

Essex Senior News

JUNE 2019

An update from Essex Area Senior Center

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CONTACT INFORMATION

Essex Area Senior Center
2 Lincoln Street
Essex Junction, VT 05452
802-876-5087
www.essexvtseniors.org

Meet our new

Program Director of Senior Services!



The Town of Essex and Village of Essex Junction are pleased to announce the hiring of **Nicole Mone-St. Marthe** as the new **Program Director – Senior Services**. In her new capacity, Nicole will provide oversight of the Essex Area Senior Center, senior programs for the entire Essex community, and the senior van volunteers. For the past few months, she has been assisting at the Center while also serving as the Administrative Assistant at Essex Parks &

Recreation, a role she has had for the past two years.

Nicole is excited about her new capacity - "In my short time at the Center already I have developed some great relationships and really care about the members. I am looking forward to ensuring that the Center is a nurturing and enriching experience for all." Nicole lives in Jericho with her husband, and three children. Her official start date was May 6th.

The Program Director – Senior Services is funded by the Town of Essex but will be jointly supervised by the Directors at Essex Parks & Recreation and Essex Junction Recreation & Parks. The Village of Essex Junction provides space for the Essex Area Senior Center. The nearly 300-members of the Center financially support the annual budget through membership dues, fees for programs, and through fundraising. Members also serve on committees to advise staff and identify programming opportunities.

In other exciting news....

On Friday, May 17th, **Isabelle Ruth Lillian St. Marthe** was born and welcomed into this crazy thing we call life! Please help us congratulate Nicole and her family (husband Rohan, big sister Catherine and big brother Charlie) on the new addition to the family. Isabelle made a guest appearance at the potluck on Wednesday, May 29th and showed off how good of a daytime sleeper she is! Nicole will be on maternity leave for a total of 12 weeks but may stop by the Center with Isabelle this summer; keep an eye out for their next visit!



Welcome New & Renewed Members!

Joanne Davis

Kathleen Albertson

Anna L Gravel

David Fogle

Jaquelynn Utton



2019 New & Renewal Memberships

EASC memberships are for individuals 50 years of age or older.

Annual membership dues are \$12 for Essex residents and \$15 for those living outside the Essex community. Please make checks payable to Village of Essex Junction. If you would prefer the monthly newsletter mailed to your home, please add \$6.50 to your membership payment for the year of mailings.



ESSEX AREA SENIOR CENTER – WHAT TO KNOW

The Essex Area Senior Center (EASC) is a warm and welcoming place for residents of the Essex community and non-residents from neighboring towns. We have grown over the years and are a vibrant group who love to gather, socialize, play games, venture on trips together, dine together, try new things and so much more. The Center is a home-away-from-home for many, and consists of a strong membership who continue to volunteer regularly, as well as fundraise for upgrades, improvements and new ideas.

Everyone at the Center is also a wealth of knowledge. You never know what you will learn, or who you will speak to that can help you with something you have been trying to work through. Staff is there to help you get the information you are searching for, but also help utilize one another to learn about new hobbies, stores, deals around the community and so much more. It truly is a small world, after all!

Our Center is strong and healthy because of its members. Alongside the membership, the Center has a long-standing relationship with the Village of Essex Junction Trustees who graciously provide the space and utilities to the membership and visitors. EASC is also staffed with a member from the Essex Parks and Recreation department; the Program Director of Senior Services – Nicole Mone-St. Marthe – is supported by both the director of Essex Parks and Recreation and Essex Junction Recreation & Parks.

Please feel free to stop by and ask questions, renew your membership, tell your non-member friends about joining the Center and to stop by to say hi and participate!

PLEASE WELCOME..SARAH RAIMONDI

Sarah is joining us this summer while Nicole is out on maternity leave and we are so lucky to have her support the Center – the timing couldn't have been any better.

Sarah was born and raised in Westchester New York and is a senior at the University of Vermont. She is currently majoring in Environmental Science with a minor in Sports Management. Sarah is a member of the Varsity Women's Lacrosse team at UVM and has been a youth lacrosse coach for over five years. She has a passion for working with people and is excited to be spending her summer in the senior center!



