

# Sandplay News

A Sandplay Therapists of Hawaii Newsletter for Sandplay Enthusiasts  
January 2016

## STH President's Letter to the Membership

*Dear STH Members,*



Happy New Year!!! 2015 has come to an end with some formidable beginnings and endings. Gail Silva spent months in a labor of love, writing a grant to help perpetuate Sandplay in Hawaii. The grant is funded by a local philanthropic organization offering a two year training for 24 individuals committed to sandplay and it's process. The training started with an intensive training July, 2015 and will continue during summer, 2016. The grant training includes free monthly supervision groups held on Oahu, which are being extended to all sandplay therapists who wish to attend and participate.

Lorraine Freedle and Sherry Shepherd are also offering sandplay supervision and consultations on the Big Island that are open to all who wish to attend. Please refer to the supervision schedules in this newsletter for Oahu and the Big Island, as these are wonderful opportunities.

August 2015 was a memorable month for STH. Our STH Foundations in Sandplay Therapy completed its third and final year, under the apt coordination of Carla Sharp and shared teaching by our STH certified teaching members of Sandplay Therapists of America (STA)/International Society of Sandplay Therapists (ISST). Lorraine Freedle and Sue Bergman attended the International Society of Sandplay Therapists Congress in Ottawa, Canada. ISST invited Hawaii to host the next congress in 2017. Lorraine rose to the challenge, wrote a proposal which was accepted and agreed to head the ISST Congress by hosting it on the Big Island, July, 2017. STH will be supporting Lorraine where possible in this endeavor. Please step forward and volunteer to assist in the preparations before, during and/or after the congress. Though it is a year and a half away, planning is already on a roll.

August also brought great sadness to our sandplay community. Our dear friend, Diana Chee who had been serving as our board secretary passed away. We grieve our loss and remember her smile and support of STH since our first STH meeting at her home in February, 2004. In memory of Diana, we have set up a scholarship fund to honor Diana's desire to assist worthy sandplay students who may need some financial assistance to attend our workshops. The fund was started with memorial donations. If you care to contribute as a memorial or as a donation, please indicate so, on your membership renewal form and write a separate check to STH, noting **Diana Chee Scholarship Fund**. Scholarship criteria will be discussed during the next few months. Later this spring, most of Diana's sandplay toys and various books will be for sale. The date of the sale will be announced at the STH January workshop. Following the workshop, notification will be emailed to Diana's sandplay students and STH members and friends. This will be a lovely way to add to your sandplay collection and obtain meaningful miniatures for you as well as a memory of Diana.

We want to congratulate Liz Kong on becoming an STA Sandplay Practitioner this fall. Good job Liz!

We are looking forward to many new developments in 2016. We will start the year with a workshop presentation by Gita Morena, "The Wisdom of Oz", on January 22nd. Gita's great grandfather wrote the memorable classic, "The Wizard of Oz". Please join us, Gita is a delightful speaker. Please find flyer with more information and the registration form in this newsletter if you haven't already sent it in.



By-laws revision needs to head the list for the board. Portions of the by-laws are out of date, so require updating to allow for more board member flexibility. Following the update, new board members will be invited. If you are interested in serving on the board, please fill in the form in this newsletter and email to Sue Bergman at [uhanesmb@yahoo.com](mailto:uhanesmb@yahoo.com).

November 11, 2016 we will have Lorraine Freedle return to present. She will be back by popular demand! Lorraine will also be a presenter at Sandplay Therapists of America's National Conference in Chicago, June 2016. You will receive more information about the conference in the next month. Stay tuned throughout the year for our members free mini workshops still in planning. If you have requests or suggestions, please email the board. This will be a year of change for us, so we welcome your input as we bring about more inclusion of all sandplay therapists. Our STH ohana is important to us.

