

# COLUMBIA NORTHEAST COUNSELING SERVICES

P.O. Box 4265  
West Columbia, SC 29171  
PHONE 803-782-5556 FAX 803-788-0914

## DEMOGRAPHIC INFORMATION

Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_  
Last First Middle

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Sex at Birth:  Male  Female

Telephone: (H.) \_\_\_\_\_ (C.) \_\_\_\_\_

Email Address: \_\_\_\_\_

Marital Status:  Single  Married  Separated  Divorced

Children: (Names and Ages)

1. \_\_\_\_\_ 2. \_\_\_\_\_  
3. \_\_\_\_\_ 4. \_\_\_\_\_

Occupation: \_\_\_\_\_

Religious Affiliation: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Emergency Contact Phone Number: \_\_\_\_\_

Name of Your Insurance Company: \_\_\_\_\_

Insurance Address: \_\_\_\_\_

Primary Card Holder: \_\_\_\_\_

Relationship to Patient:  Self  Spouse  Child/Parent

Insurance ID Number: \_\_\_\_\_

Security Number: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Name of Employer Holding the Policy \_\_\_\_\_

Employee Assistance Program: \_\_\_\_\_ Number: \_\_\_\_\_

## **CONFIDENTIALITY**

*I place a high value on the confidentiality of the information that clients share. This sheet was prepared to clarify my legal and ethical responsibilities regarding this important issue.*

RELEASE OF INFORMATION TO OTHERS: If for some reason there is need to share information in your record with someone not employed here (physician, family member), you will first be asked to sign a “Release of Information” authorizing your counselor to transfer the information.

EXCEPTIONS TO CONFIDENTIALITY: There are several important instances when confidential information may be released to others WITHOUT your permission.

1. IF YOU THREATEN TO HARM YOURSELF OR SOMEONE ELSE and your threat is believed to be serious, I am obligated under the law to take whatever actions seem necessary to protect you or others from harm.
2. If we have reason to believe that you are ABUSING OR NEGLECTING A CHILD OR ELDERLY PERSON, I am obligated by law to report this to an appropriate state agency. This law also applies if you report that you have reason to believe ANOTHER PERSON is abusing or neglecting the same.
3. If you have been REFERRED TO THIS AGENCY BY THE COURT (Court Ordered) you can assume that the court wishes to receive some type of report or evaluation.
4. If you are INVOLVED IN LITIGATION OF ANY KIND and you inform the court of the services that you received from us (MAKING YOUR MENTAL HEALTH AN ISSUE BEFORE THE COURT), you may be waiving your right to keep your records confidential.

In summary, I make every effort to safeguard the personal information which you share with me. However, there are exceptions listed above which are mandated by law and I want you to be fully aware of them BEFORE counseling begins.

Your signature below lets us know you have read this and understand.

\_\_\_\_/\_\_\_\_/\_\_\_\_  
Date

\_\_\_\_\_  
Client’s Signature

## Initial Contract

Thank you for selecting Columbia Northeast Counseling Services, LLC for your therapy and/or evaluation needs. So that we may prevent any misunderstanding regarding our policies, we ask that you read and sign this explanation of our policies.

### **Appointments:**

- All new patients will have new patient forms that need to be completed. There are two means to accomplish this; 1) through our online patient portal when emailed, 2) print and complete the required paperwork from our website ([www.colanecounseling.com](http://www.colanecounseling.com)).
- From time to time schedules can change and we understand. Please call/text/email our office 24 hours in advance to let us know if you need to cancel or reschedule your appointment to avoid a late-cancellation or no-show fee. The charge for a late cancel, late reschedule, or no show is \$35.00.
- Three missed consecutive appointments may terminate the counseling relationship.
- If you are 15 minutes (or more) late for your appointment, the appointment may be subject to cancellation.
- If, for any reason, the counselor must cancel an appointment, the patient will be advised at the earliest possible time and will not incur any financial penalty.
- 

### **Emergencies/After Hours**

- If you are having a life threatening medical or mental health emergency, call 911, your local emergency room, or the Suicide and Crisis Lifeline at 988.
- If you are having a non-life threatening urgent issue, then during normal business hours, the receptionist will facilitate setting up an emergent/urgent contact.

