

# Wayne Valley Polar Bear

## Wednesday, February 9, 2022

Wayne Valley High School  
Wayne, NJ

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**We are offering events for your entire team in one meet.  
All the Events will have FAT timing.**

1. **Entries Close Monday, February 7<sup>th</sup>** – We will leave Milesplit opened until Tuesday Night (2/8/22), so you can adjust names, events etc.
2. A **NOVICE** athlete is one who has not won a VARSITY individual medal in Indoor or Outdoor Track. All individual winners of novice competitions should be moved up to the open division for the next meet. (Let's make the Novice Competition better)
3. You can enter as many individuals and relay teams (**only one Varsity Relay**) as you wish. Please bring your own batons.
4. In the Shot Put – we will do Varsity First – then Novice until the running events have concluded.
5. Awards: **Three** deep in every event.

Questions? – email Brian Rodak [njbta@aol.com](mailto:njbta@aol.com)

## Wayne Valley Polar Bear

### Order of events:

4 X 800 Relay	VB – VG – NB – NG
55 meter hurdles	VB – NB – FB – VG – NG – FG (Final on Time)
55 meter dash	VB – VG – NB – NG – FB – FG (Final on Time)
400 meter dash	VB – VG (3 per school)
4 X 200 relay	VB – VG
800 meter run	NB – NG – FB – FG
4 x 200 relay	NB – NG – FB – FG
1600 meter run	VB – VG
4 X 400 relay	VB – VG – NB – NG
Shot Put	VB – VG – NB – NG (3 Throws – Indoor Shots)

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Wayne Valley High School, Wayne, NJ

## Entry Form

School \_\_\_\_\_

School Address \_\_\_\_\_

Coach \_\_\_\_\_ Cell Phone \_\_\_\_\_

E-Mail \_\_\_\_\_

Entries Close: **February 7, 2022**

**Mail To:** Brian Rodak

Boy's Blanked Entry \$400 \_\_\_\_\_

1 Adobe Drive  
Wayne, N.J. 07470

Girl's Blanked Entry \$400 \_\_\_\_\_

**Total School Entry** \_\_\_\_\_

**Email:** [njbta@aol.com](mailto:njbta@aol.com)

Make Checks Payable to: **Bergen Track & Field LLC (Fed # 45-0600026)**

### Coaches Check List

1. Email This Paper Entry [njbta@aol.com](mailto:njbta@aol.com)
2. Enter your athletes by **Tuesday, February 8, 2022**