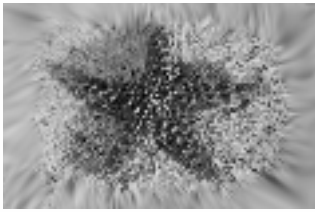
Last, but not least by any means, we want to thank our STH founding member, friend, sandplay enthusiast, and teacher extraordinaire, Carla Sharp. Carla retires from our STH board at the end of January 2016. She has participated in every aspect of STH since its creation in 2003. Carla is responsible for many of us becoming play therapists and sandplay therapists, our initial introduction and guiding light to these two fields of therapy. Thank you, thank you, thank you Carla for all you have done to promote sandplay and create and perpetuate STH. This marks the end of an era!! A couple pages of our first newsletter is included to honor of our first Sandplay Therapists of Hawaii Board, Carla Sharp, president; Pratibha Eastwood, vice president; Diana Chee, treasurer; Patricia Patrick, secretary and Barbara Kirk, newsletter editor. We also acknowledge Barb's ex-husband, who as a lawyer, gave guidance in writing our by-laws. These are the people responsible for leading us to where we are today.

Please remember to renew your STH membership that spans from January 1 through December 31 of this New Year. We are wishing the best for you throughout 2016.

Sue:)

Aloha,  
*Sue Bergman*





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# Sandplay News

A Sandplay Therapists of Hawaii Newsletter for Sandplay Enthusiasts  
August 2004

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Dear STH members,

Our first membership meeting on Friday, February 6th at the lovely home of Diana Chee was a warm and special evening, rich with visions of possibilities for our young organization ... A few fledgling committees formed to explore future programs and events new members always welcome! One of the committees I volunteered to assist with is the Newsletter. Newsletters are an easy and vital way to connect with one another when our lives are so hectic that all we sometimes have is a few precious quiet hours to read and reflect. Through our writings we're able to share ideas, opinions, concerns, experiences and knowledge - a minimum stress way to learn from each other and get acquainted in the process!

If you're a closet writer or one who occasionally likes to put pen to paper (or fingers to keyboard), please consider submitting anything ranging from articles to conference announcements to ads of toys for sale or offices to rent. Other possibilities include book reviews - one you've read that's added richness to your sandplay work, or perhaps touched your soul and your own deeper, personal understanding. Is there a particular object that a client uses repeatedly, or one that intrigues you? Mini-symbols research is a great way to gradually add to your sandplay expertise, is always fascinating, and also assists each of us to acquire this vast knowledge of numerous symbols. Perhaps you've come across a fascinating myth, image, or passage from a book or journal you'd like to share?

Within the safe and protected spaces where we work with our clients, it can happen that, as therapists, we sometimes feel alone or isolated on what is, essentially, also a shared journey. It can be a gift to ourselves as well as to each other when we take time to share stories (without compromising confidentiality, of course) about an especially meaningful, instructive, or even puzzling experience we've had in the sand. This also serves to deepen our collective understanding of this sometimes mysterious, always fascinating sandplay process.

We are also very fortunate to have a few esteemed sandplay therapist-supervisors in our midst. If you have sandplay questions or concerns, our 'guest' Q&A columnists will share perspectives based on years of hands-on experiences.

Finally, if you have any other ideas or suggestions, please feel free to pass them along! In the islands, we're a small community of sandplay therapists. It will do our work and our hearts good to weave whatever connections we can. As friends and members of Sandplay Therapists of Hawaii, I look forward to hearing from you...

Newsletter items will be collected and compiled via email: [rhbk22@aol.com](mailto:rhbk22@aol.com), fax/phone at: (808) 373-4951  
or, mail to: 1531 Hoaina St., Honolulu, 96821.

With warm aloha,

Barbara Kirk



From left to right John McKenzie, Barbara Kirk, Rachelle Hansen, Sue Bergman, Carla Sharp and Diana Chee.



From Left to right: John McKenzie, Rachelle Hansen, Sue Bergman, Carla Sharp, Billie Perry and Diana Chee.



# The Symbolism of the Rainbow

By Carla Sharp, APRN

Teaching Member of Sandplay Therapists of America and the International Society of Sandplay Therapists  
Kailua, Hawaii

The rainbow is so frequently seen in Hawaii that it is one of our enduring symbols. This ephemeral, glorious jewel in the sky never ceases to amaze us. Rainbows seem to carry a magical quality in all cultures, usually beneficent and yet sometimes threatening.

Aristotle first described the rainbow in 350 B.C. He theorized about the physical phenomena of the rainbow and stated, "in some mirrors the forms of things are reflected, on others only their colors." As it turns out, he was partly right. Hundreds of years later, in 1637 Descartes made a breakthrough when he used a glass globe of water as a model for a raindrop. He discovered that light does not pass through a raindrop but is reflected from the back of the drop. It then bounces back through the front of the raindrop. But Descartes did not understand the nature of color.

