

## Goal, Plan, Action (GPA) Goal-Setting Outline

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Directions: Use the form below to complete the GPA outline.

<b>G</b> Goal	Use the space below to describe your <b>goal</b> .	
		<input type="checkbox"/> short-term goal <input type="checkbox"/> mid-term goal <input type="checkbox"/> long-term goal

<b>P</b> Plan	Use the space below to briefly explain your <b>plan</b> .	

<b>A</b> Action	Use the space below to list the <b>action</b> steps that are needed to achieve your goal.	
	1.	
	2.	
	3.	
	4.	
	5.	
	6.	
	7.	
	8.	
	9.	
	10.	