

COMMUNITY LINKS FOR FAMILIES

2018-2019 Version

Hamilton - Humboldt - Wright - Webster Counties

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Building Families - Early Childhood Area



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INDEX

	PAGE
ASSISTANCE	3
COUNSELING	14
EARLY CARE AND EDUCATION	19
EMPLOYMENT AND ECONOMIC DEVELOPMENT	25
EDUCATION	26
FAMILY SUPPORT	35
HEALTH	40
HOT LINES AND LAW ENFORCEMENT	45
SENIOR SERVICES	48
SPECIAL NEEDS	51
TRANSPORTATION AND RECREATION	54
YOUTH	60

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

HOUSING					
Program	Address	Phone	Website/E-mail	Co.	Description
Online Homebuyer Education: A Place of Your Own	2150 Beardshear Hall, Ames, IA 50011-2031	Course Registration: 515- 294-5247	www.extension.iastate.edu/ HomeBuyer/	ALL	Helps prospective buyers prepare financially, choose an appropriate home, understand their mortgage, and be a successful home owner. Meets home buyer education requirements for USDA Rural Development loans. Cost: \$45.
American Red Cross, Brushy Creek Chapter	20 N 16th Street Ft. Dodge, IA 50501	North and Western Iowa: 712-252-4081 800-340-4081 515-576-1911	www.redcross.org	ALL	Meets emergency housing needs of victims of disasters.
Beacon of Hope Men's Shelter	1021 1st Ave. N., Fort Dodge, IA 50501	515-955-3366 To volunteer or for meals: 515- 302-4128	www.beaconofhopeshelter.com bobhenkelman1@gmail.com	ALL	Provides a shelter for men in need.
Crisis Intervention Service	Main Office 206 Third NE Mason City, IA 50401	Humboldt: 515-851-1123 Hamilton: 515-851-1208 Wright: 515-851-1123 Webster: 515-570-4565	www.CIShelps.org	ALL	Provide victims of domestic abuse and sexual assault with confidential, 24-hour services including emergency shelter, safety, support & education.
Domestic Sexual Assault Outreach Center	PO Box 773 Fort Dodge, Iowa 50501	515-955-2273; 515-573-8000 (Crisis line); 888-356-2006 (Crisis line)	www.dsaoc.com dsaoc@dsaoc.com	ALL	Provides shelter, clothing, food, and support for the victims of domestic violence.
Fort Dodge Housing Agency	700 17th Street South Fort Dodge, Iowa 50501	515-573-7751	www.fd-housing.org	WEB	Provides assistance finding quality, affordable housing. Applicants must meet income guidelines. Also offers Housing Choice Voucher Program.
Habitat for Humanity	118 N 12th Street Fort Dodge, Iowa 50501	515-576-4316	www.twinrivershabitat.org Habitat@twinrivershabitat.org	WEB	Provides newly built homes for those who meet the requirements.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Mid-Iowa Regional Housing Authority (MIRHA)	602 3rd Ave North Fort Dodge, Iowa 50501	515-955-8344; 515-955-6675 (Fax)	ed.mihra@yahoo.com www.affordablehousingonline.com	ALL	Provides federal rental assistance through the Section 8 program.
Salvation Army	126 N 7th Street Fort Dodge, Iowa 50501	515-576-1281; 515-576-4421 (Fax)	www.usc.salvationarmy.org Ronald_Cook@usc.salvationarmy.org	ALL	Emergency lodging for those in need of shelter when funding is available.
Twin Rivers Habitat for Humanity Restore	118 N 12th Street Fort Dodge, Iowa 50501	515-576-4316	www.twinrivershabitat.org/restore/	ALL	New and used construction and building materials, 50-75% off retail prices. Includes; windows, doors, flooring, electrical, plumbing, tools, and appliances.
Upper Des Moines Opportunity	Webster County Outreach 113 So. 10th St. Fort Dodge, IA 50501	Webster: 515-576-7774	www.udmo.com	ALL	Provides family development and promotes self sufficiency. Services include; energy assistance, food assistance, baby room, and other supportive programs for parents.
Upper Des Moines Opportunity	Hamilton County Outreach 711 Seneca St. Webster City, IA 50595	Hamilton: 515-832-6451	www.udmo.com	HAM	Provides family development and promotes self sufficiency. Services include; energy assistance, food assistance, baby room, and other supportive programs for parents.
Upper Des Moines Opportunity	Humboldt County Outreach Humboldt Co. Courthouse 3rd Floor of Courthouse P.O. Box 100 Dakota City, IA 50529	Humboldt: 515-332-3631	www.udmo.com	HUM	Provides family development and promotes self sufficiency. Services include; energy assistance, food assistance, baby room, and other supportive programs for parents.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Upper Des Moines Opportunity	Wright County Outreach 221 W. Broadway Eagle Grove, Iowa 50533	Wright: 515-448-3704	www.udmo.com	WRT	Provides family development and promotes self sufficiency. Services include; energy assistance, food assistance, baby room, and other supportive programs for parents.
USDA Rural Development Area Office	1301 6th Avenue North Humboldt, Iowa 50548	515-332-4411	www.rd.usda.gov/ia	ALL	Provides loans and grants for rural areas. Helps people by; buying homes, fixing homes, health and safety concerns, rent assistance, and subsidized apartments.
YWCA Life Empowerment Center	826 1st Avenue North Fort Dodge, Iowa 50501	515-573-3931	www.ywca.org/site/fortdodge jasonf@ywcafd.org	ALL	Provides a shelter for victims of abuse (women and children). A full continuum of residential treatment and care for women and children.
DEPARTMENT OF HUMAN SERVICES					
Program	Address	Phone	Website/E-mail	Co.	Description
Cerro Gordo County DHS Office	22 N Georgia, Ste 1 Mason City, IA 50401	641-424-8641; Fax 641-424-1759	http://dhs.iowa.gov/ccerro01@dhs.state.iowa.us	WRT	Provides assistance with Title 19, Temporary Assistance for Needy Families (TANF), low income childcare assistance, and Family Investment Program (FIP)
Hamilton County DHS Office	1900 Superior St. Webster City, IA 50595	515-832-9555; Fax 515-832-9560	CHamil01@dhs.state.iowa.us	HAM	Child and dependent adult welfare services
Income Maintenance Supervisor - Deb Mandal	23 N Georgia, Ste 1 Mason City, IA 50401	641-421-1261	dmandal@dhs.state.iowa.us	WRT	
Iowa Department of Human Services	Imaging Center 2 P.O. Box 11000 Waterloo, IA 50704	800-972-2017; Fax 515-564-4015	www.dhs.state.iowa.us	ALL	Local office and Online resource for application for Food Assistance (FA), Family Investment Program (FIP), Medicaid (including Nursing Facility), and Child Care Assistance - NOTE: Online is the fastest way to file and application

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Webster County DHS Office	330 1st Ave N. Fort Dodge, IA 50501	515-955-6353; Fax 515-573-1678	cwebst01@dhs.state.ia.us www.dhs.state.ia.us	HAM - HUM - WEB	Provides assistance with Title 19, Temporary Assistance for Needy Families (TANF), low income childcare assistance, and Family Investment Program (FIP)
Webster County Income Maintenance	331 1st Ave N. Fort Dodge, IA 50501	Beth: 515-573-1655 Toll Free: 1-877-529-6873 Local: 515-955-6353	Income Maintenance Supervisor for Webster County DHS - Beth Wickwire: bwickwi@dhs.state.ia.us	HAM - HUM - WEB	
OTHER DHS SERVICES					
Program	Address	Phone	Website/E-mail	Co.	Description
Centralized Nursing Facility Eligibility Unit	Imaging Center 1 Iowa Department of Human Services 417 E Kanesville Blvd Council Bluffs, IA 51503	Toll Free: 800-944-1764; Fax 515-564-4040	facilities@dhs.state.ia.us www.dhs.ia.gov	ALL	Processes Nursing Facility Applications
Centralized Service Intake Unit (CSIU) - Child Abuse Intake - Domestic Adult Abuse Intake	Centralized Services Intake Unit Unit (CSIU) P.O. Box 4826 Des Moines, IA 50305	800-362-2178	www.dhs.iowa.gov	ALL	To report suspected child/adult abuse.
Child Support Recovery Unit	Ft. Dodge, IA	641-494-5957	http://dhs.iowa.gov/child-support	ALL	
FIP Electronic Access Card (EAC)		866-899-5611	www.EPPICard.com	ALL	To activate a card or report stolen, lost, damaged food cards.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Food Assistance Card (EBT)		800-359-5802	www.connectebt.com	ALL	To activate a card or report stolen, lost, damaged food cards.
IM Customer Service Call Center		1-877-347-5678; Fax 515-564-4041	IMCustomerSC@dhs.state.ia.us	ALL	Office to report any changes (address, income/deductions, household members)
Iowa Medicaid Enterprise (IME)	100 Army Post Road Des Moines, IA 50315	800-338-8366	www.dhs.iowa.gov	ALL	For medical billing and covered services.
FOOD PANTRIES					
Program	Address	Phone	Website/E-mail	Co.	Description
Angel Food Ministries	Church of Christ 905 Des Moines Street Webster City, Iowa 50595	Church of Christ: 515- 832-2232	<a href="mailto:webstercitycoc@qwes
toffice.net">webstercitycoc@qwes toffice.net <a href="http://www.webstercitychu
rch.com">www.webstercitychu rch.com	HAM	Provides food packages to families who meet income requirements.
ACE/Asbury Food Pantry	1440 E. 2nd Street Webster City, Iowa 50595	515-832-4153			For families and members of the community in need. 11am-1pm and 5-7 pm on the 2nd and 4th Thursday of the month.
Belmond Mobile Pantry Food Bank of Iowa	Belmond Mobile Pantry 304 3rd Avenue Belmond IA 50421 United States	515-564-0330	www.foodbankiowa.org	WRT	Contact your local church. Program provides food packages to families who qualify.
Catholic Food Pantry (Corpus Christi Church)	415 8th Street North Fort Dodge, Iowa 50501	515-955-6077	holytrinitywci.org/cat holic-food-pantry	WEB	Provides food packages to families who meet income requirements.
Churches of Lehigh	386 Spencer Hill, Lehigh IA 50557	515-359-2329	revsdnj@wccta.net	WEB	Provides food packages to families who meet income requirements.
Clarion Food Pantry	Church of Christ	515-532-3221	www.foodbankiowa.org/agency/mosaic-clarion	WRT	Leave a message and they will contact you.
Dows Food Pantry		Contact your local church		WRT	

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Eagle Grove Food Pantry	Eagle Grove Mobile Pantry 200 S. Park Avenue Eagle Grove IA 50533 United States	515-448-4432		WRT	Provides food packages to families in the Eagle Grove School District. No income guidelines. Limited number of bags during a 3 month period.
Emanuel Lutheran Church Food Pantry	208 2nd Avenue NW Dayton, Iowa	515-547-2405	emanuellutheran.wix.com/emanuelluthday	WEB	Provides food packages to families who meet income requirements.
Humboldt County Food Pantry	2221 220th Street Humboldt, Iowa 50548	515-332-2480		HUM	Provides assistance with food packages/vouchers for those who qualify.
Lord's Cupboard	439 Main Street Jewell, Iowa 50130	515-827-5148		HAM	Provides food packages to families who meet income requirements.
Lord's Cupboard Food Pantry (First United Methodist Church)	127 North 10th St Fort Dodge, Iowa 50501	515-576-7586	lordscupboardfd@hotmail.com www.fumcfd.org	WEB	Provides a food package upon referral from DHS.
Proteus	107 1st Ave North Fort Dodge, Iowa 50501	515-573-8225; 800-798-8225	www.proteusinc.net mattw@proteusinc.net	WEB	Job Training, Health Care, Assistance
Salvation Army Food Pantry	126 N 7th St Fort Dodge, Iowa 50501	515-576-1281	www.usc.salvationarmy.org RonaldCook@usc.salvationarmy.org CarolCook@usc.salvationarmy.org	WEB	Provides emergency food and nutrition programs. Emergency medical assistance depending on funding available.
Stratford Community Food Pantry	Stratford, Iowa 50249	515-838-2173; 515-838-2440		HAM	Provides food packages to families who meet income requirements.
Trinity Lutheran Church	1229 Kathy Lane Webster City, IA 505095	515-832-2220		HAM	Provides food packages to families who meet income requirements.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

United Methodist Church Food Pantry	107 3rd Street NW Dayton, Iowa	515-547-2225		WEB	Provides food packages to families who meet income requirements.
Upper Des Moines Food Pantry	711 Seneca Street Webster City, Iowa 50595	515-832-6451	www.udmo.com	HAM	Provides assistance with food and non-food items for those who qualify.
Upper Des Moines Food Pantry	113 West Broadway Eagle Grove, Iowa 50533	515-448-3704	www.udmo.com	WRT	Provides assistance with food surplus food items for those who qualify.
Webster County SHARE- New Covenant Christian Church	3318 5th Avenue South Fort Dodge, Iowa 50501	515-955-6222		WEB	Provides a monthly food package for a reduced fee, plus community service.
FOOD RESOURCES					
Program	Address	Phone	Website/E-mail	Co.	Description
Family Nutrition Program	Webster City Fort Dodge Humboldt	515-832-9597 515-576-2119 515-532-3453	bwollan@iastate.edu	HAM WEB WRT	One-on-one or small group workshops on nutrition, food budgeting, and low-cost meal planning for families with children ages 10 & under
Food Stamps Hotline		Customer Service: 800-359-5802	www.iowalegalaid.org	ALL	Provides General information, food stamp guidelines, and food stamp benefit information.
Iowa Women, Infants, and Children Program (WIC)	Webster County Public Health 723 1st Ave. South Fort Dodge, Iowa 50501	Webster: 515-573-4107 Hamilton: 800-873-1473 Wright: 800-944-1713 Humboldt: 515-332-2492	idph.iowa.gov/WIC	ALL	Supplemental Food Program for Pregnant women and children under five years.
Iowa Women, Infants, and Children Program (WIC)	820 James Street Webster City, Iowa 50595	Hamilton: 515-832-9565	marilynm@hamiltoncountypublichealth.com	ALL	Supplemental Food Program for Pregnant women and children under five years.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Iowa Women, Infants, and Children Program (WIC)	Faith United Methodist Church 107 4th St N. Humboldt, Iowa 50548	Public Health: 515-281-7869 Church: 515-332-2083	fumcfnce@goldfieldaccess.net	ALL	Supplemental Food Program for Pregnant women and children under five years.
Iowa Women, Infants, and Children Program (WIC)	Wright County Health Department 115 1st Street SE Clarion, IA 50525	515-532-3461	www.wrightcountypublichealth.org	ALL	Supplemental Food Program for Pregnant women and children under five years.
Salvation Army	126 N 7th Street Fort Dodge, Iowa 50501	515-576-1281	www.usc.salvationarmy.org www.fortdodgeresources.com	ALL	Provides a noon meal for those in need.
Spend Smart-Eat Smart			www.extension.iastate.edu/foodsavings foodsavings@iastate.edu	ALL	Vast on-line resource for healthy food on a budget, including recipes, videos, meal planning tools and shopping strategies.