It took Sir Isaac Newton's discovery of the wave theory of light to prove that each wavelength produces a different color. Although all colors bend when passing through water, called refraction, each color bends at slightly different angles, all very close to 42 degrees. This slight difference in angular refraction separates the colors and creates a rainbow when refracted by water drops. Each drop of rain is like a prism: light is refracted upon entering the drop, reflected off the back of the drop, and then refracted again upon leaving the drop. The creation of the rainbow involves then two refractions and one reflection!

A rainbow is actually an entire circle of color, but we can only see the upper half, which is above the horizon. On rare occasions, an airplane may fly between a low sun and a rain shower at just the right angle. Then the whole wheel of the rainbow would appear.

All cultures from the beginning of time seem to have had beliefs about the rainbow. It must have been one of the earliest phenomena, after the sun, moon and stars, to attract the fascination of ancient peoples. Appearing to come from the Heavens, it has been associated with the divine from the earliest times. In the Old Testament, the rainbow is a symbol of the covenant between God and man, between heaven and earth, between the infinite and the finite. In the great deluge myth of Noah and the Ark, the rainbow becomes a divine symbol of reconciliation after the destruction of the world by water. The rainbow was a manifestation of God's covenant with Noah that never again would a great flood cover the face of the earth.

In ancient Greece, the rainbow was deified as Iris: granddaughter of Oceanus, daughter of Thaumas (God of Wonder) and Oceanid, and wife of Zephyrus (West Wind). Iris evolved from the pre-Vedic mistress of the rainbow veils, Kali-Maya. Iris had the power of healing. The rainbow was her path as she sped from horizon to horizon, from heaven to earth, uniting all realms. Iris survives today as a flower and that circle of color around the pupil of our eye.

Lama Anagarika Govinda writes that the rainbow is "the symbol of the intangible nature of reality". He adds that it is a bridge between the real and non-real, between visible and invisible and a gateway to the world of fairy tales and imagination." He calls the rainbow an archetypal image that is as old as humanity.

In ancient China the rainbow was seen as a symbol of the union of yin

and yang because it unites all colors. The Chinese named the rainbow *tai chi i* or Great Ultimate. The seven colors of the rainbow were related to many female deities and were worn as jewelry.

In the European tradition, the rainbow is sometimes a weather prognosticator:

<i>Regenbogen am Morgen</i>	<i>A rainbow in the morning</i>
<i>Macht dem Schafer sorgen</i>	<i>Is the shepberd's warning</i>
<i>Regenbogen am abend</i>	<i>A rainbow at night</i>
<i>Ist dem Schafer labend.</i>	<i>Is the shepberd's delight.</i>

In African mythology, the rainbow from many African countries is seen as a devouring snake across the sky that comes out to eat after a rain. If the rainbow falls upon your house in Mozambique, misfortune will follow. The African Rainbow Goddess, Oya, is not threatening but creative, having created all the elements. Among Buddhists, the colors of the rainbow are related to the seven planets and to the seven regions of the earth.

To the ancient alchemists, the so-called "philosophic rainbow", the efflorescence of metallic colors, heralded the recovery of pure gold and was a sign that the struggle between the elements was over and peace reigned.

In Hawaii, the rainbow carries the miraculous "bridge to the Gods" symbolism and is seen as fortunate and healing. In Hawaiian mythology the rainbow is sometimes depicted as the sign of a high chief. It is seen in one tale at the site of a violent death. It is also viewed as a bridge to the otherworld. One legend tells of Kaha'i-nui who visits his deceased father in the otherworld by traveling "the path of the rainbow."

In Sandplay therapy, we may see the rainbow symbol after the opposites are united, to suggest a bridge to the divine or as a promise of better things to come. One six-year-old boy I worked with used the rainbow at the end of a very long and difficult process which involved dramatic changes in his whole family. His trays were usually quite full, but on his last tray, he simply placed the ceramic rainbow, a Prince and a pot of gold in the lower left hand corner of the tray and announced he was done!

I hope this brief look at the rainbow will encourage you to study its symbolism further and to note when it appears during the Sandplay process.

