

**Additional Agencies  
and Respite Resources:**

American Parkinson  
Disease Association:  
800-223-2732

Autism Society:  
800-328-8476

Alzheimer's Association:  
800-272-3900

Division of Specialized  
Care for Children:  
217-558-2350

Illinois Department  
of Children's Services  
(Child Abuse Hotline):  
800-25-ABUSE

Illinois Department  
of Aging:  
800-252-8966

Illinois Department  
of Human Services:  
800-843-6154

Eldercare Locator:  
800-677-1116

National Alliance  
on Mental Illness:  
800-950-6264

Caregiver Action  
Network:  
202-454-3970

**IRC Contact**

Statewide Coordinator  
6650 W. Irving Park Rd.  
Chicago, IL 60634

Office: 773-205-3627  
Cell: 630-207-8479 Fax: 773-205-3631  
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[illinoisrespitecoalition.org](http://illinoisrespitecoalition.org)



*The Illinois Respite Coalition (IRC) is dedicated to increasing public awareness of the importance of "Lifespan Respite," promoting education and training for families and providers of respite services, and advocating support for caregivers by ensuring access to quality respite services for the residents of Illinois.*



*A lifetime of respite care*

## What Is Respite Care?

Respite Care provides temporary relief for caregivers from the ongoing responsibility of caring for an individual of any age with special needs who may be at risk of abuse or neglect.

Special needs may include any disabilities, any chronic or terminal physical, emotional, cognitive or mental health condition requiring ongoing care and supervision, including Alzheimer's disease and related disorders, developmental disabilities, and children with special medical needs.

Over one million people in the state of Illinois provide unpaid help to family members who have special needs.

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It is estimated that if the work of these caregivers had to be duplicated by paid staff, the cost to the state would be \$1.3 billion dollars.

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Respite care is a gift of time for the caregiver. It alleviates stress and has been shown to improve relationships.



In every community across the state of Illinois, family members are becoming caregivers for their loved ones.

## How Can The IRC Help?

No matter where you fit in the respite world, the IRC will be a support system for you.

### ***Need to connect a caregiver with a respite program?***

The IRC will work one-on-one with the caregiver to connect them with respite.

### ***Know of a caregiver currently experiencing a crisis?***

The IRC provides funding when available to assist families who are experiencing an emergency situation and need assistance.

### ***Need agencies to collaborate with on respite care in IL?***

IRC agency members connect on respite issues.



## Emergencies that may be eligible for emergency respite funding include\*:

- Caregiver illness/doctor appointment
- Caregiver hospitalization/surgery
- Loss of a primary care giver
- Funeral or wake to attend
- Preparation for care recipient to transition between living arrangements
- Risk of loss of employment
- Risk of homelessness
- Work related situation/function
- Other family emergency or need

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## Want help?

Call us today at

**(773) 205-3627**

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\* Individuals on state waivers and/or receiving respite services through other agencies are not eligible for emergency respite funding.