JUNE LUNCHEONS AT – A - GLANCE



SUMMER LUNCHEON SCHEDULE: READ BELOW FOR MORE DETAILS

Typically, EASC plans luncheons every Wednesday from late August through the month of May. During this timeframe, luncheon locations may vary between an area restaurant, the Essex Middle School, or right here at 2 Lincoln Street in the main room at the Center. We work with the Culinary program through the Center for Technology – Essex (CTE) for soups provided at the hosted meal-site luncheon or for Friday soup & sandwich days.

The Meal-Site Committee will be meeting in early June to plan for the next “school year” of meals. Updates will be provided as they are confirmed and sign-ups for early fall will take place at the Center.

In the meantime....

This summer, we are working on having meals at the parks in our beautiful community, on the lake or at area restaurants, preferably with outdoor seating.

Sign-up sheets will be at the Center and you must sign up ahead of time. Check the monthly calendar and don't forget to check in for any updates.

DATE	LOCATION	MEAL	PRICE / PROGRAM
Wed., June 12th	EASC, 2 Lincoln 11:30am – 1pm	Potluck – dessert provided	Early birthday celebrations for June Required: Sign up by Noon on 6/11
Wed., June 19th	Sand Hill Park - Picnic In the Park	B.Y.O. Bag Lunch Refreshments & dessert will be provided	\$2/member, \$4/non-member Required: Sign up by Noon on 6/17
Wed., June 26th	Spirit of Ethan Allen – Lunch On The Lake	Variety: 3 hot dishes, soup, salad, bread and sides.	\$32/member; \$35/non-member Required: Sign up by Noon on 6/24

REMINDER!



The **Center** will be closed on holidays and inservice days observed by the Town of Essex municipality.



BINGO Callers

June 4 th	Sarah Raimondi
June 11 th	Martha DiMaggio
June 18 th	Maddie Lister
June 25 th	Cathy Burke

Thank you to this month's BINGO callers!
Who is ready to call in July?



Sue Buswell Joan Clay Bev Doney
 Randy Forguites Wyn Glover Irene Grew
 Fern Henson Mary Kobera Carmen Lanoue
 Bill Larrow Elaine Mackenzie Therese Magnant
 Karen Miller Marilyn Moore Madeline Orsini
 Lorena Page Everett Peyrat Paula Sargent
 Ed Steele Carol Trudo Mary Valla
 Mary Ann Valla

JUNE PROGRAMS!

 **Wii Bowling is BACK!!!** Whether you are new to Wii bowling or a league ringer, come and join the fun on JUNE 20th from 1-3pm in the game room. No fee or pre-registration required.

 **EASC Book Club** On **June 20th**, join the book club to discuss My Name is Lucy Barton, by Elizabeth Strout. Described by the New York Times book review as "... *smart and cagey in every way. It is both a book of withholdings and a book of great openness and wisdom.*"

SENIOR VAN TRANSPORTATION

The Essex Senior Vans are available Monday – Friday for medical appointments (priority), grocery shopping, rides to and from the Senior Center and more. This service is FREE to Essex Community residents, who are 60+ in age. Reservations can only be made one business day in advance.

Looking for a ride?
Call **878-6940** Monday thru Friday, between 9:00am – Noon for a reservation.

NEW TO THE VANS?

Call **876-5087** for a New Rider packet to be mailed to you. All necessary forms must be completed prior to your first appointment on the vans.

VOLUNTEER



EASC Committees – Interested in joining?

Do you have new and exciting ideas you'd like to share with the EASC community? Do you enjoy volunteering? If so, please consider joining one of our center committees and making a real difference. All committees – Programs, Craft Festival and Meal-Site are looking for new members and would be happy to hear from you. If you would like further information this summer, please see Sarah in the EASC office.