MILITARY/VETERAN SERVICES

Program	Address	Phone	Website/E-mail	Co.	Description
Family Assistance-National Guard	1659 Nelson Avenue Fort Dodge, IA 50501	515-573-3851 Fax: 515-727-3103	www.iowanationalguard.com	ALL	Provides assistance with financial issues, coping with deployed soldiers, and child care.
Fort Dodge Human Rights Commission	819 1st Avenue S. Fort Dodge, IA 50501	Webster County Human Services: 515-955-6353 515-576-2201	www.fortdodgeiowa.org aholmes@fortdodgeiowa.org	WEB	Provides services to eliminate discrimination through; law enforcement, education, and community outreach. Also provides mediation services.
Hamilton County Veteran's Affairs	500 Fair Meadow Dr. Webster City, IA 50595	515-832-9595	www.hamiltoncounty.org/departments/veteran_s_affairs/index.php	HAM	Provides financial aid for veterans and their widows.
Humboldt County Veteran's Affairs	620 Sumner P.O. Box 331 Am. Legion, Humboldt, IA 50548	515-604-6256	www.humboldtcountyia.org/office/veterans-affairs	HUM	Provides financial aid for veterans and their widows according to guidelines.
Unity Point (Trimark) VA Clinic	2419 2nd Ave North Fort Dodge, IA 50501	515-576-2235; Clinic: 800-622-8317	www.unitypoint.org/fortdodge/	ALL	

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Webster County Veteran's Affairs	723 1st Ave. South Fort Dodge, IA 50501	515-576-0428; Director: 515-573- 1479	webstercountyia .org	WEB	Provides financial aid for veterans and their widows.
Wright County Verteran's Affairs	120 1st Ave NW Clarion, IA 50525	515-602-6208; 515- 293-0128	coliver@ co.wright.ia.us	WRT	Provides financial aid for veterans and their widows.
FINANCIAL					
Program	Address	Phone	Website/E-mail	Co.	Description
First Children's Finance	501 Sycamore Street Waterloo, Iowa 50703	319-234-2665; Fax 319-234-2706; Regional Director: 563- 271-9890	www.firstchildrens finance.org heidi@firstchildrensf inance.org	ALL	Provides financial and business-development assistance to high-quality child care businesses serving low- and moderate-income families.
Free Tax Preparation/VITA (Volunteer Income Tax Assistance)	ISU Extension and Outreach 311 Bank St, Webster City, IA	515-297-1543 (during tax season) OR 515-832-9597	bwollan@iastate.edu willburn@iastate.edu	HAM	IRS-certified volunteers prepare and transmit income tax returns for low and moderate income households whose tax issues are within the scope of the program. By appointment.
Free Tax Preparation/VITA (Volunteer Income Tax Assistance)	Ellsworth Public Library 1549 DeWitt St, Ellsworth, IA	515-836-4852	bwollan@iastate.edu willburn@iastate.edu	HAM	IRS-certified volunteers prepare and transmit income tax returns for low and moderate income households whose tax issues are within the scope of the program. By appointment.
Free Tax Preparation/VITA (Volunteer Income Tax Assistance)	Humboldt Public Library 30 6th St N Humboldt, IA	515-332-1925		HUM	IRS-certified volunteers prepare and transmit income tax returns for low and moderate income households whose tax issues are within the scope of the program. By appointment.
Free Tax Preparation/VITA (Volunteer Income Tax Assistance)	Fort Dodge Area Senior Center 617 Central Ave Fort Dodge, IA	515-573-3429		WEB	IRS-certified volunteers prepare and transmit income tax returns for low and moderate income households whose tax issues are within the scope of the program. By appointment.
Free Tax Preparation/VITA (Volunteer Income Tax Assistance)	Location TBA Sponsor: Fort Dodge Community Foundation and United Way 822 Central Av, Ste 405 Fort Dodge, IA	515-573-3170	volunteertax@ gmail.com (during tax season only)	WEB	IRS-certified volunteers prepare and transmit income tax returns for low and moderate income households whose tax issues are within the scope of the program. By appointment.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Free Tax Preparation/VITA (Volunteer Income Tax Assistance)	Dayton City Hall 202 1st Ave SW Dayton, IA	515-547-2711	www.unitedwaydm.org/vita bwollan@iastate.edu	WEB	IRS-certified volunteers prepare and transmit income tax returns for low and moderate income households whose tax issues are within the scope of the program. By appointment.
Free Tax Preparation/VITA (Volunteer Income Tax Assistance)	ISU Extension and Outreach 210 1st St SW Clarion, IA	515-532-3453	bwollan@iastate.edu	WRT	IRS-certified volunteers prepare and transmit income tax returns for low and moderate income households whose tax issues are within the scope of the program. By appointment.
Free Tax Preparation/VITA (Volunteer Income Tax Assistance)	Eagle Grove Memorial Library 101 So Cadwell Ave Eagle Grove, IA		bwollan@iastate.edu	WRT	IRS-certified volunteers prepare and transmit income tax returns for low and moderate income households whose tax issues are within the scope of the program. By appointment.
Iowa Consumer Credit Counseling		800-955-5765; 800-769-3571	www.consumercredit.com/iowa	ALL	Provides financial counseling.
Iowa Legal Aid	108 8th Street South Fort Dodge, Iowa 50501	Central Iowa: 800-532-1275	www.iowalegalaid.org	ALL	Provides legal help, consumer issues, civil rights, and education.
Iowa Legal Aid	South Central Regional Office 1111 9th Street Suite 230 Des Moines, Iowa 50314	515-280-3636; 800-532-1275	www.iowalegalaid.org	HAM	Provides free legal services. Priorities are set for problems with income maintenance, health, housing, family law, employment, consumer, education, and individual rights.
Legal Services Corporation of Iowa	North Central Regional Office 600 1st Street NW Mason City, Iowa 50401	641-423-4651	dwilson@iowalaw.org	HUM - WRT	
North Central Iowa Small Business Development Center	217 25th Street South Suite C-12 Fort Dodge, Iowa 50501	515-576-6242	kimberlyt@ncisbdc.com	ALL	Provides professional business counseling for small business on; planning, finance, human resources, management.
Proteus, Inc.	107 N 7th St. Fort Dodge, Iowa 50501	515-573-8225; 800-372-6031	proteusinc.net	ALL	Provides stipends for gas, tuition and other support services for agricultural workers.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Take Control of Your Money		ISU Extension and Outreach: 800-262-3804	www.extension.iastate.edu/families/take-control	ALL	Free on-line course covering the major elements of managing your finances successfully.
THRIFT SHOPS					
Program	Address	Phone	Website/E-mail	Co.	Description
Closet Consignments	419 Sumner Avenue Humboldt, Iowa 50548	515-332-3018	mcgrawfan93@yahoo.com	HUM	Provides a various selection of second hand clothing, shoes, bedding, toys, books, and music for discounted prices.
Goodwill Industries	2735 5th Avenue South Fort Dodge, Iowa 50501	515-955-4688	www.shopgoodwill.com	ALL	Provides a various selection of second hand clothing, shoes, bedding, house wares, toys, books, and music for discounted prices.
Key on Central	1030 Central Avenue Fort Dodge, Iowa 50501	515-573-4331	www.dsaoc.com/key-on-central	WEB	Provides a various selection of second hand clothing, shoes, bedding, house wares, toys, books, and music for discounted prices.
Proteus Inc.	107 N 7th St. Fort Dodge, Iowa 50501	515-573-8225	proteusinc.net	ALL	Provides clothing, health care, and education for seasonal/migrant, agricultural and farm workers.
Repeat Boutique	928 Central Avenue Fort Dodge, Iowa 50501	515-576-6982	repeatb@frontier.net	WEB	Provides a selection of second hand clothing for discounted prices.
Secrets	514 Front Street Moorland, Iowa 50566	515-549-3383	secretsresale@hotmail.com	ALL	Provides a selection of second hand clothing for discounted prices.
The Clothing Closet - First Baptist Church	28 10th Street North Fort Dodge, Iowa 50501	515-573-3517	firstbaptistfdia@gmail.com www.firstbaptistfortdodge.net	WEB	Provides free clothing to those in need. Open M-F 9-noon. Sizes infant through adults, no income guidelines and come as often as you like.
Trinkets and Treasures Boutique	501 Main Street Dakota City, Iowa 50529	515-604-4135		ALL	Provides a various selection of second hand clothing, shoes, bedding, house wares, toys, books, and music for discounted prices.
Village General Store	12 North 25th Street Fort Dodge, Iowa 50501	515-573-2272	www.oppvill.org	WEB	Serving adults with disabilities. Division of Northwoods Living
COMMUNITY SERVICES					