### **Payment Policy**

- The client is responsible for payments at the time services are rendered. All co-payments are due at the time of service. Columbia Northeast Counseling Services, LLC accepts cash, personal checks, credit/debit cards, and Health Spending Account (HSA) cards. A \$50.00 service charge will be assessed for returned checks.
- Exceptions to the above payment policy will be dealt with on a case-by-case basis.
- Proof of all insurance (primary, secondary, and/or EAP) benefits is **required** at your first appointment; this allows us to verify if your insurance provider is one in which we are in-network with. If you fail to present proof of insurance at time of service, your benefits may be lost and all costs for services rendered will become the client's responsibility.
- Any problem with your insurance carrier that delays or prevents payment of claims is your (the client's) responsibility.

### **Medical Information:**

- Form fees such as FMLA, Life Insurance, and other forms will be assessed at \$50.00 to \$75.00 per form.
- Letters from your provider on the Medical Practice letterhead will be made available at a cost of \$75.00.
- I agree I have read and understand the HIPAA Notice of Privacy Practices. Initial: \_\_\_\_\_

**I have read the above policies, understand, and agree with them.**

---

**Patient's Signature**

---

**Date**

Columbia Northeast Counseling Services, LLC  
Phone: 803-782-5556

## Medical History and Self-Assessment

Family Doctor (PCP): \_\_\_\_\_

PCP Phone Number: \_\_\_\_\_

Have there been any changes in your health since your last appointment?

No    Yes

If yes, please describe: \_\_\_\_\_

Are you taking any medications, including over-the-counter medications?

No    Yes

If yes, please specify name and dosage: \_\_\_\_\_

Do you have any problems with your health (e.g. digestive problems, chronic pain)?

No    Yes

If yes, please specify: \_\_\_\_\_



What is happening in your life which resulted in this appointment?

---

---

---

What would you like to see accomplished in therapy?

---

---

---

Chief Complaints (Check all that apply to you)

- |   |   |
|---|---|
| <input type="checkbox"/> Depression         | <input type="checkbox"/> Thoughts racing                  |
| <input type="checkbox"/> Low energy         | <input type="checkbox"/> Cannot hold onto an idea         |
| <input type="checkbox"/> Low self-esteem    | <input type="checkbox"/> Excessive behavior               |
| <input type="checkbox"/> Poor concentration | <input type="checkbox"/> Delusions/Hallucinations         |
| <input type="checkbox"/> Hopelessness       | <input type="checkbox"/> Not thinking clearly             |
| <input type="checkbox"/> Worthlessness      | <input type="checkbox"/> Feeling that you are not real    |
| <input type="checkbox"/> Guilt              | <input type="checkbox"/> Sleep disturbance (More/Less)    |
| <input type="checkbox"/> Lose track of time | <input type="checkbox"/> Appetite disturbance (More/Less) |

- |  |  |
|--|--|
| <input type="checkbox"/> Unpleasant thoughts     | <input type="checkbox"/> Thoughts of hurting self                  |
| <input type="checkbox"/> Anger/Frustration       | <input type="checkbox"/> Isolation                                 |
| <input type="checkbox"/> Easily agitated/annoyed | <input type="checkbox"/> Sadness                                   |
| <input type="checkbox"/> Defies rules            | <input type="checkbox"/> Stress                                    |
| <input type="checkbox"/> Blames others           | <input type="checkbox"/> Anxiety/panic                             |
| <input type="checkbox"/> Argues                  | <input type="checkbox"/> Heart pounding/racing                     |
| <input type="checkbox"/> Excessive use of drugs  | <input type="checkbox"/> Excessive use of alcohol                  |
| <input type="checkbox"/> Chest pain              | <input type="checkbox"/> Excessive use of prescription medications |
| <input type="checkbox"/> Trembling/Shaking       | <input type="checkbox"/> Sweating                                  |
| <input type="checkbox"/> Blackouts               | <input type="checkbox"/> Chills/Flashes                            |
| <input type="checkbox"/> Tingling/Numbness       | <input type="checkbox"/> Physical abuse issues                     |
| <input type="checkbox"/> Fear of dying           | <input type="checkbox"/> Sexual abuse issues                       |
| <input type="checkbox"/> Nausea                  | <input type="checkbox"/> Spousal abuse issues                      |
| <input type="checkbox"/> Phobias                 | <input type="checkbox"/> Obsessions/compulsive behavior            |
| <input type="checkbox"/> Other: _____            |  |