The Meal-Site Committee will be meeting at **10:00am** on Wednesday, June 5th

The Program Committee will be meeting at **2:45pm** on Thursday, June 6th

The Craft Festival Committee will be meeting at **2:00pm** on Thursday, June 13th



Karen's Kloset has recently inquired with staff to see if any members are in need of clothing items. If you are in need of certain items or know a friend or neighbor who could use some "new" things, please let Sarah know at the Center. Karen's Kloset is a resale clothing and accessories store on Park Street in Essex Junction.

Other Programs:

INTO THE WOODS | Hyde Park Opera

Into the Woods is a modern twist on the beloved Brothers Grimm fairy tales in a musical format that follows the classic tales of Cinderella, Little Red Riding Hood, Jack and the Beanstalk, and Rapunzel-all tied together by an original story involving a baker and his wife, their wish to begin a family and their interaction with the witch who has put a curse on them.

Ages 55 + | Sunday | July 21 | 2:00 p.m. showtime | Hyde Park Opera House | \$18.00 Res. / \$20.00 Non res.

The Senior Van will leave Essex at approximately Noon.

Space is limited to 12 passengers with only a few spots left!

Price includes transportation and admission. This trip includes a stop for dinner after the play at your own expense.

**** Did you know you can now register for these programs at 81 Main Street OR 2 Lincoln @ EASC? Cash & check payments allowed at EASC; Cash, check, Visa or Mastercard payments are allowed at 81 Main/Essex P&R. ****



QUESTIONS – COMMENTS – SUGGESTIONS? WE'RE HERE TO LISTEN & HELP!

EASC, 2 Lincoln Street, Essex Junction, VT 05452 • 802-876-5087 • www.essexvtseniors.org

Center Hours: Monday – Friday • 10:00am – 4:00pm

The Essex Senior News is a publication by the Essex Area Senior Center. Not a member? Come visit and join!

JUNE

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Essex Area Senior Center:

876-5087

www.essexvt seniors.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	3	4	5	6	7	8
	10-Noon: Mah Jongg 12:30-3:30: Bridge No Luncheon Today	12:30-3:30: BINGO	10am: Meal Site Meeting 1:15pm: Duplicate Bridge 1:30-4pm: Drop-in Games	10-10:30am: Seated Yoga 12:30-4pm: Drop-in Games 2:45pm: Program Meeting	10-Noon: Mah Jongg 1-3pm: Knitting / Crocheting 1-4pm: Cribbage, Cards/Games	
9	10	11	12	13	14	15
	10-Noon: Mah Jongg 12:30-3:30: Bridge * Don't forget to sign up for Wednesday's lunch!	12:30-3:30: BINGO	Luncheon @ EASC: Early Potluck for June Birthdays 1:15pm: Duplicate Bridge 1:30-4pm: Drop-in Games	10-10:30am: Seated Yoga 12:30-4pm: Drop-in Games 2:00pm: Craft Festival Meeting	10-Noon: Mah Jongg 1-3pm: Knitting / Crocheting 1-4pm: Cribbage, Cards/Games	
16	17	18	19	20	21	22
Happy Father's Day!	10-Noon: Mah Jongg 12:30-3:30: Bridge * Sign-up deadline @ Noon for the Picnic Lunch	12:30-3:30: BINGO	Luncheon @ Sand Hill Park: Let's Have a Picnic! 1:15pm: Duplicate Bridge 1:30-4pm: Drop-in Games	10-10:30: Seated Yoga 10:30-11:30am: Book Club 12:30-4pm: Drop-in Games	10-Noon: Mah Jongg 1-3pm: Knitting / Crocheting 1-4pm: Cribbage, Cards/Games	
23	24	25	26	27	28	29
	10-Noon: Mah Jongg 12:30-3:30: Bridge * Sign-up deadline for Lunch on the Lake	12:30-3:30: BINGO	Luncheon: Spirit of Ethan Allen 1:15pm: Duplicate Bridge 1:30-4pm: Drop-in Games	10-10:30: Seated Yoga 12:30-4pm: Drop-in Games 12:30-4pm: New Canasta in Game Room	10-Noon: Mah Jongg 1-3pm: Knitting / Crocheting 1-4pm: Cribbage, Cards/Games	
30						