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Program	Address	Phone	Website/E-mail	Co.	Description
Humboldt County Community Services	Humboldt County Courthouse Dakota City, Iowa 50548	515-332-5205		HUM	Community Services is the county department that deals with the social services needs of county residents. The needs may be related to service needs for persons with disabilities, emergency financial assistance, or substance abuse.
Hamilton County Social Services	500 Fair Meadow Drive Webster City, Iowa 50595	515-832-9550	www.hamiltoncounty.org ptreibel@hamiltoncountymhsb.org	HAM	Emergency Assistance, Targeted Case Management, Friends Forever Social Education Center, County Social Work, Representative Payee, and Guardianship
North Central Iowa Case Management	120 1st Ave NW Suite 7 Clarion, IA 50525	515-602-6905	dhs.iowa.gov/mhds/disability-services/targeted-case-management	HUM WRT	Provides case management and community assistance. Provides services for individuals with disabilities such as, emergency financial assistance, substance abuse, and case management.
Webster County Community Services	330 1st Ave N Fort Dodge, Iowa 50501	515-573-1485	webstercountyiowa.org	WEB	Provides case management and community assistance. Provides services for individuals with disabilities such as, emergency financial assistance, substance abuse, and case management.
Wright County Social Services	120 1st Ave NW, Ste 1 Clarion, IA 50525	515-532-3309	www.wrightcounty.org	WRT	Provides services for individuals with disabilities such as, emergency financial assistance, substance abuse, and case management.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Program	Address	Phone	Website/E-mail	Co	Description
Berryhill Mental Health Center	802 Kenyon Rd. Fort Dodge, IA 50501	515-955-7171; 800-482-8305	www.unitypoint.org	ALL	Provides psychological and psychiatric counseling services
Catholic Charities-Catholic Social Services	1200 3rd Avenue NW Suite 1 Fort Dodge, Iowa 50501	515-576-4156	www.cathchar.com	ALL	Provides outpatient mental health counseling/therapy.
Children and Families of Iowa	111 Avenue O West Fort Dodge, Iowa 50501	515-573-2193	www.cfiowa.org	ALL	Provides individual and family counseling services, behavior health intervention services, private and international adoption licensing, Parent Partner, Child-Parent Psychotherapy, and anger management groups.
Coleman Counseling, Inc.	321 3rd, Eagle Grove, Iowa 50533	515-368-0150	colemancounseling@q.com	ALL	BHIS (Behavioral Health Intervention Services), adoption services, mental health/marriage therapy/Skill Development, and Supervised Visits
Community and Family Resources	500 Fair Meadow Dr. Suite A Webster City, Iowa 50595	515-576-7261	cfrhelps.org	HAM	Provides services to those with a substance abuse, tobacco, and gambling issues.
Community and Family Resources	19 S. 6th Street South Humboldt, Iowa 50548	515-576-7261	cfrhelps.org	HUM	Provides services to those with a substance abuse, tobacco, and gambling issues.
Community and Family Resources	726 17th Street South Fort Dodge, Iowa 50501	515-576-7261; 866-801-0085	cfrhelps.org	WEB	Provides services to those with a substance abuse, tobacco, and gambling issues.
Community and Family Resources	114 First Street SW, Clarion IA 50525	515-602-6562	cfrhelps.org	WRT	Provides services to those with a substance abuse, tobacco, and gambling issues.
Community Health Services	213 13th Avenue SW Clarion, Iowa 50525	515-532-6548	cfrhelps.org	ALL	Provides family and marriage counseling.
Community Mental Health - Berryhill Center	120 1st Ave NW Ste 2 Clarion, Iowa 50525	515-955-7171; 800-482-8305	www.unitypoint.org	ALL	Mental health counseling and support.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Community Mental Health - Berryhill Center	1000 North 15th Street Humboldt, IA 50548	515-955-7171; 800-482-8305	www.unitypoint.org	ALL	Mental health counseling and support.
Community Mental Health - Berryhill Center	1610 Collins St. Webster City, Iowa 50595	515-832-6626	www.unitypoint.org	ALL	Mental health counseling and support.
Concerned Inc.	112 North Commercial Avenue Eagle Grove, Iowa 50533	712-755-5834	www.concernedinc.com info@concernedinc.com	ALL	Provides a variety of mental health outpatient counseling services including; individual, relationship, parenting, and marriage therapy.
Crossroads Counseling and Consulting	711 Second Street Webster City, Iowa 50595	515-292-1813	www.crossroadsofiowa.com	ALL	Family, couple and individual counseling. Topics: depression, relationship conflicts, and life transitions - divorce, job and family changes.
CrossRoads Youth & Family Center - Support and Recovery Group	502 N. Main Street Goldfield, IA 50542	515-825-3383	xroads@ganiowa.com	HUM WEB WRT	A support and recovery group for anyone suffering from any form of hurts, hang-ups or addictions. Whether you are an addict or you have been negatively influenced by someone who is, we welcome you every Thursday evening at 6pm. Love, support and anonymity.
Genesis Mental Health Associates Julie Schneider, ARNP	1218 Central Avenue Fort Dodge, Iowa 50501	515-576-6441		WEB	Marriage & Family Counselors
ICCC, Student Counseling Center	One Triton Circle, Fort Dodge, Iowa 50501	515-574-1051	reuter@iowacentral.edu www.iowacentral.edu	ALL	Provides free, confidential counseling for registered students.
Iowa Concern Hotline	2150 Beardshear Hall, Ames, IA 50011-2031	800-447-1985	www.extension.iastate.edu/iowaconcern/search/content/iowa%20concern%20hotline	ALL	24/7 confidential assistance and referral for stress, legal questions, financial, and crisis issues. On-line database of frequently asked questions available, along with live on-line chat with counselors.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Lee and Associates Sarah Messmer	804 Kenyon Road Fort Dodge, Iowa 50501	515-574-6120		ALL	Provides psychiatric evaluations and mental health services.
Life Connections	Mason City, Marshalltown, Jefferson, Cedar Rapids, Davenport	Humboldt: 515-327-5195 Mason City: 641-903-7759 Marshalltown: 641-352-7759 Jefferson: 515-327-5195 Cedar Rapids: 319-364-1953 Davenport: 563-359-6750	contactus@lifeconnections4u.net www.lifeconnections4u.net	ALL	Skill building and therapy services. Individual family counseling, play therapy for children and marriage and family counseling available.
Life Line Resources	1605 1st Ave N, Suite 1 Fort Dodge, IA 50501	515-573-7374		ALL	Skill building and therapy services. Individual family counseling, play therapy for children and marriage and family counseling available.
Lincoln Mental Health	1728 Central Avenue Suite 14 Fort Dodge, Iowa 50501	515-955-1836	lincolnmentalhealthfd.com/contact-us/	ALL	Provides mental health evaluations in addition to; individual, couple, and family therapy.
Lutheran Family Services	409 Kenyon Rd. Suite C, Fort Dodge, Iowa 50501	515-573-3138	www.lfsiowa.org info@lfsiowa.org	WEB HAM	Individual, couple and family counseling, adoption services, pregnancy counseling.
Lutheran Services in Iowa	900 Central Ave, Suite 21 Fort Dodge, IA 50501	515-955-2199 Fax: 515-955-2161	LSIowa@LSIowa.org lsiowa.org	ALL	Provide services to children, youth and families, people with disabilities, the elderly and people of refugee status – helping people in times of need, strengthening families and advocating dignity and social justice for our neighbors in the community.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

McColley- Nicola Therapy Services Inc. Arlene Nicola, MSW, LISW	318 7th Ave N, Fort Dodge	515-573-3382	www.fortdodgeresources.com/resource-directory/229/mccolley-nicola-therapy-services-inc/	ALL	Provides individual, couple, and family therapy. By appointment only.
Mental Health Center of North Iowa	235 South Eisenhower Mason City, Iowa 50401	641-424-2075 800-700-4692	www.mhconi.org	ALL	Provides psychiatrists and social workers that deal with a variety of mental health issues.
Mid Iowa Family Therapy Clinic	900 Central Avenue Fort Dodge, Iowa 50501	515-573-5128	www.miftc.com	ALL	Community Care, comprehensive independent outpatient treatment and therapy services to children and adults under the Outpatient Services Program.
Miller Counseling Services, LLC	1611 First Ave. N., Suite 3, Fort Dodge	515-573-7682	millercounselingservices@gmail.com	ALL	Provides therapy for; adults, adolescents, children, couples and families.
Youth Shelter Services of Hamilton County (Youth and Family Center)	1611 Prospect Street Webster City, IA 50595	515-832-1061; 800-600-2330 (24 hours)	www.yss.ames.ia.us	HAM	Provides intervention and runaway services. Also offers individual, group, and family counseling.
YWCA Life Empowerment Center	826 1st Avenue North Fort Dodge, Iowa 50501	515-573-3931	davec@ywcafd.org	ALL	Provides a shelter for victims of abuse (women and children). Provides transitional housing for woman recovering from substance abuse. Full continuum of residential treatment for women and children.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Program	Address	Phone	Website/E-mail	Co.	Description
Blog: Let's Talk...Child Care			www.blogs.extension.iastate.edu/childcare/author/jltsmith/	ALL	Focuses on sharing information and resources to help early childhood professionals be their best. Also on Facebook and Twitter.
Building Families - Early Childhood Iowa Area	120 1st Ave NW, Suite 14 Clarion, IA 50525	515-602-6371	www.buildingfamilies.net mwalters@co.wright.ia.us	HAM HUM WRT	Distributes ECI Funding to agencies working to improve lives for children 0-5. Provides preschool scholarships for low income families.
Early ACCESS	606 Illinois Ave. Blairsburg, IA 50034	515-325-6085; 515-281-8634	www.aea8.k12.ia.us	ALL	Provides services to parents with children (0-3) who are experiencing developmental delays or children having a disability that would benefit from services to help them develop.
Early Childhood Educational Advisor	120 1st Ave NW, Suite 14 Clarion, IA 50525	515-602-6371	ashannon@carrollfrc.org	HAM HUM WRT	Monitors IQPPS requirements for preschools receiving scholarship funds. Conducts coaching visits to early care providers to assist in implementation of PBIS. Offers education/assessment on outdoor playground safety. Offers fingerprinting for record checks.
Family Resource Center	502 W 7th Street Carroll, Iowa 51401	712-792-6440; 800-999-5101	www.carrollfrc.org	HAM HUM WRT	Offers local community-based programs that assist, educate, and care for children and adults in the community. Their Child Care Project serves child care providers, preschools and centers to improve quality of care and early learning environments.
First Children's Finance	501 Sycamore Street Ste. 502 Waterloo, Iowa 50703	319-234-2665; Fax: 319-234-2706	www.firstchildrensfinance.org angie@firstchildrensfinance.org	ALL	Provides financial and business-development assistance to high-quality child care businesses serving low- and moderate-income families.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Iowa Child Care Resource and Referral	418 S Marion Street Remsen, IA 51050	877-216-8481	www.iowaccrr.org	ALL	Provides resources, education and advocacy to families, providers and community members to support quality child care.
Iowa State University Extension and Outreach Child Care Training	311 Bank St Webster City, IA 50595	515-832-9597	http://www.extension.iastate.edu/families/child-care-education-professionals mrader@iastate.edu	ALL	Provides education and information dedicated to improving the quality of early care and education. Check the DHS Training Registry for area programs.
Linking Families and Communities	822 Central Avenue Suite 340 Fort Dodge, Iowa 50501	515-955-5437	www.linking-families.com estanek@linking-families.com	WEB	Provides preschool scholarships for low income families.
Prairie Lakes Area Education Agency 8	500 NE 6th Street Pocahontas, Iowa 50574	712-335-3588 ext. 2040	www.aea8.k12.ia.us dwasko@aea8.k12.ia.us www.plaea.org/contact-us	ALL	Provides services in early childhood needs and special education needs concerning a wide variety of areas.
Prairie Lakes Area Education Agency 8	1235 5th Ave South Fort Dodge, Iowa 50501	515-574-5500 ext. 2110	www.aea8.k12.ia.us dwasko@aea8.k12.ia.us mdowd@plaea.org	ALL	Provides services in early childhood needs and special education needs concerning a wide variety of areas.
YOUR, Inc. Head Start Zero-Five	214 13th Street South Fort Dodge, Iowa 50501	515-573-2453 (Central); 515-573-2882 (Maple Drive); 515-574-5740 (Riverside)	www.yourhs-ehs.org/locations/	ALL	Provides preschool and home visitor programs for children Prenatal-5 years old.
PRESCHOOLS					
Program	Address	Phone	Website/E-mail	Co.	Description
Hamilton County					

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Asbury Methodist Preschool	723 Bank Street Webster City, Iowa 50595	515-832-5369	www.asburywc.org/default.asp?sec_id=180012459	HAM	Provides a licensed preschool for children ages 3-5yrs. Building Families scholarships accepted.
Northeast Hamilton Preschool	606 Illinois Street Blairsburg, Iowa 50034	515-325-6234	www.nehamilton.k12.ia.us www.northeasthamilton.org	HAM	Licensed child care 6 weeks to 12 years. Provides early childhood special education developmental preschool classroom. Building Families scholarships accepted.
Riverview Early Childhood Center	705 Odell Street Webster City, Iowa 50595	515-832-9240	www.riverviewearlychildhoodcenter.org rosiem4@yahoo.com	HAM	We offer licensed child care for children 6 wks to 12 years. Free 4 yr old preschool; 3 year old preschool - accepts Building Families scholarships.
St Thomas Aquinas Preschool	624 Dubuque Street Webster City, Iowa 50501	St. Thomas Aquinas- Webster City: 515-832-1190; 515-832-1346	stthomaswc.org	HAM	Provides a licensed preschool for children ages 3-5yrs. Building Families scholarships accepted.
St. Paul Lutheran Preschool	1005 Beach Street Webster City, Iowa 50595	515-832-3043	stpaullewc.com	HAM	Provides a licensed preschool for children ages 3-5yrs. Building Families scholarships accepted.
Stratford Preschool	1000 Shakespeare Stratford, Iowa 50249	515-838-2208	www.stratford.k12.ia.us	HAM	Provides preschool for income eligible 4 yr. olds, Early Learning Center; state 4yr. Olds and Pre-K.
Stratford Early Learning Center	1000 Shakespeare P.O. Box 190 Stratford, Iowa 50249	515-838-2204	www.stratford.k12.ia.us	HAM	Provides preschool experiences for 2-3 yr. olds. Building Families scholarships accepted.
Webster City Daycare	1317 Beach Street Webster City, Iowa 50595	515-832-6473		HAM	Child Care Center
YOUR, Inc. Head Start Zero-Five	1317 Beach Street Webster City, Iowa 50595	Hamilton: 515-832-3285	www.youhs-ehs.org	HAM	Provides preschool and home visitor programs for children Prenatal-5 years old.
Humboldt County					

