

Gestalt Certification Program Schedule & Reading

2018-2019, rev. 09-05-18

LEVEL I				
MODULE A				
FRI, SEPT 14	5:00-6:00	New Student Orientation	Faculty	
	6:15 – 7:45	Community Opening	Faculty	
	8:00 – 9:30 Group Demos		Michael	Yontef CH 5
SAT, SEP 22	11 AM – 5 PM	FOUNDATIONS OF GESTALT THEORY	Ken	Joyce & Sills: Ch. 2, Phenomenology (book) Harding: On Having No Head (website) Mueller: Monet Poem (website) Spencer-Brown: Laws of Form (website)
FRI, SEP 28	6:15 – 9:30 Experiential Lecture #1 & Group Demos	Basic Gestalt Concepts: Contact & Contact-Boundary	Michael	Meyer: On Contact-Boundary (website)
FRI, OCT 12	6:15 – 7:45 Experiential Lecture #2 8:00 – 9:30 Group Demos	Theory of Self	Michael	PHG: Ch. X, Sections 2, 3, 4, 5 Meyer: Self: Pragmatism to GT (website)
FRI, OCT 26	6:15 – 7:45 Experiential Lecture #3 8:00 – 9:30 Group Demos	Sequence of Contacting	Michael	PHG: Ch. XII, sec. 1, 3,7,8,9 (book) PHG: Ch. XIII, sec 1,2,3,4 (book)
FRI, NOV 2	6:15 – 7:45 Demonstration 8:00 – 9:30 Group Demos		Naaz/Dan/Michael	
MODULE B				
FRI, NOV 16	6:15 – 7:45 Experiential Lecture #1 8:00 – 9:30 Group Demos	Interruption to contacting: Introjection & Projection	Rosary	Perls: Interruptions, p.32-38 (website) PHG: Ch. XV, Sec 5 & 6 (book) Meyer: Interrupting the Interruptions, Parts II & III (website)
FRI, NOV 30	6:15 – 7:45 Experiential Lecture #2 8:00 – 9:30 Group Demos	Retoflection	Rosary	Perls: Interruptions, p.40-43 (website) PHG: Ch. XV, Sec 7 (book) Meyer: Interrupting the Interruptions, Part I (website)
FRI, DEC 07	6:15 – 7:45 Experiential Lecture #3 8:00 – 9:30 Group Demos	Confluence	Rosary	Perls: Interruptions, pp.38-40 (website) PHG: Ch. XV, Sec 4 (book)
FRI, DEC 14	6:15 PM: Graduation (students & guests, faculty) 7:30 PM: Holiday Party (students, faculty, community)			
FRI, JAN 11	6:15 – 7:45 Demonstration 8:00 – 9:30 Group Demos		Rosary/Shel/Marla	Fagan: Ch 6, Paradox. Theory of Change (book) Hostrup: pp.183-196 (book) Naranjo: Ch2, Present-Centered., Part I,II (book)
JAN 25-27, 2019	FRI 6 PM –SUN 2 PM	WINTER INTENSIVE		
MODULE C				
FRI, FEB 01	5:00–6:00 <i>Entering Students Orient</i> 6:15 – 7:45 Experiential Lecture #1 8:00 – 9:30 Practicum	Working with Interruptions: Retoflection	Hiro	Fagan: Ch 6, Paradox. Theory of Change (book) MEYER: Interrupting the Interruptions: Part I (website)
SAT, FEB 2	11 AM – 5 PM	MAKE-UP: (MOD A)	MICHAEL	For students starting in Feb. Do Mod A readings.
SUN, FEB 3	11 AM – 5 PM	MAKE-UP: (MOD B)	ROSARY	For students starting in Feb. Do Mod B readings.