Previous outpatient therapy?  No  Yes, with \_\_\_\_\_  
 When? \_\_\_\_\_  
 What was accomplished? \_\_\_\_\_

---

Previous hospitalization for mental health treatment?  No  Yes  
 When? \_\_\_\_\_  
 Where? \_\_\_\_\_  
 Treatment: \_\_\_\_\_

Please rate how your problem(s) or emotional status are currently functioning in the following areas.

Family Relations:  None  Mild  Moderate  Severe  
 Work/School Performance:  None  Mild  Moderate  Severe  
 Social Relations:  None  Mild  Moderate  Severe

---

**Signature of Patient**

---

**Date**

## **Informed Consent to Telehealth**

Telehealth allows my therapist to diagnose, consult, treat and educate using interactive audio, video or data communication regarding my treatment. I hereby consent to participating in psychotherapy via telephone or the internet (hereinafter referred to as Telehealth) with the clinicians located at Columbia Northeast Counseling Services, LLC.

I understand I have the following rights under this agreement:

1. I have a right to confidentiality with Telehealth under the same laws that protect the confidentiality of my medical information for in-person psychotherapy. Any information disclosed by me during the course of my therapy, therefore, is generally confidential.
2. I understand that there are, by law, exceptions to confidentiality, including mandatory reporting of child, elder, and dependent adult abuse and any threats of violence I may make towards a reasonably identifiable person. I also understand that if I am in such mental or emotional condition to be a danger to myself or others, my therapist has the right to break confidentiality to prevent the threatened danger. Further, I understand that the dissemination of any personally identifiable images or information from the Telehealth interaction to any other entities shall not occur without my written consent.
3. I further understand that there are risks unique and specific to Telehealth, including but not limited to, the possibility that our therapy sessions or other communication by my therapist to others regarding my treatment could be disrupted or distorted by technical failures or could be interrupted or could be accessed by unauthorized persons. In addition, I understand that Telehealth treatment is different from in-person therapy and that if my therapist believes I would be better served by another form of psychotherapeutic services, such as in-person treatment, in-person appointments can be scheduled with my therapist for a later date.
4. I understand that my healthcare information may be shared with other individuals for scheduling and billing purposes. Others may also be present during the consultation other than my counselor in order to operate the video equipment. The above-mentioned people will all maintain confidentiality of the information obtained. I further understand that I will be informed of their presence in the consultation and thus will have the right to request the following: (1) omit specific details of my medical history that are personally sensitive to me, (2) ask non-clinical personnel to leave the telehealth room, and/or (3) terminate the consultation at any time.
5. I understand that Columbia Northeast Counseling Services, LLC will bill my insurance or Employee Assistance Program for telehealth services when these services have been determined to be covered by an individual's insurance plan. In the event that insurance or my Employee Assistance Program does not cover telehealth, I will be required to pay out-of-pocket on a sliding, self-pay scale. I understand that if any paperwork is required to be completed by my therapist, I am required to pay a paperwork completion charge prior to the paperwork being received.
6. By signing this document, I agree that certain situations, including emergencies and crises, are inappropriate for audio-/video-/computer-based psychotherapy services. If I am in crisis or in an emergency, I should immediately call 9-1-1, the Suicide Prevention and Crisis Lifeline at 9-8-8, or seek help from a hospital or crisis-oriented health care facility in my immediate area.

I have read and understand the information provided above. I have the right to discuss any of this information with my therapist and to have any questions I may have regarding my

Columbia Northeast Counseling Services, LLC  
Phone: 803-782-5556

treatment answered to my satisfaction. I understand that I can withdraw my consent to Telehealth communications by providing written notification to Columbia Northeast Counseling Services.

**My signature below indicates that I have read this Agreement and agree to its terms.**

\_\_\_\_\_

Print Name

\_\_\_\_\_

Client's Signature

\_\_\_\_\_

Date

\_\_\_\_\_

Parent or Guardian Signature

\_\_\_\_\_

Date