## **Bibliography:**

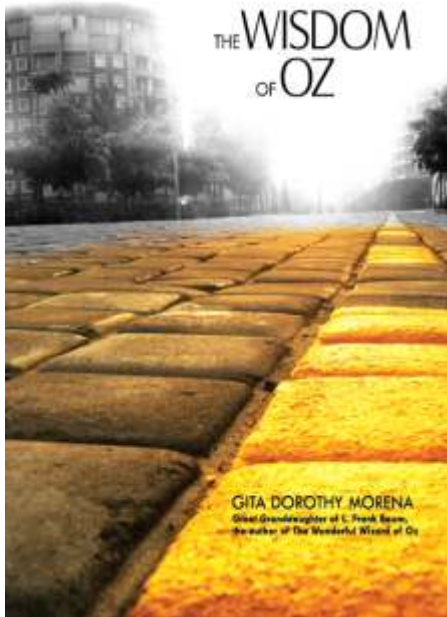
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Graham, Lanier F. (ed.), The Rainbow Book, The Fine Arts Museums of San Francisco in association with Shambhala, Berkeley and London, 1975.

Huffman, Carla. Dragonfly, (a newsletter about myth, symbols and Sandplay), Canoga Park, CA, spring, 1999.

## SANDPLAY THERAPISTS OF HAWAII

PRESENT



# THE WISDOM OF OZ

with

**Dr. Gita Morena\***

Friday, January 22, 2016

9:00 am to 4:30 pm

LOCATION: THE UNITARIAN CHURCH LOCATED AT 2500 PALI HIGHWAY IN HONOLULU. PARKING AVAILABLE ON THE GROUNDS.

WORKSHOP COUNTS AS 6 HOURS OF INSTRUCTION TOWARD BECOMING A SANDPLAY PRACTITIONER OR CLINICAL MEMBER OF SANDPLAY THERAPISTS OF AMERICA

YOU MUST BE A MEMBER OF SANDPLAY THERAPISTS OF HAWAII IN ORDER TO ENROLL IN THIS WORKSHOP. (If not a member, please fill in the membership form below.)

**TUITION IS \$150.00. Fee includes lunch, snacks and beverages.**

*REGISTRATION DEADLINE IS January 8, 2016.* TO REGISTER USE THE REGISTRATION FORM BELOW.

\*Dr. Gita Morena is a transpersonal psychotherapist, certified in Jungian [Sandplay Therapy](#) and licensed as a Marriage, Family and Child Therapist. Dr. Morena is also a teaching member of the [International Society for Sandplay Therapy](#) (ISST) and [Sandplay Therapists of America](#) (STA.) She is the program coordinator for the professional certificate program in Sandplay Studies at the [University of California at San Diego](#) (UCSD). Dr. Morena is the great grand-daughter of L. Frank Baum, the author of *The Wonderful Wizard of Oz*. She is the author of [The Wisdom of Oz: Reflections of a Jungian Sandplay Psychotherapist](#) which explores and investigates the insights contained in the Oz fairy tale.





**SANDPLAY THERAPISTS OF HAWAII**

**REGISTRATION FORM**

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

PHONE \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

If you have special dietary needs, please indicate:  gluten free  dairy free  food allergies  
 other (explain): \_\_\_\_\_

FEES : \$150.00 for professionals (PLUS \$30.00 STH MEMBERSHIP FEE IF YOU ARE NOT ALREADY A MEMBER)  
\$135 for university students with copy of student ID submitted with registration

AMOUNT ENCLOSED \_\_\_\_\_

PLEASE SEND PAYMENT TO OUR TREASURER: Mr. Scott O'Neal, P.O. BOX 17301, HONOLULU, HI 96817. PAYMENT DEADLINE IS JANUARY 8, 2016.

Cancellation Policy: STH reserves the right to cancel this conference in the event of unforeseen circumstances. We will make every attempt to notify you expeditiously. In this event, all reasonable expenses will be deducted from the collected fees and the remainder refunded to registrants.



SURVEY OF MEMBERS

LET US KNOW MORE ABOUT YOU IF YOU HAVE NOT FILLED OUT THIS  
FORM PREVIOUSLY

WHEN DID YOU LEARN ABOUT SANDPLAY THERAPY?

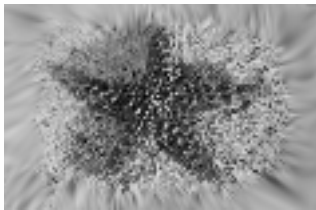
HOW MANY OTHER WORKSHOPS HAVE YOU ATTENDED?