FRI, FEB 08	6:15 – 7:45 Experiential Lecture #2 8:00 – 9:30 Practicum	Projection & Introjection	Hiro	Philippon: Ch. 13, On bashing pillows (book) MEYER: Interrupting the Interruptions:Part II&III
FRI, FEB 22	6:15 – 7:45 Experiential Lecture #3 8:00 – 9:30 Practicum	Confluence, Egotism	Hiro	Meyer: Self & Egotism, Part III (website) MEYER: Interrupting the Interruptions: Part IV Philippon: Ch. 9, Paradox. Theory Change book)
FRI, MAR 01	6:15 – 7:45 Demonstration 8:00 – 9:30 Practicum		Hiro/Michael/Lenore	
MODULE D				
FRI, MAR 15	6:15 – 7:45 Experiential Lecture #1 8:00 – 9:30 Practicum	Techniques II: Concept of Experiment	Kathryn	Joyce & Sills: Ch. 9, Experimenting (book) Naranjo: Ch. 3, Gestalt Techniques (book)
SAT, MAR 16	11 AM – 5 PM	TECHNIQUES I: EMBODIMENT	M'LOU	Joyce & Sills: Ch. 13, Body, pp.145-152 (book) Fagan: Ch. 5,Sensory Funct. Psychotherapy(book) Bernhardt: Individ,mutual connect, body (website)
FRI, MAR 22	6:15 – 7:45 Experiential Lecture #2 8:00 – 9:30 Practicum	Verbal Experiments	Kathryn	Passons: Gestalt Approaches to Counseling Naranjo: Ch. 4, Suppressive Techniques (book)
FRI, APR 05	6:15 – 7:45 Experiential Lecture #3 8:00 – 9:30 Practicum	Suppressive & Expressive Experiments	Kathryn	Naranjo: Ch. 5, Expressive Techniques (book)
FRI, APR 12	6:15 – 7:45 Demonstration 8:00 – 9:30 Practicum		Kath/Matt/M'Lou	
SUN, APRIL 14	1 PM – 5 PM	Suicide Assessment	Joe/Naaz	Barbuto: (website); Shea: (website); Suicide Prevention Protocol (website)
SUN, APR 28	9 AM – 12 PM	Psychopharmacology	Joe	None
FRI, MAY 03	6:15 – 7:45 Community Meeting 8:00 – 9:30 Practicum	Closing Community Meeting	Kath/Matt/M'Lou	
Fri, MAY 10	11 AM – 5 PM	FACULTY MEETING		
SAT, JUN 01	10 AM – 6 PM	SUMMER INTENSIVE PREP	TBD	
JUL 21-24	SUN NOON –WED 2 PM	SUMMER INTENSIVE		

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LEVEL II				
MODULE A				
FRI, SEPT 14	6:15 – 7:45	Community Opening	Faculty	
	8:00 – 9:30 Practicum		Daniel	YONTEF: Ch 5
FRI, SEPT 21	6:15-9:15	Intake Orientation & Intro to Treatment Center	Marilyn& Rosary	
FRI, SEP 28	6:15 – 7:45 Experiential Lecture #1	Techniques I: Focusing	Daniel	Gendlin: Focusing, Ch. IV & V (book) Gendlin: Focusing-Oriented Therapy, Ch. 6 (website) Weiser: Something New, Here & Now (handout)
	8:00 – 9:30 Practicum			
FRI, OCT 12	6:15 – 7:45 Experiential Lecture #2	Support & Frustration	Daniel	Joyce & Sills: Ch. 7, Strengthening Support (book) Smith: Ch. 7, Chicken Soup is Poison (book) Philippon: Ch. 27, Why Shouldn't We Interrupt? (book)
	8:00 – 9:30 Practicum			
FRI, OCT26	6:15 – 7:45 Experiential Lecture #3	Support & Self-Support	Daniel	Smith: Ch.4, Self-Support (book) Joyce & Sills: Ch. 8, Shame (book)
	8:00 – 9:30 Practicum			
SAT, OCT27	10:00 – 6:00 Intake Practicum		Shelley & Rosary	
