

# CARE MANAGEMENT

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**What is Care Management & how can it benefit you  
and your family?**

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## **Care Management**

Care Management is a covered service and is available to all patients. Our care manager is our Physician Assistant, Mary Douglas. She is part of our medical team that works with your doctor and your family to help you achieve your health goals.

## **What we do**

We help you identify health goals. Then we help you develop a plan to address your goals. For example: Better management of Diabetes or Asthma.

## **Services**

Care Management visits are done in our office and/or by phone calls. We answer questions about your health and medications, enhance communication with your physician, referral to other resources in the community for additional support for you and your family.

Support and tools to address behavioral needs. We care about you and want to provide support so that you can lead a happy healthy life.

## **How do you receive Care Management services?**

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Ask your doctor if your  
would benefit from Care  
Management!

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