WHAT BOOKS ABOUT SANDPLAY THERAPY HAVE YOU READ?

HAVE YOU COMPLETED YOUR OWN PERSONAL SANDPLAY PROCESS?

DO YOU USE SANDPLAY IN YOUR CLINICAL WORK?





## Membership Application Form

### SANDPLAY THERAPISTS OF HAWAII

Invites you to become a member or renew your membership in our organization!

Sandplay Therapists of Hawaii was officially formed in January 2002 and is recognized by the IRS as a 501(c)(3) non-profit organization. We are seeking members who are dedicated to Kalfian Sandplay Therapy and willing to contribute to our mission of providing skilled clinicians who will keep this modality available to those needing its power to heal. We welcome all levels of clinicians from beginning students of Sandplay to those seasoned professionals with years of training. Our primary goal is to provide education and training in this field. We need assistance in many areas, including planning workshops and creating and distributing our newsletter. Our current Board of Directors are: Sue Bergman, President; Carla Sharp, Past President & foundations course coordinator; Dr. Lorrain Freedle, Interim Secretary; and, Scott O'Neal, Webmaster and Treasurer; Dr. Pratibha Eastwood, Dr. Patricia Patrick, and Dr. Sherry Renmu Shepherd, Emeritus Board Members.

Benefits of membership are: privilege of enrollment in sandplay training workshops, receipt of semi-annual newsletters, one to two free evening lecture or social events, (non-members pay a fee) and the chance to be part of a special therapeutic support group.

The regular membership year begins January 1 of each year and is effective until December 31. Membership fees are a modest \$30.00 per person for 2016. The membership fees will be used to defray the cost of newsletter reproduction and distribution, as well as the cost of running our organization.

We welcome your membership. Should you wish to make a donation to the STH Diana Chee Scholarship Fund, donations are tax-deductible and will be much appreciated.

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Please complete the membership application form below and mail with your annual fee of \$30.00 for 2016 to: Scott O'Neal, P.O. Box 17301, Honolulu, HI 96817. Make checks payable to STH. Tax deductible contributions are welcome.

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ Zip code \_\_\_\_\_

PHONE \_\_\_\_\_ EMAIL \_\_\_\_\_

MEMBERSHIP FEE: \$30.00 for 2016 \_\_\_\_\_ January 1 - December 31, 2016

TAX DEDUCTIBLE CONTRIBUTION \_\_\_\_\_ Thank you





## Hui Pā'ani One Peer Consult Group

Hui Pā'ani One is a Sandplay Training and Service Group which currently consists of 24 Oahu therapists who are learning and practicing Jungian/Kalffian Sandplay in the Oahu Community. We attend trainings provided by Certified Sandplay Therapist Teachers who are members of the International Society of Sandplay Therapy (ISST) and the Sandplay Therapists of America (STA), as well as trainings provided by Registered Sandplay Therapist Supervisors who are members of the Association for Sandplay Therapy (AST). We are dedicated to providing Sandplay services to the people of Hawaii, especially those who may not have the resources to pay for such services. We are an inclusive group of professionals who deeply value and strive to practice the principles of Aloha, Loving Kindness, Clarity, Humility, and Gratitude.

We currently have 4 Sandplay Peer Consultation Groups that meet monthly on the island of Oahu. There is no cost to attend these peer consultation groups, and therapists may attend any of the groups according to their scheduling needs. One of the peer groups is for Hawaii Department of Education (DOE) therapists who are training in, and practicing Sandplay in the DOE, while the other three groups are hosted by private practice therapists who service adults, teens and children in the Oahu community. We welcome all practicing, professional Sandplay therapists to join in the peer groups. The host provides a projector or monitor, and laptop and participants bring their sandplay cases on a PowerPoint presentation on a flash drive. Participants are responsible for maintaining client confidentiality by omitting identifying information from the PowerPoint and protecting the client's information during discussion. Participants are asked to practice principles of Aloha, Loving Kindness, Clarity, Humility and Gratitude in interactions with each other and especially in relation to client trays. The primary purpose of the consultation groups are to help one another practice and increase understanding of Sandplay principles taught in previously attended Sandplay trainings. Each group typically has 5-8 therapists in attendance.