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Kings Kids	905 13th Street SW Humboldt, Iowa 50548	515-890-0492	kingskids@oakhillhumboldt.org	HUM	Provides a licensed preschool for children ages 3-5yrs.
St Mary's Shining Stars Pre- K	303 3rd Avenue North Humboldt, Iowa 50548	515-332-2134	smssec@goldfieldaccess.net www.stmaryhumboldt.org	HUM	Provides a licensed Pre-K program for children 4 years of age.
Thundertots Child Care Center	405 SE E Ave Gilmore City, IA 50541	515-373-6020		HUM	Child Care 6 weeks - 12 years old
Thundertots Preschool	402 SE E Ave, Gilmore City, IA 50541	515-373-6124		HUM	Preschool for three and four year olds. Building Families scholarships accepted.
Twin Rivers Elementary Preschool	200 College Avenue Bode, IA 50519	515-379-1309	www.tr.k12.ia.us	HUM	Preschool for three and four year olds. Building Families scholarships accepted.
St. Mary's Rising Stars	303 3rd Avenue North Humboldt, Iowa 50548	515-332-2134	smssec@goldfieldaccess.net www.stmaryhumboldt.org	HUM	Provides a licensed preschool for children age 3yrs. Building Families scholarships accepted.
YOUR, Inc. Head Start Zero-Five	401 Main Street Dakota City, Iowa 50529	515-332-3193	www.youhs-ehs.org	HUM	Provides preschool and home visitor programs for children Prenatal-5 years old.
Zion Lutheran Preschool	1005 11th Ave N Humboldt, Iowa 50548	515-332-3279	zioninhumboldt.org	HUM	Provides a licensed preschool for children ages 3-5yrs. Building Families scholarships accepted.
Webster County					
Childcare Discovery Center	2329 1st Avenue South Fort Dodge, Iowa 50501	515-576-6771	www.childcarediscoverycenter.com ourworld@childcarediscoverycenter.com	WEB	Provides a licensed preschool for children ages 3-5yrs.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Community Christian Preschool	2406 9-1/2 Avenue South Fort Dodge, IA 50501	515-573-3011; Fax: 515-573-5425	www.ccsfd.org ccsoffice@ccsfd.org	WEB	Provides a licensed preschool for children ages 3-4yrs.
Community Early Childhood Center	1315 24th Street South Fort Dodge, Iowa 50501	515-573-5461	cdcpc@mchsi.com	WEB	Provides a licensed childcare.
Dodger Preschool	1611 Williams Drive Fort Dodge, Iowa 50501	515-955-6060		WEB	Provides a licensed preschool for children ages 3-5yrs.
Prairie Valley Elementary	3116 Zearing Ave Farnhamville, IA 50538	515-467-5700	www.prairievalley.k12.ia.us	WEB	Provides a licensed preschool for children age 4yrs.
Prince of Peace Preschool	1023 S 27th Street Fort Dodge, Iowa 50501	515-573-8618	www.princeofpeacefd.com	WEB	Provides a licensed preschool for children ages 3-5yrs.
Southeast Webster Grand Daycare	104 2nd Street Dayton, Iowa 50530	515-547-2200		WEB	Provides a licensed preschool for children ages 3-5yrs.
St. Edmond's Preschool	2220 4th Avenue North Fort Dodge, Iowa 50501	515-955-6077	www.st-edmond.pvt.k12.ia.us	WEB	Provides a licensed preschool for children ages 4-5yrs.
St. Paul's Lutheran School	1217 4th Avenue South Fort Dodge, Iowa 50501	515-955-7208	www.stpaulschoolfd.org	WEB	Provides a licensed preschool for children ages 3-5yrs. Kindergarten through 8th grade
Tracey's Tots	109 8th Street South Fort Dodge, Iowa 50501	515-576-5437	www.traceystotsdaycare.com	WEB	Provides a licensed preschool for children ages 3-5yrs.
YOUR, Inc. Head Start Zero-Five	Central Office Location 214 13th Street South Fort Dodge, Iowa 50501	515-573-2453 ext. 205	www.youhs-ehs.org	WEB	Provides preschool and home visitor programs for children Prenatal-5 years old. Programs are offered at the Maple Drive Office and Riverside.
Wright County					

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Belmond-Klemme Preschool	503 4th Street NE Belmond, Iowa 50421	641-444-4300 ext.421	www.bkcsd.org	WRT	Provides a licensed preschool for children ages 3-4yrs. Accepts Building Families Scholarships.
Clarion-Goldfield Elementary Preschool	120 Central Ave. E., 3rd Clarion, Iowa 50525	515-532-3423	www.clargold.org	WRT	Provides preschool for children 3-4 years old. Also welcomes children with special needs. Accepts Building Families Scholarships.
Dows Preschool	404 Park Avenue Dows, Iowa 50071	515-852-4162	www.dows.k12.ia.us	WRT	Provides a licensed preschool for children ages 3-5yrs.
Eagle Grove Preschool		515-448-3126	childcarecenter.us	WRT	Provides a licensed preschool for children ages 3-4yrs. Accepts Building Families Scholarships.
Eagle's Wings/ Early Childhood Program	600 NE 2nd Street Eagle Grove, Iowa 50533	515-603-3621		WRT	Provides child education, family literacy activities, parent/child interaction activities, social services, and resource referrals; a shared classroom with Early Learning Center.
Trinity Lutheran Church Preschool	315 4th Ave NE Belmond, Iowa 50421	641-444-4149		WRT	Provides a licensed preschool for children ages 3-5yrs. Accepts Building Families Scholarships.
YOUR, Inc. Head Start Zero-Five	214 S. 13th Street Fort Dodge, IA 50501	515-573-2453	www.youhs-ehs.org	WRT	Provides preschool and home visitor programs for children Prenatal-5 years old.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Program	Address	Phone	Website/E-mail	Co.	Description
Hamilton County Economic Development	P.O. Box 474 2490 Briggs Woods Trail, Webster City, Iowa 50595	515-832-9575	develop.hamiltoncounty iowa.com seed@hamiltoncounty.org	HAM	Provides help with economic development including; business start-up and expansion, event planning, and tourism activities.
Iowa Workforce Development Center - Region 5 Fort Dodge IowaWORKS Center	Three Triton Circle Fort Dodge, Iowa 50501	515-576-3131; Fax 515-955-1420	www.iowajobs.org www.iowaworkforce.org	ALL	Provides job information, assistance, with finding employment, and filing for unemployment.
Iowa Workforce Development Center - Region 5 Webster City IowaWORKS Center	403 Elm Street Webster City, Iowa 50595	515-832-5261; Fax 515-832-3562	www.iowajobs.org www.iowaworkforce.org	ALL	Provides job information, assistance, with finding employment, and filing for unemployment.
LifeWorks Community Services - Vocational Services	1303 A Street Fort Dodge, Iowa 50501	515-576-2126	www.lifeworks communityservices.org www.lifeworks communityservices.org	ALL	Provide opportunities for growth and achievement for persons with disabilities who face barriers to independence and integration in employment and daily living.
Manpower	822 Central Avenue Suite 401 Fort Dodge, Iowa 50501	515-573-5457; Fax 515-955-8934	www.manpower.us	ALL	We offer employers a range of services, including permanent, temporary and contract recruitment; employee assessment and selection; training and consulting.
North Central Iowa Small Business Development Center	217 25th Street South Suite C-12 Fort Dodge, Iowa 50501	515-576-6242	http://iowasbdc.org/	ALL	Provides professional business counseling for small business on; planning, finance, human resources, management.
Proteus Inc.	107 N 7th St. Fort Dodge, Iowa 50501	515-573-8225	proteusinc.net	ALL	Employment/training for seasonal/migrant farm workers.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

QPS Employment Group	1426 Central Ave Fort Dodge, Iowa 50501	515-955-5575	www.qpsemplyment.com	ALL	Provides employment solutions with a focus on providing high quality temporary staffing services for Iowa employees and Iowa companies. Whether on a temporary, temp-to-hire or direct-placement basis, we provide an array of employment related support services.
Service Corps of Retired Executives (SCORE)	217 25th Street South Suite C-12 Fort Dodge, Iowa 50501	515-955-2622	https://www.score.org/	WEB	Provides business management training.
Spherion	900 Central Avenue Suite 25 Fort Dodge, Iowa 50501	515-573-1022; Hotline: 888- 218-4417	www.spherion.com	WEB	Provides temporary employment in a number of fields that have the potential to turn into full-time employment.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Program	Address	Phone	Website/E-mail	Co.	Description
Bee Inspired Program	120 1st Ave NW Suite 14 Clarion, IA 50525	515-602-6371	larson@co.wright.ia.us	HAM HUM WRT	Provides programming on various topics to youth (ages 13-19), parents, caregivers, schools, and other adults/community members. Topics include sexual health education (i.e. online safety, relationships, STD/Teen Pregnancy Prevention), youth leadership and service-learning, and more. Available to offer resources & referrals to empower all adolescents to make healthy informed decisions through education and community awareness.
Family Nutrition Program- ISU Extension	217 So. 25th Street Suite C12 Ft Dodge, IA 50501	515-576-2119	maschino@iastate.edu www.extension.iastate.edu/webster/staff/maschino	ALL	Nutrition and low cost meal education for households with children ages 10 and under.
Parent Connection	120 1st Ave NW Suite 14 Clarion, IA 50525	515-602-6371	www.buildingfamilies.net awesselink@co.wright.ia.us	HAM HUM WRT	Provides support services through group and in-home parent education, service coordination, developmental screens, and preschool parent nights. Coordinates the Prevent Child Abuse Council.
Proteus, Inc.	107 N 7th St. Fort Dodge, IA 50501	515-573-8225	www.proteusinc.net	ALL	Educational opportunities for migrant/seasonal workers.
Webster County Health Department: I-Smile Program	723 1st Ave South Fort Dodge, Iowa 50501	515-574-3815 515-573-4107	www.webstercountyia.org cindy.partlow@webstercountyia.org	ALL	Provides assistance to families concerning finding a dentist and making appointments.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Iowa Central Job Training Program Workforce Investment Act (WIA)	3 Triton Circle Fort Dodge, Iowa 50501	515-832-4153 515-576-7459	www.acecommunitycenter.org/ office@acecommunitycenter.org	WEB	Provides assistance to individuals in obtaining assistance at no cost.
CULTURAL EDUCATIONAL ASSISTANCE					
Program	Address	Phone	Website/E-mail	Co.	Description
All Cultures Equal	1440 2nd Street East Webster City, Iowa 50595	515-832-4153		ALL	Provides opportunities for cultural exchange. Services include; GED classes, free medical clinic, social workers, and interpreters.
Iowa Central Community College Adult Literary Program	One Triton Circle Fort Dodge, Iowa 50501	515-574-1959 (Ann Waynar)	www.iowacentral.edu waynar@iowacentral.edu	WEB	Provides free GED classes, learning classes, and learning to speak English classes.
ISU EXTENSION					
Program	Address	Phone	Website/E-mail	Co.	Description
Iowa State University Extension and Outreach, Hamilton County	311 Bank St Webster City, IA 50595	515-832-9597	www.extension.iastate.edu/hamilton	HAM	Research-based information and education via telephone, internet, print materials, and workshops. Topics include family finance, nutrition & health, parenting, community & youth development, horticulture, agriculture, & more.
Family Nutrition Program	Webster City Ft. Dodge Humboldt	515-832-9597 515-576-2119 515-532-3453		HAM WEB WRT	One-on-one or small group workshops on nutrition, food budgeting, and low-cost meal planning for families with children ages 10 & under

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Iowa State University Extension and Outreach, Humboldt County	727 Sumner Ave Humboldt, IA 50548	515-332-2201	www.extension.iastate.edu/humboldt	HUM	Research-based information and education via telephone, internet, print materials, and workshops. Topics include family finance, nutrition & health, parenting, community & youth development, horticulture, agriculture, & more.
Iowa State University Extension and Outreach, Webster County	217 South 25th St Fort Dodge, IA 50501	515-576-2119	www.extension.iastate.edu/webster	WEB	Research-based information and education via telephone, internet, print materials, and workshops. Topics include family finance, nutrition & health, parenting, community & youth development, horticulture, agriculture, & more.
Iowa State University Extension and Outreach, Wright County	210 First St SW Clarion, IA 50525	515-532-3453	www.extension.iastate.edu/wright	WRT	Research-based information and education via telephone, internet, print materials, and workshops. Topics include family finance, nutrition & health, parenting, community & youth development, horticulture, agriculture, & more.

COLLEGES

Program	Address	Phone	Website/E-mail	Co.	Description
Buena Vista University (Fort Dodge Campus)	One Triton Circle, Liberal Arts Bldg. Fort Dodge, Iowa 50501	515-576-4881; 712- 749-1914	www.bvu.edu ftdodge@bv.edu	ALL	Provides the opportunity for bachelor degrees face-to-face and online.
GED Program- Iowa Central Community College	One Triton Circle Fort Dodge, Iowa 50501	800-362-2793 ext. 1955	www.iowacentral.edu	ALL	Iowa High School Equivalency Diploma- General Educational Development (GED)
Iowa Central Community College	One Triton Circle Fort Dodge, Iowa 50501	800-362-2793; 515- 576-7201	www.iowacentral.edu	ALL	Offering AA degrees and adult education programs.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Iowa Central Community College	1725 Beach Street Webster City, Iowa 50595	515-832-1632	www.iowacentral.edu	ALL	Offering AA degrees and adult education programs.
SCHOOL DISTRICTS (K-12)					
Program	Address	Phone	Website/E-mail	Co.	Description
Belmond-Klemme Junior-Senior High School	411 10th Ave. NE Belmond, Iowa 50421	641-444-4300 ext. 321	www.bkcsd.org	WRT	Provides education for youth 7-12th grades for those in the district and those outside of the district per approval.
Bode - Twin Rivers Elementary	202 College Ave. Bode, IA 50519	515-379-1309 Fax 515-379-1645	www.trv.k12.ia.us	HUB	Provides education for children preschool - 5th Grade
Butler Elementary	945 South 18th Street Ft. Dodge, IA 50501	515-574-5882	www.fort-dodge.k12.ia.us	WEB	K-4th
Clarion-Goldfield-Dows	319 3rd Ave NE Clarion, Iowa 50525	515-532-3423	www.clargold.org rolson@clargold.org	WRT	Provides education for children kindergarten-12th grade.
Community Christian	2405 9-1/2 Ave S Fort Dodge, Iowa 50501	515-573-3011; 515-573-5425 (fax)	www.ccsfd.org ccsoffice@ccsfd.org	WEB	Community Christian School is a non-denominational school serving grades preschool through eight.
Cooper Elementary	2420 14th Avenue North Ft. Dodge, IA 50501	515-574-5602	www.fdschools.org/schools/cooper-elementary/	WEB	PK-4
Dayton Elementary	104 2nd St NW Dayton, IA 50530	515-547-2314	www.southeastvalley.org	WEB	Preschool-3rd grades
Duncombe Elementary	615 North 16th Street Ft. Dodge, IA 50501	515-574-5623	www.fdschools.org/schools/duncombe-elementary/	WEB	PK-4
Eagle Grove Elementary School	425 N. Fort Eagle Grove, IA 50533	515-448-3126	www.eagle-grove.k12.ia.us	WRT	Provides education for children kindergarten-5th grade.
Eagle Grove High School	415 NW 2nd St. Eagle Grove, IA 50533	515-448-5143	www.eagle-grove.k12.ia.us	WRT	Provides education for children 9th- 12th grade.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Eagle Grove Middle School	1015 NW 2nd St. Eagle Grove, IA 50533	515-448-4767	www.eagle-grove.k12.ia.us	WRT	Provides education for children 6th-8th grade.
Farnhamville Elementary	3116 Zearing Ave. Farnhamville, Iowa 50538	515-467-5700	www.southeastvalley.org	WEB	
Feelhaver Elementary	1300 14th Avenue North Ft. Dodge, IA 50501	515-574-5680	www.fdschools.org/schools/feelhaver-elementary/	WEB	K-4
Fort Dodge Community Schools	104 South 17th Street Fort Dodge, IA 50501	515-576-1161; Fax 515-576-1988	fdschools.org	WEB	Provides education for children PK - 12th grade.
Fort Dodge Middle School	800 N. 32nd St. Ft. Dodge, IA 50501	Admin: 515-574-5691	www.fdschools.org/schools/fort-dodge-middle-school/	WEB	5th through 8th grades
Fort Dodge Senior High	819 North 25th Street Ft. Dodge, IA 50501	515-955-1770	www.fdschools.org/schools/fort-dodge-senior-high/	WEB	9th to 12th grades
Gilmore City/Bradgate Community School District	402 SE E Ave. Gilmore City, IA 50541	515-373-6619	greatstartclosetohome.org	HUM	Provides education for children PK - 6th grade.
Humboldt School District	23 3rd St. N Dakota City, IA 50529	515-332-3578	humboldt.k12.ia.us	HUM	Provides education for children kindergarten-12th grade.
Northeast Hamilton Elementary School	606 Illinois St Blairsburg, IA 50034	515-325-6234	www.northeasthamilton.org	HAM	Provides education for children kindergarten-8th grade.
Pleasant View Elementary	1901 Willson Ave. Webster City, IA 50595	515-832-9241	www.webster-city.k12.ia.us/pv	HAM	Pre K-1st grades

