



李詩敏女士 Ms Vicky Lee

- 香港科技大學商學院市場學學士
- 英國倫敦政治經濟學院社會及組織心理學碩士
- 認可九型人格導師
- 認可正向心理學教練
- 認可退休策劃師

Vicky 擁有十五年大中華區管理工作經驗，任職至 Fortune 500 美國醫療保險公司亞太區管理層，在此之前於電訊、科網及退休資產管理行業工作，專職於產品管理及市場策劃。曾先後派駐於台灣及北京工作，對大中華職場文化和團隊管理均有實戰經驗。於過去建立團隊的經驗中，Vicky 領悟企業文化的建構與領袖和團隊性格的組合有著微妙的關係和互動。她深信要發揮員工所長和潛能，必須由個人覺性力提昇開始，工作態度和行為才會有持續性的轉變。要推動團隊合作，必須以正向為本，以同理心為軸，才能發揮協同效應。

Vicky 畢業於香港科技大學商學院，主修市場學，曾於荷蘭、馬來西亞當交換生。其後取得英國倫敦政治經濟學院社會及組織心理學碩士學位。Vicky 個性主動積極、自少懂得規劃及有強烈目標感，憑著發揮其性格特質及深諳職場藝術，畢業後於5年內由大企業管理見習生，進升至資深經理，成為當時最年輕的管理人。Vicky相信年青領導成功的核心是建立團隊凝聚力，協助部屬發揮專長，為公司建立正向思維及有創做力的團隊。

Vicky 現為九柱性格學導師及正向心理學教練。於2007年受到九柱性格學啟蒙，深入探究此學問，現仍每天以此智慧作為修身的錦囊。近年亦持續作內觀修行，是一位靜觀(Mindfulness)實踐者。Vicky 整合其企業實戰經驗、九柱性格學、正向及組織心理學的知識，專注於團隊溝通、年青領導力、職場生涯規劃及個人成長的培訓課程上。

Vicky 深信每個人都有能力突破自我，發揮潛能，活出真我，於職場上有所成就。只要願意踏出一小步從瞭解和正視自己開始，培養出自我覺知能力，願意突破自我思維，便能提高個人面對挑戰和逆境的能力。Vicky 積極為企業培訓出擁有自覺力、應變力和執行力的年青領袖和團隊。

Ms. Vicky Lee has over 15 years management experience at commercial sector in Greater China region. She last held an APAC management position in a Fortune 500 Healthcare company. Vicky also got practical team building experience in SMEs and start up firms across a spectrum of industries, namely IT&T, Insurance and Pension Asset Management. She is familiar with the Greater China cultural impacts on team management as a result of her expatriate experience in Taiwan and Beijing. Vicky realized that the construct of corporate culture depends very much on the personality dynamics between leadership and teams. She believes if employers long for actualizing employees' strengths and potentials, expecting sustainable attitudinal or behavioral changes, the pre-requisite is to enhance employees' level of self-awareness; while to provoke group synergy, teamwork requires being positive and appreciative in nature.

Vicky graduated from HKUST with a Bachelor Degree in Business Administration, majoring in Marketing. She later obtained her Master degree in Organizational & Social Psychology degree from London School of Economics and Political Science in UK and got exchange experience in the Netherland and Malaysia. Vicky is proactive, well organized and goal-oriented since young; she got an innate sense of how to survive and thrive in corporate world. Starting her career as a management trainee in large corporation, she was promoted as a Senior Manager in 5 years as a hi-flyer. She believes a successful young leader is one can create a cohesive team with positive mentalities and creativity, as well as to actualize team members' strengths for the interest of the company.

Vicky is now an Enneagram Trainer and Positive Psychology Coach. She was enlightened by Enneagram in 2007 and drilled depth in this wisdom ever since. She still applies Enneagram everyday and has recently become a mindfulness practitioner via continuously practicing Vipassana meditation for personal growth. Blending her corporate experience, Enneagram, positive and organizational psychology knowledge, Vicky specializes in applying her knowhow on team communication, young leadership development, career planning and personal development training.

Vicky believes every individual is capable to realize his own strengths and unleash hidden potentials to breakthrough for a flourishing life. Only when one is willing to understand and face up oneself, one can develop self-awareness and gradually live beyond one's ego mind. This helps heightening one's resilience in facing challenges and excel. Vicky is enthusiastic in grooming teams and young leaders in to embrace with self-awareness, adaptability and execution power for the future of our society.

- BBA Marketing at HKUST
- MSc Organizational & Social Psychology at London School of Economic & Political Science in the United Kingdom
- Certified Enneagram Trainer
- Certified Positive Psychology Coaching
- Certified Retirement Planner