\*\*If you are interested in participating in one or more of these groups, please feel free to email the host of the group for additional information.

### **Central Oahu Sandplay Peer Consultation Group:**

**Hosted by: Gail Silva, Psy.D., Licensed Clinical Psychologist; email: gailsilva003@gmail.com**

**Location: Aiea, near Pearlridge Shopping Center**

**Next Meeting: Thursday, Jan. 14, 2015, 6:30-8:30 pm**

### **Honolulu Sandplay Peer Consultation Group:**

**Hosted by: Liz Kong, MA, L-MFT, RPT-S, LSC, email: pacrimplaytherapy@yahoo.com**

**Location: 81 So. Hotel Street, Suite 201, Downtown Honolulu, Chinatown**

**Next Meeting: Saturday, Jan . 16, 3-5pm Honolulu peer group**

### **Windward Oahu Sandplay Peer Consultation Group:**

**Hosted by: Barbara Lee, Psy.D., Licensed Clinical Psychologist: email: dr.barbaralee@gmail.com**

**Location: Kailua, Oahu**

**Next Meeting: Sunday, Jan 24, 2015, 1:00 pm to 3:00 pm**

### **Leeward Oahu DOE Sandplay Peer Consultation Group: (\*\*FOR DOE EMPLOYEES)**

**Hosted by: Petrina Post, Psy.D., Licensed Clinical Psychologist: email:**

**Petrina\_Post@notes.k12.hi.us**

**Location: Ewa Makai Middle School**

**Next Meeting: Wed, Jan 27, 2015, 2-4pm**



## A Summary of the presentation on

“Chop Wood, Carry Water:  
The Self and the Return in Sandplay”  
by Elizabeth Kong, MA, MFT, RPT-S, ST-P



“Before enlightenment, chop wood, carry water.  
After enlightenment, chop wood, carry water.”  
~ Zen Proverb

On November 11, 2015, we had the pleasure of sitting under the teachings of Dr. Lorriane Freedle (LCSW, PhD, ABPdN, CST-T). She holds a doctorate degree in Clinical psychology and specializes in neuropsychology on the Big Island and works primarily with adolescents and young adults who have neurological issues and Traumatic brain injury. In addition, she holds graduate degrees in social work and school psychology. She is able to use her extensive knowledge and certification in the Neurosequential Model of Therapeutics (NMT) by Dr. Bruce Perry and well as research to help those at her Hilo office called Black Sand Neuropsychological Services and Pacific Quest.

Initially upon arrival, each participant shared about a miniature symbol they had brought which embodied the concept of “wholeness” for them. The group then created a community tray and shared about what they hope to gain from coming to the training. After the group sharing, Lorraine reviewed key concepts and we viewed sandtrays which demonstrated “the Constellation of the Self”, the Hero's departure, the return to the collective and changes in the ego-self axis, and energy in the trays. She also explained the differences between a tray that manifests the “Self” vs. a sand tray that contains elements that looks “centered” but does not constitute a “Self” tray.

In addition to looking at the sandplay process from the lens of Joseph Campbell in the classic “a Hero with a Thousand Faces” or commonly referred to as the “Hero's Journey”, one can also track the sandplay process using different frameworks. Lorraine shared references to Alexander Shaia's book “The Hidden Power of the Gospels: Four Questions, Four Paths, One Journey” (2010), the “Quadratos: the Universal Journey with the Spirit” and her own phases called “the Seven Phases of Sandplay Therapy” (Freedle, 2006, 2012).

After an overview of the theoretical concepts, Lorraine shared her expertise on how Kalfian sandplay can be used therapeutically to treat a variety of issues which was evident in one adolescent male client who had been involved in gang activity and youth violence. She shared his pathway to healing and chronicled the path of his psychic development as evident in the sandtray and the eventual constellation of the Self. By the end of treatment he was living independently and had resolved his issues of rage and antisocial behavior leaving behind his former lifestyle of gangs, initial incarceration and transition to a group home. It was an incredible transformation and the young man is a productive contributor to society today 18 years later!