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Richard O. Jacobson Elementary	1004 7th Street NE Belmond, IA 50421	641-444-4300 ext. 321	www.bkcsd.org	WRT	Provides education for children preschool- 6th grade for those in the district and those outside of the district per approval.
Riverside Early Learning center	733 F Street Ft. Dodge, IA 50501	515-574-5740	www.fdschools.org/schools/riverside-early-learning-center/	WEB	Preschool, transitional kindergarten, and 1 regular kindergarten
Saint Edmond Catholic Middle/High School	501 North 22nd. Street Ft. Dodge, IA 50501	515-955-5850	mccoy@st-edmond.com www.st-edmond.pvt.k12.ia.us	WEB	Provides education for children preschool-12th grade.
Saint Edmond Elementary	2220 4th Avenue North Ft. Dodge, IA 50501	515-576-5182	www.st-edmond.pvt.k12.ia.us	WEB	Elementary grades
Saint Mary's School	303 3rd Avenue North Humboldt, Iowa 50548	515-332-2134	www.stmaryhumboldt.org	HUM	Provides education for children preschool-6th grade.
Saint Paul Lutheran	1217 4th Ave. S. Ft. Dodge, IA 50501	515-955-7208	stpaulsc@frontiernet.net www.stpaulschoolfd.org	WEB	Provides education for children Pre-K-8th grade.
Saint Thomas Aquinas School	624 Dubuque St. Webster City, IA 50595	515-832-1346	www.stthomaswc.org	HAM	Provides education for children preschool-6th grade.
South Hamilton	315 Division St. Jewell, IA 50130	District Office: 515-827-5479	www.shhawks.com	HAM	Middle and Senior High School
South Hamilton Elementary	404 Blaine St. Jewell, IA 50130	515-827-5096	paul_hemphill@s-hamilton.k12.ia.us	HAM	Preschool through 6th grade.
Southeast Valley High School	1005 Riddle Street Gowrie, Iowa 50543	515-352-3142	www.southeastvalley.org	WEB	

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Southeast Valley Middle School	30850 Paragon Ave Burnside, Iowa 50521	515-359-2235	www.southeastvalley.org	WEB	
Southeast Webster-Grand Middle School	404 Walnut St Boxholm, IA 50040	515-846-6214	l_dane@se-webster.k12.ia.us	WEB	4th-6th grades
Stratford Community Schools	1000 Shakespeare Ave. Stratford, Iowa 50249	515-838-2208	jculberson@stratford.k12.ia.us www.stratford.k12.ia.us	HAM	Provides education for children preschool-6th grade.
Sunset Heights Elementary	1101 Boone St. Webster City, IA 50595	515-832-9245	www.webster-city.k12.ia.us/ss	HAM	2nd-4th grades
Twin Rivers	200 College Ave. Bode, IA 50519	515-379-1309	gdarling@humboldt.k12.ia.us	HUM	Preschool through elementary grades.
Webster City High School	1001 Lynx Ave. Webster City, IA 50595	515-832-9210	www.webster-city.k12.ia.us	HAM	9th-12th grades
Webster City Middle School	1101 Des Moines St. Webster City, IA 50595	515-832-9220	www.webster-city.k12.ia.us	HAM	5th - 8th grades
ALTERNATIVE SCHOOLS					
Program	Address	Phone	Website/E-mail	Co.	Description
Belmond-Klemme Alternative School	411 10th Ave NE Belmond, IA 5041	641-444-4430	www.bkcsd.org	WRT	Alternative high school experience for students not attending a regular high school
Clarion Goldfield Alternative School	1111 Willow Dr. Clarion, IA 50525	515-532-2895	clargold.org bentin@clargold.org	WRT	Alternative high school experience for students not attending a regular high school
Gordon Willard Alternative High School	104 S 17th Street Ft. Dodge, IA 50501	515-576-7305		WEB	Alternative high school experience for students not attending a regular high school
Hamilton Regional High School	ICCC Library Webster City, IA 50595	515-832-4217	cmann@webster-city.k12.ia.us	HAM	Alternative high school experience for students not attending a regular high school

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Humboldt Alternative School	23 3rd St N, P.O. Box 130 Dakota City, IA 50529	515-332-3374	www.humboldt.k12.ia.us . lwestoff@humboldt.k12.ia.us	HUM	Alternative school experience for students not attending a regular school
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Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Program	Address	Phone	Website/E-mail	Co	Description
Bee Inspired CAPP Program	120 1st Ave NW Suite 14, Clarion, IA 50525	515-602-6371 ext. 4	www.bee-inspired.org tlarson@co.wright.ia.us beeinspiredcapprogram@gmail.com	HAM HUM WRT	Provides programming on various topics to youth (ages 13-19), parents, caregivers, schools, and other adults/community members. Topics include sexual health education (i.e. online safety, relationships, STD/Teen Pregnancy Prevention), youth leadership and service-learning, and more. Available to offer resources & referrals to empower all adolescents to make healthy informed decisions through education and community awareness.
Blog: Science of Parenting			https://blogs.extension.iastate.edu/scienceofparenting/	ALL	Shares research based information and resources to help parents in their important role of raising children.
Building Families - Early Childhood Area	120 1st Ave NW Suite 14, Clarion, IA 50525	515-602-6371	www.buildingfamilies.net mwalters@co.wright.ia.us	HAM HUM WRT	Provides funding and coordination for family support, parent education, preschool scholarships, training for early childhood providers and oversees the Prevent Child Abuse and Community Adolescent Pregnancy Prevention programs.
Catholic Social Service	1200 3rd Ave NW Suite 1 Fort Dodge, Iowa 50501	515-576-4156		ALL	Provides pre-pregnancy testing and confidential support for individuals having concerns about a pregnancy. Family and play therapy counseling; Maternity, adoption, and single parenting counseling.
Crisis Intervention Service		Hamilton/Humboldt/Wright: 515-851-1208 Webster: 515-570-4185	www.CIShelps.org	ALL	Provide victims of domestic abuse and sexual assault with confidential, 24-hour services including emergency shelter, safety, support & education.
Domestic/Sexual Assault Outreach Center	PO Box 773 Fort Dodge, IA 50501	Toll free: 515-955-2273 515-573-3931	www.dsaoc.com	ALL	D/SAOC is a Domestic Violence Shelter and Counseling Service. All services are free and confidential.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Early Head Start (EHS)	Dakota City 401 Main St. Dakota City, IA 50529; Webster City 1317 Beach Street Webster City, IA 50595; Maple Drive Location 3611 Maple Drive Fort Dodge, IA 50501; Central Office 214 S. 14th St. Fort Dodge, IA 50501	Dakota City: 515-332-3193; Webster City: 515-832-3285 and 515-573-2882; Central Office: 515-5732453	mcarden@yourhs-ehs.org	ALL	Provides in-home support services for parents of children 0-3. Services include; parenting tips, health screenings for children, depression screenings for parents, and assessment of children's development.
Family Development and Self Sufficiency Program (FADSS)	1440 Second Street East Webster City, Iowa 50595	515-832-6451	www.udmo.com/FaDSS.htm	ALL	Provides an in-home program to assist families to move from welfare to self sufficiency.
Family Development and Self Sufficiency Program (FADSS)	Humboldt County Courthouse Dakota City, Iowa 50529	515-332-3631	www.udmo.com/FaDSS.htm	HUM	Provides an in-home program to assist families to move from welfare to self sufficiency.
Family Development and Self Sufficiency Program (FADSS)	113 So. 10th St. Fort Dodge, Iowa 50501	515-576-7774	www.udmo.com/FaDSS.htm aschlieff@udmo.com	WEB	Provides an in-home program to assist families to move from welfare to self sufficiency.
Family Development and Self Sufficiency Program (FADSS)	711 Seneca St. Webster City, IA 50595	515-832-6451	www.udmo.com/FaDSS.htm	HAM	Provides an in-home program to assist families to move from welfare to self sufficiency.
Family Development and Self Sufficiency Program (FADSS)	221 West Broadway Street Eagle Grove, Iowa 50533	515-448-3704	www.udmo.com/FaDSS.htm	WRT	Provides an in-home program to assist families to move from welfare to self sufficiency.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Healthy Opportunities for Parents to Experience Success (HOPES Program)	820 James Street Webster City, Iowa 50595	515-832-9565	www.hamiltoncountypublichealth.com	HAM	Provides in-home support services for parents of children Prenatal-3. Services include; parenting tips, health screenings for children, depression screenings for parents, and assessment of children's development.
Healthy Opportunities for Parents to Experience Success (HOPES Program)	1012 N 15th Street Humboldt, Iowa 50548	515-332-2492	www.humboldthospital.org	HUM	Provides in-home support services for parents of children Prenatal-3. Services include; parenting tips, health screenings for children, depression screenings for parents, and assessment of children's development.
Healthy Opportunities for Parents to Experience Success (HOPES Program)	115 1st Street SE Clarion, Iowa 50525	515-532-3461	www.wrightcountypublichealth.org/residents/hopes.php	WRT	Provides in-home support services for parents of children 0-3. Services include; parenting tips, health screenings for children, depression screenings for parents, and assessment of children's development.
Iowa State University Extension and Outreach	Office in each county	515-832-9597 515-332-2201 515-576-2119 515-532-3453	http://www.extension.iastate.edu/families/ http://www.extension.iastate.edu/calendar/	ALL	Provides education and information dedicated to improving the quality of life for families. Check the ISU Extension Calendar (website at left) for listing of events.
Iowa Teen Line		800-443-8336 800-735-2942 (TT/TTY)	www.extension.iastate.edu/teenline	ALL	24/7 confidential and free health information and referral service for Iowa teens and those who care about them. When you just aren't sure who to talk to, Teen Line can help. Provided by Iowa Dept of Public Health in contract with ISU Extension & Outreach.
Just in Time Parenting	Sponsor: Cooperative Extension National System		http://www.parentinginfo.org/	ALL	Brings quality, research-based information to families with children. Subscribe to FREE age-paced newsletters, ask experts questions, read articles, watch webinars, and link to resources.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Life Connections	307 West Main Street Marshalltown, IA 50158 Mason City, Marshalltown, Jefferson, Cedar Rapids, North Liberty, Davenport	641-903-7759; Fax 866-496-4073	contactus@lifeconnec tions4u.net www.lifeconnections 4u.net	ALL	Skill building and therapy services
Linking Families and Communities	822 Central Avenue Suite 340 Fort Dodge, Iowa 50501	515-955-5437	www.linking- families.com estaneck@linking- families.com	WEB	Preschool Scholarships, Consultation services for preschools and childcare, parenting classes/workshops and professional development opportunities for early care providers.
Parent Connection	120 1st Ave NW Suite 14 Clarion, IA 50525	515-602-6371	www.building families.net awesselink @co.wright.ia.us	HAM HUM WRT	Provides support services through group and in- home parent education, service coordination, developmental screens, and preschool parent nights. Coordinates the Prevent Child Abuse Council.
Power Up YOUth	820 James Street P.O. Box 952 Webster City, IA 50595	515-835-2429	www.powerupyouth. org Facebook: Power Up YOUth in Hamilton County kgetting@ udmo.com	HAM	Adults, youth and agencies come together to develop and implement plans to prevent and reduce substance abuse and other risky behaviors in youth. Working to create community and systems level changes.
Take A Break (TAB) - Prevent Child Abuse Coalition		319-572-1047 or 515- 602-6371		HUM	Provides respite for parents to run errands, attend medical appointments and take a break from caring for their children.
Teen Mom's Support Group	YWCA 826 1st Avenue North Fort Dodge, Iowa 50501	515-573-3931		ALL	Provides support for individuals who have become teenage mothers, free childcare

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

TIPP (Teen Information Pregnancy Prevention)	723 1st Avenue South Fort Dodge, Iowa 50501	515-573-4107	tzcochran@outlook.com webstercountyia.org	WEB	Provides information on what parents need to know and do to prevent teen pregnancy.
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Community Links
Hamilton, Humboldt, Webster, and Wright Counties