SUN, OCT 28	11am-5pm	Techniques V: Chairwork	Rosary	Immordino: Chairwork (website)
FRI, NOV 2	6:15 – 7:45 Demonstration		Naaz /Dan /Michael	
	8:00 – 9:30 Practicum			
MODULE B				
FRI, NOV 16	6:15 – 7:45 Experiential Lecture #1	Layer Theory: Overview of Layers	Shelley	Friedman, N.: Layers, A Reconsideration (website) Perls: Talk IV (book) Yontef: Ch. 15, Shame (book)
	8:00 – 9:30 Practicum			
SAT, NOV 17	10:30-4:30 (off-site at Elinor's office)	Overview of Personality Disorders	Elinor	Greenberg: Ch. 1-4
SUN, NOV 18	11 AM – 5 PM	TRANSFERENCE	Lenore	TBA
FRI, NOV 30	6:15 – 7:45 Experiential Lecture #2	Games Layer	Shelley	Perls: Talk II (book)
	8:00 – 9:30 Practicum			
FRI, DEC 7	6:15 – 7:45 Experiential Lecture #3	Hurt Child	Shelley	Philippon: Ch. 11, Gestalt & Regression (book)
	8:00 – 9:30 Practicum			
FRI, DEC 14	6:15 PM: Graduation (students & guests, faculty) 7:30 PM: Holiday Party (students, faculty, community)			
FRI, JAN 11	6:15 – 7:45 Demonstration		Rosary/Shell ey/Marla	
	8:00 – 9:30 Practicum			
JAN 25-27	FRI 6 PM –SUN 2 PM	WINTER INTENSIVE	TBA	
MODULE C				
FRI, FEB 1	6:15 – 7:45 Experiential Lecture #1	Layer-Personal Transformation Impasse	Lenore	TBA
	8:00 – 9:30 Practicum			
FRI, FEB 08	6:15 – 7:45 Experiential Lecture #2	Death Layer	Lenore	TBA
	8:00 – 9:30 Practicum			
FRI, FEB 22	6:15 – 7:45 Experiential Lecture #3	Life Layer	Lenore	TBA
	8:00 – 9:30 Practicum			
SUN, FEB 24	11 AM – 5 PM	Techniques VI: Reparenting	Shelley	
FRI, MAR 01	6:15 – 7:45 Demonstration		Hiro/Michael /Lenore	
	8:00 – 9:30 Practicum			
SUN, MAR 3	11 AM – 5 PM	DEATH LAYER	Naaz	TBA
MODULE D				
FRI, MAR 15	6:15 – 7:45 Experiential Lecture #1	Specialized Skills: Where Contact Cycles meet Physiology	Matthew	Whaley: Physiology of Gestalt and Somatic Experiencing (website)
	8:00 – 9:30 Practicum			
FRI, MAR 22	6:15 – 7:45 Experiential Lecture #2	Tracking Contact in the Body	Matthew	Various handouts
	8:00 – 9:30 Practicum			
FRI, APR 05	6:15 – 7:45 Experiential Lecture #3	Experiencing Self through the Body	Matthew	Various handouts
	8:00 – 9:30 Practicum			
FRI, APR 12	6:15 – 7:45 Demonstration		Kathryn/Mat thew/M' Lou	
	8:00 – 9:30 Practicum			
FRI, MAY 03	6:15 – 7:45 Community Meeting	Closing Community Meeting	TBD	
	8:00 – 9:30 Practicum			
FRI, MAY 10	11AM – 5PM	FACULTY MEETING		
JUL 21-24	SUN NOON – WED 2 PM	SUMMER INTENSIVE		

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LEVEL III				
MODULE A				
FRI, SEPT 14	6:15 – 7:45	Community Opening	Faculty	
	8:00 – 9:30 Practicum		Naaz	Yontef: Ch. 5 (book)
SUN, SEP 23	11 AM – 5 PM	Relational Gestalt Therapy	Ken	Laing: Knots (excerpts) (website), Meyer: The Techniques of Relational Therapy (website), Jacobs: Ch. 8, Intersubjectivity
FRI, SEP 28	6:15 – 7:45 Experiential Lecture #1 8:00 – 9:30 Practicum	Personality Development: Overview & Infancy Overview of Development	Naaz	Johnson: Ch 1 (book)