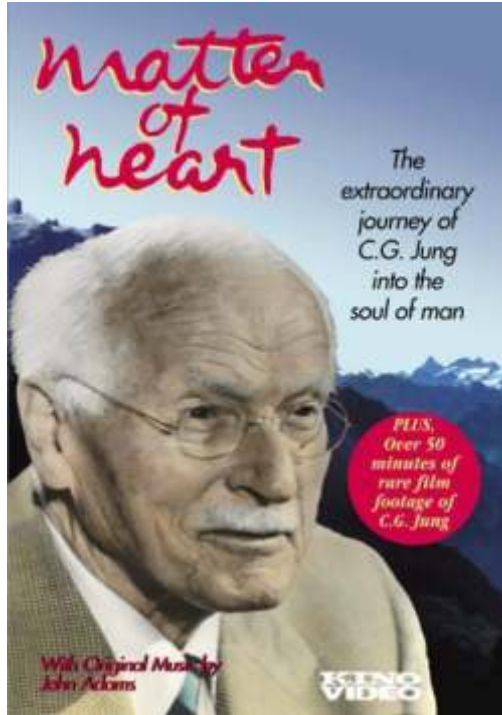
As a culminating activity, participants re-experienced their “symbol of wholeness” through an exercise called “Symbol Exploration”. This exercise provided participants with insight into the meaning of a symbol they had brought to the workshop and how the symbol can be felt in their body called “Somatic sensing” which can provide access to a felt “shift” in one's sense of being.

It was a very full day of learning, experiencing and transformation for us all!

Thanks to Sandplay Therapists of Hawaii for hosting such an exciting speaker!



## STH Holiday Gathering and Training



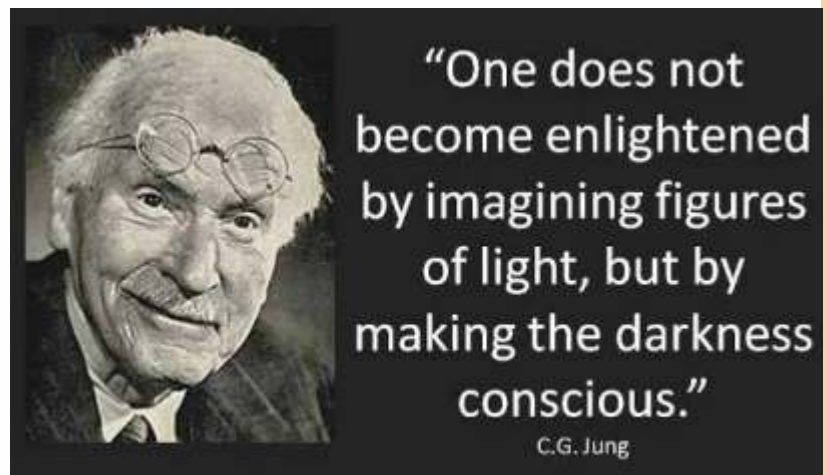
On December 12, 2015 the Hawaii Sandplay community met for their annual holiday gathering which included a viewing and discussion of the film *Matter of Heart: The Extraordinary Journey of C.G. Jung into the Soul of Man* (1986). The film allowed viewers a look into the life of Swiss psychoanalyst C.G. Jung. The documentary included archival interviews of C.G. Jung and his students. Some of these students are familiar analysts and authors Marie-Louise von Franz, Ph.D., Barbara Hannah, Mary Bancroft, Joseph Henderson, M.D., Jane Wheelwright, Joseph Wheelwright, M.D. and Sir Laurens van der Post. They become analysts, teachers, and publishers of Jungian theory. Through the interviews one could gain a sense of the dynamic relationships which were kindled and nurtured over time.

*Matter of Heart* stirred thoughts of hope, resolutions, concerns, and a reflections within our personal and professional lives. Through the film's archival footage we journeyed with Jung and his students into his personality, theories and teachings. Ideas which include the personal and collective unconscious, anima and animus, archetypes, the

shadow, and the responsibility for man to individuate and become conscious. With increasing consciousness and awareness the film touched upon the profound impact and responsibility we have as individuals with how we relate to ourselves, each other, and our connection in the world. The connection between the historical events of the past and the current world events through Carl Jung's thoughts and ideas made the film relevant. The teachings of C.G. Jung transcends that which cannot be seen and often feels challenging to the mind. It is through the process of individuation and grasping of the unknown which allows the possibility to think deeper, wider, and observe the Self from within.