PUBLIC HEALTH					
Program	Address	Phone	Website/E-mail	Co.	Description
Bee Inspired Program	120 1st Ave NW Suite 14 Clarion, IA 50525	515-602-6371	larson@co.wright.ia.u	HAM HUM WRT	Provides programming on various topics to youth (ages 13-19), parents, caregivers, schools, and other adults/community members. Topics include sexual health education (i.e. online safety, relationships, STD/Teen Pregnancy Prevention), youth leadership and service-learning, and more. Available to offer resources & referrals to empower all adolescents to make healthy informed decisions through education and community awareness.
Family Nutrition Program	Appropriate county Extension office	515-832-9597 (HAM) 515-576-2119 (WEB) 515-532-3453 (WRT)		HAM WEB WRT	One-on-one or small group workshops on nutrition, food budgeting, and low-cost meal planning for families with children ages 10 & under
Family Planning Services - Webster County Public Health	110 N 12th Street Fort Dodge, IA 50501	515-573-4107	www.webstercounty iowa.org	ALL	Services for all family planning available for all individuals ages 12-54.
Hamilton County Public Health	820 James St. Webster City, IA 50595	515-832-9565	www.hamilton countypublichealth.c om	HAM	Provides public health programs, home care, hospice, nursing care, health counseling, and immunizations.
Health Partners Unity Point Health	802 Kenyon Road Fort Dodge, Iowa 50501	515-574-6100; 515-573- 3101	www.unitypoint.org	WEB	Prevention and wellness services.
Healthy Families		Toll Free: 800-369- 2229		ALL	Prenatal, child, and women's health care questions and information.
Healthy Kids in Iowa (HAWK-I)	1601 48th Street Suite 100 West Des Moines, IA 50265	800-257-8563	dhs.iowa.ogov	ALL	Free or low cost health insurance for youth

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Humboldt County Public Health	1000 N 15th St. Humboldt, IA 50548	515-332-4200	www.humboldt-hospital.org	HUM	Provides public health programs, home care, hospice, nursing care, health counseling, and immunizations.
Iowa Healthy Families Line		800-369-2229 TTY: 800-735-2942		ALL	24/7 confidential health information and referral focused on women's health and prenatal health. Provided by Iowa Dept of Public Health
Iowa Home Care	1325 1st Avenue South Fort Dodge, Iowa 50501	515-576-2273	dklepsteen@iowahomecare.com iowahomecare.com	WEB	Prevention and wellness services.
Prescription for Kids (PFK) (Child Health Specialty Clinics)	804 Kenyon Road Fort Dodge, Iowa 50501	515-955-8326; 515-955-8370; 800-234-2183	www.unitypoint.org	ALL	Provides funding for prescribed medication for the needy.
Proteus, Inc.	107 N 7th Street Fort Dodge, IA 50501	515-573-8225	www.proteusinc.net	ALL	Provides health services for migrant/farm workers.
Teen Line		800-443-8336 800-735-2942 (TT/TTY)	www.extension.iastate.edu/teenline/	ALL	24/7 confidential and free health information and referral service for Iowa teens and those who care about them. When you just aren't sure who to talk to, Teen Line can help. Provided by Iowa Dept of Public Health in contract with ISU Extension & Outreach.
Unity Point Health Care	802 Kenyon Road Fort Dodge, Iowa 50501	515-574-6416; 515-574-6438	www.unitypoint.org	ALL	Prevention and wellness services.
Webster County Public Health	723 1st Ave.S. Fort Dodge, IA 50501	515-573-4107	www.webstercounty-iowa.org	ALL	Provides public health programs, home care, hospice, nursing care, health counseling, and immunizations. Family Planning Services are also
Wright County Health Department	115 1st Street SE Clarion, Iowa 50525	515-532-3461	www.wrightcounty-publichealth.org	WRT	Provides public health programs, home care, hospice, nursing care, health counseling, and immunizations.
DENTAL					
Program	Address	Phone	Website/E-mail	Co.	Description

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

University of Iowa College of Dentistry - Pediatric Dentistry Dept	201 South Dental Science Building University of Iowa Iowa City, Iowa 52242	319-335-7485 Call for appointments: 319-335-7499	dentistry.uiowa.edu	ALL	Dental Services for individuals under 21 who have special needs and come from low income households.
Webster County Health Department: I-Smile Program	723 1st Ave S. Fort Dodge, IA 50501	515-574-3815; 515-573-4107	www.webstercountyiowa.org cindy.partlow@webstercountyiowa.org	ALL	Provides assistance to families concerning finding a dentist and making appointments. Also provides dental screenings, fluoride varnish, and education at WIC, preschool, Head Start, and area schools.

MEDICAL CENTERS

Program	Address	Phone	Website/E-mail	Co.	Description
Humboldt County Memorial Hospital	1000 North 15th Street Humboldt, Iowa 50548	515-332-4200	www.humboldt-hospital.org	HUM	Provides medical care.
Iowa Specialty Hospital	1316 South Main St. Clarion, Iowa 50525 403 1st Street SE Belmond, Iowa 50421	Clarion:844-474-4321; 515-532-2811; Fax 515-532-3443; Belmond: 641-444-3223; Fax 641-444-4895	www.iowaspecialty-hospital.com	WRT	Provides medical care, prevention and wellness services.
Mason City	1000 4th Street SW Mason City, Iowa 50401	641-428-7000	www.mercynorth-iowa.com	ALL	Provides medical care
Unity Point Health	802 Kenyon Road Fort Dodge, Iowa 50501	515-573-3101	www.unitypoint.org	ALL	Prevention and wellness services.
Van Diest Medical Center	2350 Hospital Drive Webster City, Iowa 50595	515-832-9400	www.vandiest-mc.org	HAM	Provides medical care.

CLINICS

Program	Address	Phone	Website/E-mail	Co.	Description
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Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Child Health Specialty Clinics	804 Kenyon Road Suite 205 Fort Dodge, Iowa 50501	515-955-8326	www.chsciowa.org	ALL	Provides services for children and youth, birth to 21 years who have a chronic condition or an increased risk for a chronic condition, or a need for special services.
Community Health Center of Fort Dodge	126 10th Street North Fort Dodge, Iowa 50501	515-576-6500	www.chcfd.com	ALL	Provides primary healthcare and dental service to insured and uninsured patients. Covers all insurance, Title 19, Medicare and Medicaid
Family Planning Clinic- Webster County Health Department	110 N 12th Street Fort Dodge, Iowa 50501	515-573-4107; Toll-Free Number: 888.289.3318	www.webstercountyiowa.org/HealthDept.html	ALL	
Free Clinic	820 James Street Webster City, Iowa 50595	515-832-9565		HAM	Medical care on a first come basis, must have no health insurance to be eligible. Tuesdays
Planned Parenthood of the Heartland	2530 Chamberlain Street Ames, IA 50014	877-811-7526	www.plannedparenthood.org	ALL	Prevention and wellness services.
UnityPoint Clinic - Family Medicine (Eagle Grove)	115 South Park Avenue Eagle Grove, Iowa 50533	515-448-5185	www.unitypoint.org	ALL	A variety of physicians for a variety of healthcare needs.
UnityPoint Clinic - Family Medicine (Ft. Dodge)	1428 2nd Avenue North Fort Dodge, Iowa 50501	515-574-6110	www.unitypoint.org	ALL	A variety of physicians for a variety of healthcare needs.
UnityPoint Clinic - Family Medicine (Ft. Dodge)	800 Kenyon Road Fort Dodge, Iowa 50501	515-574-6800	www.unitypoint.org	ALL	A variety of physicians for a variety of healthcare needs.
UnityPoint Clinic - Family Medicine (Humboldt)	1010 North 15th Street Humboldt, Iowa 50548	515-332-2015	www.unitypoint.org	ALL	A variety of physicians for a variety of healthcare needs.
Van Diest Medical Center- Jewell Clinic	731 Main Street Jewell, Iowa	515-8276175	www.vandiestmc.org		Provides medical care.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Van Diest Medical Center- Stratford Clinic	817 Shakespeare Ave Stratford, Iowa	515-838-2100	www.vandiestmc.org		Provides medical care.
HOME HEALTH CARE					
Program	Address	Phone	Website/E-mail	Co.	Description
North Central Home Care	328 S 8th St Fort Dodge, Iowa 50501	515-573-8147	www.norcen.org/NCHCBoard nchc@frontiernet.net	ALL	Home care and personal care for seniors.
Unity Point at Home	802 Kenyon Road Fort Dodge, Iowa 50501	515-573-3101	www.unitypointathome.org	ALL	At home services for patients given by trained professionals.
Wright County Homemaker Home Health Aid Services	115 1st Street SE Clarion, Iowa 50525	515-532-6584 Toll Free: 800-944-1713	wrightcountypublichealth.org knicholl@co.wright.ia.us	WRT	Provides services to allow persons to live safely and independently in their own home.
HOSPICE					
Program	Address	Phone	Website/E-mail	Co.	Description
Gateway Hospice	103 2nd Ave NE Clarion, Iowa 505025	515-532-2907	www.gatewayhospice.biz	WRT	Provides comprehensive caring end of life services.
Hospice of Humboldt County	P.O. Box 183 Humboldt, Iowa 50548	515-532-5300		HUM	Provides hospice volunteers.
Humboldt County Public Health/Hospice	1012 North 15th Street Humboldt, Iowa 50548	515-332- 2492	humboldthospital.org/customers/hospice.html	HUM	Provides end of life services for those dealing with a terminal illness.
Paula J. Baber Hospice Home	2630 9th Ave S Fort Dodge, IA 50501	515-574-8511	www.unitypoint.org	ALL	Provides end of life services for those dealing with a terminal illness.
Unity Point - Hospice Care	802 South Kenyon Rd Fort Dodge, Iowa 50501	515-574-6416	www.unitypoint.org	ALL	Provides end of life services for those dealing with a terminal illness.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

HOTLINES					
Program	Address	Phone	Website/E-mail	Co.	Description
Answer Line		800-262-3804	www.extension.iastate.edu/answerline answer@iastate.edu	ALL	Questions relating to home and family.
Berryhill Center for Mental Health	702 Kenyon Road Fort Dodge, Iowa 50501	515-955-7171; 800-482-8305 (24 hours)	www.unitypoint.org	ALL	Provides psychological and psychiatric counseling services.
Child Abuse/Neglect Reporting		800-362-2178	dhs.iowa.gov/child-abuse www.211iowa.org	ALL	Provides an anonymous service for reporting suspected child and dependent adult abuse and neglect.
Domestic/Sexual Assault Outreach Center	PO Box 773 Fort Dodge, Iowa 50501	515-955-2273; 515-573-8000; Crisis Line: 888-356-2206	www.dsaoc.com dsaoc@dsaoc.com	ALL	Provides shelter, clothing, food, and support for the victims of domestic violence 24/7.
Food Stamps Hotline		800-359-5802	www.connectebt.com /	ALL	Provides general information, program guidelines, and food stamp benefit information.
Healthy Families		800-369-2229	idph.iowa.gov/epsdt/contacts	ALL	Prenatal, child, and women's health care questions and information.
Iowa Concern Hotline		800-447-1985	www.extension.iastate.edu/iowaconcern/	ALL	24/7 confidential assistance and referral for stress, legal questions, financial, family transitions, disaster and crisis issues. On-line database of frequently asked questions available, along with live on-line chat with counselors.
Iowa Consumer Credit Counseling		800-955-5765	info@consumercreditdm.com	ALL	Provides counseling to help people regain control of their personal finances.
Iowa Gambling Treatment Program		800-Bets Off 800-238-7633	www.yourlifeiowa.org/gambling/	ALL	Provides counseling and support for people with a gambling addiction.
Iowa Legal Aid	1111 9th St Suite 230 Des Moines, IA 50314-2527	800-532-1275	www.iowalegalaid.org	ALL	Provides legal help on; consumer issues, civil rights, and education.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

National Center for Missing and Exploited Children		800-843-5678	www.missingkids.com	ALL	Provides a nations resource on the issues of missing and sexually exploited children. Provides information and resources to law enforcement, parents, and children including, child victims and other professionals.
National Runaway Hotline		800-RUNAWAY 800-786-2929	www.1800runaway.org	ALL	Provides an anonymous hotline for children, adolescents, and teens who are thinking about running away from home.
AskTXTina (EyesOpenIowa)			http://www.asktxtina.com/		
Poison Control Center		800-222-1222 Fax 712-234-8775	www.iowapoison.org	ALL	Provides poison expertise treatment by phone.
LAW ENFORCEMENT					
Program	Address	Phone	Website/E-mail	Co.	Description
Clarion Police Department	120 1st Ave SW Clarion, Iowa 50525	515-532-2515	clarionpd@mchsi.com	WRT	
Eagle Grove Police Department		Dispatch: 515-448-4793 Office: 515-448-4686-ext. 27	eaglegroveiowa.org egpdchief@mchsi.com	WRT	
Fort Dodge Police Department	702 1st Avenue South Fort Dodge, Iowa 50501	515-573-1426; 515-573.2323		WEB	
Hamilton County Crime Stoppers		Text TIPSOFT	http://www.hcstopcrime.com/	HAM	Mobile phone users across Hamilton County now have the ability to provide anonymous crime fighting tips through the power of anonymous text messaging and Web Tips.
Hamilton County Sheriff's Department	2300 Superior Street, Suite 8 Webster City Iowa, 50595	515-832-9500		HAM	

