Foundation, and mail to:

Loch Haven Senior Living Community
PO Box 187
Macon, MO 63552

Name _____
Address _____
City, State Zip _____
Phone # _____
Email _____

We/I pledge our/my one time gift of: _____\$25 _____\$50 _____\$100
_____ \$150 Amount of _____



Remember -
our fallen heros.
They are the reason
that we are free.



The Loch Haven Tymes is the monthly newsletter of Loch Haven Nursing Home in Macon, Missouri. **If you would like to subscribe to this newsletter OR have your name removed from this mail list, please contact us.** The editorial staff is led by the Marketing Department. Photography is by the Marketing/Activities Departments. You are welcome to submit articles or news items for consideration. Send items by mail, email or deliver to Loch Haven by the third Monday of the month before publication. Resident admission, room assignment, and patient services are provided and employee/applicants are treated on a nondiscriminatory basis without regard to race, color, creed, gender, marital status, national origin, disability, veteran status, age or religion. Crystal Smith, Receptionist 660-385-3113 receptionist@lochhaven.com www.lochhaven.com

Loch Haven
701 Sunset Hills DR
Macon, MO 63552