The film *Matter of Heart* encourages all of us to look deep within our psyche to better understand who we are and fulfill the purpose of our soul. It helps us to ponder the world and to continue our path of individuation and to bring wholeness into our lives. Additionally the evening allowed for expression and reflection of the film with an engaging discussion of our reflections. It is wonderful that we have a sandplay community in which we can share, exchange, and support each other. Our holiday party wrapped up with the fun exchange of giving and receiving a sandplay miniature to which we are all able to remember the evening spent together. It is with excitement and hope that our consciousness will continue to expand and our bonds within the sandplay will forever grow and strengthen. Thank you to Scott O'Neal for hosting our gathering. Happy New Year !!

Kerri Kahapea



GeniusQuotes.net







# **Sandplay Therapy Case Consultation Group Hilo, Hawaii 2016 Schedule**

## **Sandplay Case Consultation Group:**

- An opportunity for those practicing sandplay to witness and be witnessed in their work
- Includes experiential review methods, art and opportunities for personal renewal
- Participants may present their own case material (Must sign-up in advance to present.)
- The group will cover selected topics in sandplay therapy as developed by Dora Kalff such as myth, symbols, archetypes, Jungian theory, the neuropsychology of sandplay, and the healing and transformation process as it unfolds in sandplay
- Earn group case consultation hours toward certification as a sandplay therapist and/or toward licensure in social work, psychology, or mental health counseling

## **STA Teaching Member Facilitators:**

Lorraine R. Freedle, LCSW, PhD, ABPdN, CST-T  
Sherry Renmu Shepherd, PhD, CST-T

## **Dates/Times:**

Saturdays, 9:30 am until noon

- February 27, 2016
- April 16, 2016
- May 21, 2016
- July 9, 2016
- August 20, 2016
- October 1, 2016
- November 12, 2016

Coffee, tea and snacks will be provided

## **Place:**

Black Sand Neuropsychological Services, [www.blacksandneuro.com](http://www.blacksandneuro.com)  
Hilo, Hawaii

## **Cost:**

\$50 per session (Please bring cash payment on the day of training.)

## **To Register:**

Send the following information to [lrfreedle@gmail.com](mailto:lrfreedle@gmail.com)

- Your name, title, and organization
- Cell phone number
- Experience with sandplay



Note: Space is limited! We would like to establish consistent group membership. Regular attendance is expected. Confidentiality and ethical standards for case consultation apply. If you are selected to present case material, omit all identifying information to preserve confidentiality and obtain client permission in advance.

RSVP before each session. You will receive confirmation and directions by reply e-mail.







# Big Island Sandplay “Talk Story” 2016 Schedule

## What is Sandplay Talk Story?

- A regularly scheduled gathering for interactive learning about sandplay therapy as developed by Dora Kalff
- Group exploration of selected topics in sandplay such as myth, symbols, archetypes, and Jungian personality theory
- An opportunity to earn training hours toward certification as a sandplay therapist
- A way to strengthen our sandplay community on the Big Island

## STA Teaching Member Facilitators:

Lorraine R. Freedle, LCSW, PhD, ABPdN, CST-T  
Sherry Renmu Shepherd, PhD, CST-T

**Dates (Saturdays):** February 27, 2016  
May 21, 2016  
August 20, 2016  
November 12, 2016

**Time:** 1:00 pm until 4:00 pm  
Refreshments provided.

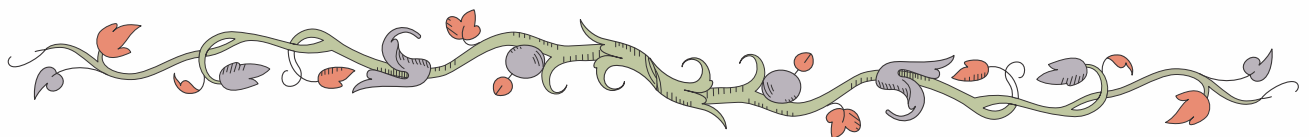
**Place:** Black Sand Neuropsychological Services, [www.blacksandneuro.com](http://www.blacksandneuro.com)  
Hilo, Hawaii

**Cost:** \$25 (Please bring cash payment on the day of training.)

**To Register:** Send the following information to [lrfreedle@gmail.com](mailto:lrfreedle@gmail.com)

- Your name, title, and organization
- Cell phone number

Note: Space is limited. Advanced registration required. You will receive confirmation and directions via reply email.



Sandplay Therapists of Hawaii  
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