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Humboldt County Sheriff's Department	430 Sumner Avenue Humboldt, Iowa 50548	515-332-2471	www.humboldtcountya.org/office/sheriff	HUM	
Humboldt Police Department	430 Sumner Avenue Humboldt, Iowa 50548	515-332-2600		HAM	
Webster City Police Department		515-832-9166	www.webstercity.com	HAM	
Webster County Crime Stoppers		515-573-1444		WEB	Callers remain anonymous and can report crimes and individuals who commit crimes.
Wright County Sheriff's Department	719 2nd Street SW Clarion, Iowa 50525	515-532-3722	www.wrightcounty.org	WRT	

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Program	Address	Phone	Website/E-mail	Co.	Description
Answers on Aging	Mason City Office 22 N. Georgia, Ste. 216 Mason City, IA 50401	866-468-7887	www.i4a.org	ALL	Provides caregiving for older Iowans 60+.
Elderbridge Agency on Aging	Fort Dodge Office 308 Central Ave Ft Dodge, IA 50501-3637	515-955-5244; 800-243-0678	www.elderbridge.org elderbridge@elderbridge.org	ALL	Provides resources for seniors on health care, insurance, and services for seniors. Office hours are 7:45 AM - 4:15 PM M-F
Experience Works	Three Triton Circle Fort Dodge, Iowa 50501	515-576-3131	www.experienceworks.org david_hicks@experienceworks.org	ALL	Improve the lives of older workers through training, community service, and employment
Legal Hotline for Older Iowans	1111 9th Street Suite 230 Des Moines, Iowa 50314	800-992-8161	www.iowalegalaid.org hotline@iowalaw.org	ALL	Provides Legal Advice and other services to Iowans who are 60 or older. Also, free counseling and help finding an attorney.
Social Security Office	2315 2nd Avenue North Fort Dodge, Iowa 50501	866-839-6193	ia.fo.fort.dodge@ssa.gov	ALL	Apply for social security.
Hamilton County SHIP (Medicare)	Van Diest Medical Center Webster City, IA 50595	515-832-7769	www.vandiestmc.org/contact_us/	HAM	Free and confidential counseling services assisting with anything Medicare related, including Part D drug comparisons, appeals, Medicare options with Medicare Advantage Plans and Supplement Plans, long term care, and more.
RSVP (Central Iowa RSVP North - Hamilton County)	749 2nd Street Webster City, Iowa 50595	515-832-2525	rsvphamco@cirsvp.org www.rsvpvolunteer.org	HAM	RSVP (Retired and Senior Volunteer Program) seeks to connect senior volunteers with opportunities to serve through public, non-profit, educational and health service organizations.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Long Term Medical Supply	623 Sumner Avenue Humboldt, Iowa 50548	515-332-7993; 844-208-3682	www.ltms.com	HUM	Provides equipment for individuals with disabilities and the elderly.
Foster Grandparents Program	617 Central Avenue Fort Dodge, Iowa 50501	515-576-5401	www.fortdodgeiowa.org/egov/documents/1328026320_689331.pdf	WEB	A program that creates relationships between volunteer seniors and children. Service is provided on an individual, school, or daycare basis.
CARE ASSISTANCE					
Program	Address	Phone	Website/E-mail	Co.	Description
North Central Home Care	328 8th Street South Fort Dodge, Iowa 50501	515-573-8147	nchc@frontiernet.net	ALL	Provides home care and personal care for seniors.
Unity Point	802 Kenyon Road Fort Dodge, Iowa 50501	515-574-6416; 515-574-6438	www.unitypoint.org	ALL	Provides nursing care, physical therapy, occupational therapy, speech pathology, and home health aids.
Iowa Home Care	216 South 8th Street Fort Dodge, Iowa 50501	515-576-2273	www.iowahomecare.com dklepsteen@iowahomecare.com	WEB	Provides nursing care, physical therapy, occupational therapy, speech pathology, and home health aids.
CONGREGATE MEAL SITES					
Program	Address	Phone	Website/E-mail	Co.	Description
Clarion Congregate Meals	215 13th Avenue SW Clarion, Iowa 50525	515-532-9720		WRT	Provides a noon meal for seniors.
Congregate and Homebound Meals Program	1000 15th Street North Humboldt, Iowa 50548	515-332-7677		HUM	We deliver one hot meal per day to Humboldt residents.
Eagle Grove Congregate Meals	310 West Broadway Eagle Grove, Iowa 50533	515-448-5365		WRT	Provides a noon meal for seniors and meals on wheels for Eagle Grove and Goldfield area.
Meals on Wheels (North Central Home Care)	328 South 8th Street Fort Dodge, IA 50501	515-573-8147	nchc2@frontiernet.net	WEB	Can request up to 2 hot meals per day.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Senior Citizens Center (Citizens Central)	617 Central Avenue Fort Dodge, Iowa 50501	515-573-3429	www.fortdodgeiowa.org	WEB	Provides congregate meals, recreation, education, and foster grandparents program.
Shakespeare Community Center, Meal Site	826 Shakespeare Stratford, Iowa 50249	515-838-2298		HAM	Provides a noon meal for seniors.
Webster City Congregate Meals	749 2nd Street Webster City, Iowa 50595	515-832-6161		HAM	Provides a noon meal for seniors.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Program	Address	Phone	Website/E-mail	Co	Description
A-1 Home Health Care Center	1105 1st Ave N, Fort Dodge, IA 50501	515-955-1654		ALL	Provides equipment for individuals with disabilities and the elderly.
Eagle Grove Group Home	605 East Broadway Eagle Grove, Iowa 50533	515-448-5464	www.onevision.org	ALL	Residential facility for those with special needs.
Iowa Vocational Rehabilitation Services	2 Triton Circle Fort Dodge, Iowa 50501	515-573-8175	www.ivrs.iowa.gov	ALL	Provides vocational career training and placement services for those with special needs. Provides persons with disabilities the chance to attend school.
Krysilas	210 2nd St NW Clarion, IA 50525	515-532-3221	www.krysilis.org mrussell@krysilis.org	ALL	Services support people with disabilities so they may accomplish goals that matter to them.
Mosaic	210 2nd Street NW Clarion, Iowa 50525	515-532-3221	www.mosaicinfo.org/north-central-iowa/contact-mosaic-north-central-iowa	ALL	Work activity for those with special needs.
Parent Connection Support Group		515-602-6371	awesselink@co.wright.ia.us	HAM HUM WRT	Support group for parents of children with special needs.
Prairie Lakes Area Education Agency 8	500 NE 6th Street Pocahontas, Iowa 50574	712-335-3588 extension- 2040	www.plaea.org www.aea8.k12.ia.us dwasko@aea8.k12.ia.us	ALL	Provides services in early childhood needs and special education needs concerning a wide variety of areas.
Regional Autism Services Program at CHSC/Iowa Dept. of Education	100 Hawkins Drive Room 226 Iowa City, Iowa 52242	319-356-4619; 866-219-9119	www.medicine.uiowa.edu/autism-services-sue-baker@uiowa.edu	ALL	Provides technical assistance, resource and referral information, for families who care for children with autism. Also provides resources for professionals who support the parents of children with autism.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Friends Forever Social Education Center	500 Fair Meadow Drive Webster City, Iowa 50595	515-832-9550	www.friendsforevers.org ffsec@friendsforevers.org	HAM	Community Integration/Day Habilitation services for adults with an intellectual disability or a mental illness.
Hamilton County Social Services	500 Fair Meadow Drive Webster City, Iowa 50595	515-832-1791	www.hamiltoncounty.org/departments/social_services/index.php	HAM	Emergency Assistance, Targeted Case Management, Friends Forever Social Education Center, County Social Work, Representative Payee, and Guardianship
Fifth Avenue Drop-In Center	1208 5th Ave North Humboldt, Iowa 505048	515-332-5584		HUM	Provides a center for people with disabilities to visit and socialize. Operated by Westfork services. Available to anyone with disabilities is welcome.
Humboldt Community Services	P.O. Box 100 203 Main Street Dakota City, Iowa 50529	515-332-5205	hccs@humboldtcountyia.org	HUM	Provides services for individuals with disabilities such as, emergency financial assistance, substance abuse, and case management.
North Central Iowa Case Management	120 1st Ave NW Suite 7 Clarion, IA 50525	515-602-6905		HUM WRT	Provides case management and community assistance. Provides services for individuals with disabilities such as, emergency financial assistance, substance abuse, and case management.
Friendship Center	723 First Ave. S. Fort Dodge, IA 50501	515-573-4687	www.webstercountyia.org/CPC/friendshipcenter.htm	WEB	Socialization, recreation, and education for people with mental illness. Classes, one on one, computers, crafts, life skills, healthy relationships, counseling, recovery, and more.
Lifeworks Community Services	1303 A Street Fort Dodge, Iowa 50501 620 Sumner Ave., Ste. 3 Humboldt, IA 50548	515-576-2126	www.lifeworkscommunityservices.org	WEB HUM	Vocational, residential, and community support services for persons with physical or developmental disabilities.
Opportunity Village	330 Central Ave Ft Dodge, IA 50501	515-576-6487	www.onevision.org	WEB	Intermediate Living for special needs adults, waiver home and community support.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Opportunity Village	1470 21st Avenue North Fort Dodge, Iowa 50501	515-573-8243	www.onevision.org	WEB	Providing a variety of services for adults with disabilities.
Webster County Community Services	723 1st Avenue South Fort Dodge, Iowa 50501	515-573-7851	www.webstercountyia.org	WEB	Provides services for individuals with disabilities such as, emergency financial assistance, substance abuse, and case management.
Wright County Social Services	120 1st Ave NW Clarion, IA 50525	515-532-3309	www.wrightcounty.org	WRT	Provides services for individuals with disabilities such as, emergency financial assistance, substance abuse, and case management.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Program	Address	Phone	Website/E-mail	Co.	Description
Co-City Bus	Humboldt Area 530 1st Avenue South Fort Dodge, Iowa 50501	515-573-8145; 800- BUS-RIDE (800-287- 7433); Hearing Impaired 711 or 800- 735-2942	www.midascog.net/transit	HUM	The Co-City bus transports workers to Jet Company from the Rockwell City Prison for 3 shifts a day Monday through Friday.
Clarion Transit Van	Clarion Area	515-8510581	wrightcounty.org/residents/public_transit.php		Rides in the city limits of Clarion from 8am-4pm M-Th and 8am-5pm F.
Eagle Grove Transit Area	Eagle Grove Area	515-851-9353	wrightcounty.org/residents/public_transit.php	WRT	Rides in the city limits of Eagle Grove from 8am-4pm M-Th and 8am-5pm F.
HaRides	Webster City Area 728 2nd St Webster City, IA 50595-1447	515-573-8145; 1-800- BUS-RIDE (800-287- 7433); Hearing Impaired 711 or 1- 800-735-2942		HAM	Call for rides. Service is door to door.
MIDAS Transit Services - D.A.R.T. and Region 5 - R.T.A	530 1st Ave South Fort Dodge, IA 50501	515-573-8145; Fax: 515-573-5888; 1-800- BUS-RIDE (800-287- 7433); Hearing Impaired 7-1-1 or 1-800-735-2942		ALL	Provides bus transportation in; Fort Dodge, Pocahontas, Webster, Humboldt, Wright, Calhoun, and Hamilton counties. Agent for Jefferson Lines- Interstate Travel- Route, Demand Response, and Para transit Services.
TMS Non-emergency Medial Transportation		1-800-572-7662		ALL	Must be an IA Medicaid member. Must make a reservation.
Union Cab Company	1813 3rd Ave S Fort Dodge, IA 50501	515-570-2759		WEB	Transportation (charges vary)
Wright County Transit	415 6th Ave SW, PO Box 49 Clarion, IA 50525	515-602-6104	cstewart@co.wright.ia.us wrightcounty.org/residents/public_transit.php	WRT	Runs any out of town trips from within the county to anywhere in the state. By mile and downtime fees apply.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

RECREATION					
Libraries	Address	Phone	Website/E-mail	Co.	Description
Badger Public Library	211 1st Ave SE Badger, IA 50516	515-545-4793	www.publiclibraries.com	WEB	Public library.
Clarion Public Library	302 N Main St Clarion, IA 50525	515-532-3673	www.clarion.lib.ia.us	WRT	Public library.
Duncombe Public Library	621 Prince St, Duncombe, IA 50532	515-543-4646	www.youseemore.com/ NILC/Duncombe/	WEB	Public Library
Eagle Grove Memorial Library	101 S Cadwell Eagle Grove, IA 50533	515-448-4115	www.youseemore.com/NILC/eaglegrove	WRT	Public Library
Fort Dodge Public Library	424 Central Avenue Fort Dodge, IA 50501	515-573-8167	www.fortdodgeiowa.org/library fdplinfo@fortdodge.lib.ia.us	WEB	Provides a large variety of books, magazines, CDs, DVDs, audiobooks, puppets, and programs for youth.
Gowrie Public Library	1204 Market Street Gowrie, IA 50543	515-352-3315	www.youseemore.com/ nilc/Gowrie/	WEB	Public Library.
Humboldt Public Library	30 North 6th Street Humboldt, IA 50548	515-332-1925	humboldtpubliclibrary.com	HUM	Public Library.
Kendall Young Library	1201 Willson Ave Webster City, IA 50595	515-832-9100	www.kylib.org	HAM	Public Library.
Lehigh Public Library	241 Elm Street Lehigh, IA 50557	515-359-2967	www1.youseemore.com /nilc/LehighPL/	WEB	Public Library.
Stratford Public Library	816 Shakespeare Avenue Stratford, IA 50249	515-838-2131	www.stratfordiowa.com	HAM	Public Library. Provides a large variety of books, magazines, DVDs, audio books, and youth programs.
Swimming Pools	Address	Phone	Website/E-mail	Co.	Description
Clarion Swimming Pool	618 5th Ave NE Clarion, IA 50525	515-532-2315		WRT	