FRI, OCT 12	6:15 – 7:45 Experiential Lecture #2 8:00 – 9:30 Practicum	Personality Formation	Naaz	Johnson: Ch 2 (book)
FRI, OCT 26	6:15 – 7:45 Experiential Lecture #3 8:00 – 9:30 Practicum	Schizoid	Naaz	Johnson: Ch 5 (book)
SAT, OCT 27 (optional)	10:00 – 6:00 Intake Practicum		Shelley & Rosary	
FRI, NOV 2	5:00 – 6:15 <i>Final Paper Seminar 1</i>		Daniel	
	6:15 – 7:45 Demonstration 8:00 – 9:30 Practicum		Naaz Dan/Michael	
MODULE B				
FRI, NOV 16	6:15 – 7:45 Experiential Lecture #1 8:00 – 9:30 Practicum	Personality Development: Early Childhood Symbiotic	Marla	Johnson: Ch 2 & 3, pages 27-41(book)
FRI, NOV 30	6:15 – 7:45 Experiential Lecture #2 8:00 – 9:30 Practicum	Oral Dependent	Marla	Johnson: Ch 6, p. 100-129 (book)
FRI, DEC 7	6:15 – 7:45 Experiential Lecture #3 8:00 – 9:30 Practicum	Oral Compensated	Marla	Johnson: Ch 7, p. 129-155 (book)
FRI, DEC 14	6:15 PM: Graduation Ceremony (students & guests, faculty) 7:30 PM: Holiday Party (students, faculty, community)			
FRI, JAN 11	6:15 – 7:45 Demonstration 8:00 – 9:30 Practicum		Rosary/Shell ey/Marla	
JAN 25-27	FRI 6 PM – SUN 2 PM	WINTER INTENSIVE		
MODULE C				
FRI, FEB 1	6:15 – 7:45 Experiential Lecture #1 8:00 – 9:30 Practicum	Personality Development: Formation of Self	Michael	Johnson: Ch. 3, p. 41-53 (book)
FRI, FEB 08	6:15 – 7:45 Experiential Lecture #2 8:00 – 9:30 Practicum	Narcissistic	Michael	Johnson: Ch. 8, p. 155-192 (book)
FRI, FEB 22	6:15 – 7:45 Experiential Lecture #3 8:00 – 9:30 Practicum	Masochistic	Michael	Johnson: Ch. 9, p. 192-230 (book)
SAT, 2/23	11 AM – 5 PM	Advanced Transference	Lenore	TBA
FRI, MAR 01	5:00 – 6:15 <i>Final Paper Seminar 2</i>		Daniel	
	6:15 – 7:45 Demonstration 8:00 – 9:30 Practicum		Hiro/Michael /Lenore	
MODULE D				
FRI, MAR 15	6:15 – 7:45 Experiential Lecture #1 8:00 – 9:30 Practicum	Personality Development: Self-In-System Patriarchy, gender, shame	M'Lou	Miller: Construction of Anger in Women & Men (website) Friedman, Z.: The Gestalt of Feminism (website) Johnson: Ch. 4, p. 54-72 (book)
FRI, MAR 22	6:15 – 7:45 Experiential Lecture #2 8:00 – 9:30 Practicum	Guided Fantasies of Histrionic and Obsessive Compulsive	M'Lou	Johnson: Ch. 10, pp. 230-264 & Ch 11 pp 266-290 (book) DMS Criteria
FRI, APR 05	6:15 – 7:45 Experiential Lecture #3 8:00 – 9:30 Practicum	Working with Histrionic and Obsessive Compulsive: Role Play/tag team	M'Lou	Caring: Gestalt Approach to Johnson's objectives (website) Frommer: Desire & Shame (website)
FRI, APR 12	5:00 – 6:15 <i>Final Paper Seminar 3</i>		Daniel	
	6:15 – 7:45 Demonstration 8:00 – 9:30 Practicum		Kathryn/Mat thew/M'Lou	
FRI, MAY 03	6:15 – 7:45 Community Meeting 8:00 – 9:30 Practicum	Closing Community Meeting	TBD	
FRI, 5/10	11 AM – 5 PM	FACULTY MEETING		
JUL 21-24	SUN NOON – WED 2 PM	SUMMER INTENSIVE		