

# Deborah Chase School of Dance

## Level I Ballet / Tap Requirements

45 minute Ballet & 30 minute Tap

1. Stay “on task” during class or is brought back with a gentle reminder.
2. Listens and responds to the First Time Rule.
3. Understands the concept of “posture up.”
4. Motor skills - skips, balance on one foot, gallop/chassé sideways, walk heel to toe, plié, relevé, passé, spring points, knows 1st and 2nd position
5. Understands appropriate time to speak and will raise hand to speak.
6. Participates fully and enjoys being part of the group.
7. Takes turns and displays self control.
8. Is able to keep hands out of mouth and nose.
9. Understands directions - front, back, right and left, high, low, diagonal.
10. Separates from parent and can be comforted by a teacher or assistant.
11. Understands concept of pretend and make believe.
12. Can follow two to three separate instructions.
13. Has no significant toileting issues.
14. Responds appropriately to praise and suggestions.
15. Displays good manners and tolerates differences in others.
16. Does not wander unnecessarily or have frequent meltdowns.
17. Does not avoid eye contact.
18. Eager to please and learn, self reliant, curious.
19. Learning that different situations require different behaviors.
20. Has had good attendance in PreBallet/Creative Movement class.



Level I Ballet/Tap readiness assessment can be determined in the six-week summer Ballet/Tap class.