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Humboldt Family Aquatic Center	14 3rd Street South, Humboldt IA 50548	515-332-7140	www.ci.humboldt.ia.us/visitors/aquatic_center/index.php	HUM	Open May 26th- Labor Day
Jewell Pool	410 Park Street Jewell, IA 50130	515-827-5216	www.jewelliowa.com/city_of_jewell_website_new2_020.htm	HAM	Open June- Mid August
Stratford Swimming Pool	1113 Moore Stratford, IA 50249	515-838-2339	www.stratfordiowa.com	HAM	Open June-Mid August. Red Cross lessons, zero depth entry, kiddie pools.
Webster City Municipal Swimming Pool	1000 Union Street Webster City, IA 50595	515-832-9190		HAM	Open June 4th-August 21st.
Museums	Address	Phone	Website/E-mail	Co.	Description
4-H Schoolhouse Museum	Central Ave West, Gazebo Park Clarion, IA 50525	515-532-3453	www.clarioniowa.com	WRT	Provides access to showcases with uniforms and early 4-H items.
Blanden Art Museum	920 3rd Avenue South Fort Dodge, IA 50501	515-573-2316	www.blanden.org	WEB	Provides tours of the various types of art. Traveling art, rotating permanent collection exhibits, plus limited time exhibits. For use by individuals, families, schools, and other groups. Free admission; Handicap parking
Bonebright Museum Complex	1800 Superior St Webster City, IA 50595 Willson/Brewer Park Ohio and Superior Streets Webster City, IA 50595	515-832-1301		HAM	Provides access to different buildings and objects created in the 1800's
Eagle Grove Historical Museum	401 West Broadway Eagle Grove, IA 50533	515-448-3814; 515-448-4613	eaglegroveiowa.org/index.asp?SEC=65437611-F291-44DF-9F0B-3B6BC7B7DC62&Type=B_BASIC	WRT	Provides access to the history of Eagle Grove including; displays, photos, and collections.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Fort Museum and Frontier Village	1 Museum Road Fort Dodge, IA 50501	515-573-4231	www.fortmuseumfv.com	WEB	Historical museum with 19 buildings that contain old-time collections. Provides a facility for several special events throughout the year.
Gowrie Depot Historical Museum	North Beck Street Laurel Park Gowrie, IA 50543	515-352-3983		WEB	Provides access to; collections, photos, clothing, and other memorabilia that reflect the development of Gowrie.
Humboldt County Mill Farm Historic Village	905 1st Avenue North Dakota City, IA 50529	515-332-5280		HUM	Provides access to Native American artifacts, historical memorabilia, and recreations of early Dakota City.
Lehigh Historical Society Museum	145 Main Street Lehigh, IA 50557	515-359-2139		WEB	Provides access to Native American artifacts, clay figurines, and historical memorabilia that traces the history of Lehigh.
Swedish-American Museum	County Road D-54 Stratford, IA 50249		www.swedebend.com/	HAM	Provides access to a pioneer log cabin that was home to Swedish immigrants who were Stratford's first settlers.
Webster County Museum	515 School Street Otho, IA 50569	515-972-4544	othoia.govoffice2.com/index.asp?Type=B_LOC&SEC=%7B8624EA58-89D6-420F-AFEF-D24C9157D118%7D&DE=%7BBC9B8E8C-17AF-41A7-B7F3-ADE3E78045C2%7D	WEB	Provides access to a collection of items that reflect the history of Webster County.
Community Centers	Address	Phone	Website/E-mail	Co.	Description
Badger Community Center	211 1st Street SW Badger, IA 50516	515-545-4762		WEB	
Crossroads Youth and Family Center	502 North Main Street Goldfield, IA 50542	515-825-3383	xroads@ganiowa.com www.crossroadsyfs.org	ALL	A recreational source for children and families. Provides a variety of activities for adults and children.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Fort Dodge Community Recreation Center	1422 1st Avenue South Fort Dodge, IA 50501	515-573-7107	www.fdrec.com	WEB	Promote physical health by providing sport programs including; indoor track, pool, basketball courts, exercise areas, and organized sports.
Fuller Hall	625 Bank St. Webster City, IA 50595	515-832-9193	www.webstercity.com/departments/hours_of_operation/index.php#.Wr11D2W9-hg	HAM	Reservations for family gatherings and park shelters. Also includes indoor pool, gym, weight room, aerobics, and youth programs.
Harcourt Community Center	116 Larch Street Harcourt, IA	515-354-5452		WEB	
West River Recreation Center Inc.	808 18th St N Humboldt, IA 50548	515-604-3493	www.cityofhumboldt.org/visitors/attractions/fitness_opportunities.php	HUM	
Parks	Address	Phone	Website/E-mail	Co.	Description
Badger Lake	P-56 Badger, IA 50516			WEB	Provides an area for fishing.
Briggs Woods County Park	2490 Briggs Woods Trail Webster City, IA 50595	515-832-9570	www.mycountyparks.com	HAM	Provides access to; fishing, canoeing, hiking trail, limited boating, campsites and golf course. Full service cabin available year round - sleeps 10-15 reserved online.
Dolliver Memorial State Park	2757 Dolliver Park Avenue Lehigh, IA 50557	515-359-2539	www.iowadnr.gov/Places-to-Go/State-Parks/Iowa-State-Parks/ParkDetails/ParkID/610107	WEB	Provides access to; hiking, fishing, and tent/trailer camping and lodges.
Frank A. Gotch State Park	2568 Gotch Park Road Humboldt, IA 50548	515-332-4087		HUM	Provides access to; campsites, fishing, picnicking, boat ramp, restrooms, showers, playground, tables, and grills.
John F. Kennedy Memorial Park	1415 Nelson Ave Fort Dodge, IA 50501	515-576-4258; 515-576-3230	conservation@webstercountyia.org www.webstercountyia.org	WEB	Access to campsites, swimming, canoeing, boat ramps, fishing dock, hiking, lake fishing, golfing, picnic centers, and lodges with fireplaces.
Racing	Address	Phone	Website/E-mail	Co.	Description

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Brushy Creek State Recreation Area	3175 290th Street Lehigh, IA 50557	515-543-8298	www.iowadnr.gov/Places-to-Go/State-Parks?state_park_list=brushy_creek.html	WEB	Provides access to hunting, fishing, and campsites.
Fort Dodge Parks and Recreation	819 1st Ave South Fort Dodge, IA 50501	515-576-7237	parks@fortdodgeiowa.org	WEB	Provides access to youth team sports, age and skill appropriate youth sports leagues, mini camps, sport clinics, adult team leagues, and tournaments.
Hamilton County Speedway	Webster City, IA 50595	515-832-5382	www.hamiltoncospeedway.com	HAM	A half-mile track featuring weekly races.
Hawkeye Community Theater	521 12th Street North Fort Dodge, IA 50501	515-576-6061	www.myfortdodge.com	WEB	
Mineral City Speedway	Fort Dodge, IA 50501	515-574-RACE (7223)		WEB	A race track featuring races every Friday night.
Other Recreation	Address	Phone	Website/E-mail	Co.	Description
Rogers Sports Complex	1628 Nelson Avenue Fort Dodge, IA 50501	515-576-2851	www.fortdodgeiowa.org	WEB	Provides access to various softball and soccer games and tournaments between local teams and various opponents.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Program	Address	Phone	Website/E-mail	Co	Description
4-H Youth Groups	ISU Extension & Outreach office in each county	515-832-9597 (HAM) 515-332-2201 (HUM) 515-576-2119 (WEB) 515-532-3453 (WRT)	iowa4h@iastate.edu	ALL	Iowa 4-H Program provides opportunities for youth grades 4-12 to develop skills they can use now and throughout their life, empowering them to reach their full potential working and learning in partnership with caring adults.
AMP (Children and Families of Iowa)	Family Life Center 125 S 3rd Ames, IA 50010	515-697-7903	www.ampiowa.org	ALL	This is youth driven, statewide program that offers education/vocational assistance and provides life skills to promote self sufficiency.
Athletes for Education and Success (AFES)	712 3rd St. NW Fort Dodge, IA 50501	515-955-2969	www.afes4kids.org ourafes@hotmail.com	WEB	After school and summer programs for youth. Serves preschool through 8th grade
Babysitting Clinic & Home Alone and Okay workshops	ISU Extension & Outreach office in each county	515-832-9597 (HAM) 515-332-2201 (HUM) 515-576-2119 (WEB) 515-532-3453 (WRT)	iowa4h@iastate.edu	ALL	Workshops for youth ages 11-13 to build skills for safety, along with core child care skills.
Bee Inspired CAPP Program	120 1st Ave NW Suite 14 Clarion, IA 50525	515-602-6371 ext. 4	www.bee-inspired.org tlarson@co.wright.ia.us beeinspiredcapprogram@gmail.com	HAM HUM WRT	Provides programming on various topics to youth (ages 13-19), parents, caregivers, schools, and other adults/community members. Topics include sexual health education (i.e. online safety, relationships, STD/Teen Pregnancy Prevention), youth leadership and service-learning, and more. Available to offer resources & referrals to empower all adolescents to make healthy informed decisions through education and community awareness. Presentations and workshops available by request.
Dodger Academy	945 18th Street South Fort Dodge, Iowa 50501	515-574-5863	tholman@fdschools.org	WEB	

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

CHICKS Christ's Hands Influence Confidence Kindness & Self-Control	2051 Nelson Ave Clarion, IA 50525	515-532-9941	Founder: kelly.kirstein@gmail.com	WRT	Non-denominational girls program focused on building Christian leaderships skills.
Clover Kids 4-H	ISU Extension & Outreach office in each county	515-832-9597 (HAM) 515-332-2201 (HUM) 515-576-2119 (WEB) 515-532-3453 (WRT)	www.extension.iastate.edu/4h/Clover	ALL	For children in grades K-3, promotes children's positive development through cooperative learning and developmentally appropriate activities, conducted in a non-competitive setting.
Crossroads Youth and Family Center	502 Main Street North Goldfield, Iowa 50542	515-825-3383	xroads@ganiowa.com	HUM WEB WRT	Provides a wide variety of services including but not limited to; mentoring, tutoring, computer and internet services, programs for children of all ages, yoga, movies.
Girl Scouts of Greater Iowa	112 South 3rd St. Fort Dodge, IA 50501 822 Central Ave, Ste 203, Fort Dodge	515-573-8141 (Fort Dodge)	www.girlscoutsiowa.org	WEB	Provides various activities for young girls.
Iowa Teen Line		800-443-8336 800-735-2942 (TT/TTY)	www.extension.iastate.edu/teenline/	ALL	24/7 confidential and free health information and referral service for Iowa teens and those who care about them. When you just aren't sure who to talk to, Teen Line can help. Provided by Iowa Dept of Public Health in contract with ISU Extension & Outreach.
Kendall Young Library Teen Board	1201 Willson Ave Webster City, Iowa 50595	515-832-9100	www.kylib.org	HAM	This Teen Board helps select young Adult books and plan fun things to do at KYL.
Power up YOUth	820 James Street P.O. Box 952 Webster City, IA 50595	515-832-9565	www.powerupyouth.org kgetting@udmo.com	HAM	Acommunity coalition designed to work toward creating a positive community environment concerning youth development in Hamilton County.

Community Links
Hamilton, Humboldt, Webster, and Wright Counties

Rabiner Treatment Center	1762 Johnson Ave. Ft. Dodge, IA 50501	515-576-7388	www.rabiner.org	WEB	Provides a continuum of treatment services for boys from 10-18 years old both residential and non residential.
SHIFT Happens (Students Helping Impact Future Teens)	Bee Inspired Program 120 1st Ave NW, Suite 14, Clarion, IA 50525	515-602-6371 ext. 4	tlarson@co.wright.ia.us www.bee-inspired.org/teens/youth-development/beeinspiredcapprogram@gmail.com	HAM	A youth-led group of 9th-12th grade youth encouraging their peers to be above the influence in Hamilton County. Teens working on changing social norms, and raising awareness for alcohol, drug, and other risky behavior prevention efforts.
Stratford After School Program	1000 Shakespeare Avenue Stratford, Iowa 50249	515-838-2208	jculberson@stratford.k12.ia.us	HAM	Providing a DHS licensed after school program for children 5-12 years old.
Youth In Philanthropy (YIP)	Bee Inspired Program 120 1st Ave NW, Suite 14, Clarion, IA 50525	515-602-6371 ext. 4	tlarson@co.wright.ia.us https://www.bee-inspired.org/teens/youth-development/beeinspiredcapprogram@gmail.com	HAM	This group of Hamilton County teens works with the Bee Inspired Program on developing leadership skills and grant development, distribution of funds, and philanthropic efforts. The Program is funded through the Enhance Hamilton County Foundation.
Youth Shelter Care of North Central Iowa, Inc. GRLS Program	2406 91/2 Avenue South Fort Dodge, Iowa 50501	(515) 955-8778	Executive Director: pcirks@ysenia.com	ALL	After school and summer programs for youth.
Youth Shelter Services of Hamilton County (Youth and Family Center)	1611 Prospect Street Webster City, IA 50595	515-832-1061 1-800-600-2330 (24 hours)	www.yss.ames.ia.us	HAM	Provides intervention and runaway services. Also offers individual, group, and family counseling.