

MEDIK8 IN-SALON TREATMENTS

PROFESSIONAL GEL PEELS

Light chemical peels intensively exfoliate to accelerate the cell renewal process, stimulate collagen synthesis and improve elastin fibres in the dermis. This safe, non-invasive procedure delivers results, yet requires no downtime.

MEDIK8 peels can help visibly soften fine lines and wrinkles, improve skin tone and texture, reduce symptoms of oiliness and diminish the appearance of skin blemishes.

GLYCOLIC / LACTIC PEEL - especially suited for clients with photodamaged or dry skin. **30mins \$85**

SALICYLIC / MANDELIC PEEL - especially suited for clients with oily / acneic skin, as well as clients with darker complexions. **30mins \$85**

•Course of 6 peels **\$425 (one free)**

NEW YORK FACIAL **45mins \$105**
All the benefits of a gel peel with a manual dermabrasion micropolish and VIT C firming mask.

DELUXE NEW YORK FACIAL **1hr \$130**
Added massage, serum infusion or dermasound extractions.

ADD NECK + DEC PEEL **\$25**

BEFORE AND AFTER



BEFORE TREATMENT

PRODUCTS USED
Vitamin C Serum
& Sunscreen



ENLARGED AREA



AFTER 1 YEAR



ENLARGED AREA

appointments

To get the most out of your precious time with us, please arrive 15 minutes early for all facial and spa treatments.

Our schedule is planned to allow the correct time for each service. If you happen to run a bit late, you will still receive the full experience of your treatment, however it may cut the time spent with us, so that we don't interrupt another client's relaxation time.

cancellations

We all lead very busy lives, at fresh we do understand that unforeseen events sometimes ruin our best intentions. We do ask for 24 hours notice of any cancellations or changes to appointments. If multiple 'no-shows' occur with no notice, we do reserve the right to ask for a 20% deposit on the next re-booking.



fresh skin + spa

suite 5, ground floor, medici medical centre
15 scott street, toowoomba qld 4350

info@freshskinspa.com.au
www.freshskinspa.com.au

mon-fri 9.00am - 5.00pm (late wed to 7.00pm)
sat 8.30am - 1.30pm

tel **4659 9399**

note: prices subject to change without notice

dermalogica[®]

a skin care system researched and developed by The International Dermal Institute



refreshing prices



'LIKE US' ON FACEBOOK FOR WEEKLY SPECIALS!

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fresh FACES

THE FRESH FACE TREATMENT 1hr \$115

Perfect for first time clients or if it has been a while since your last treatment. Includes cleansing, face map skin analysis, exfoliation, extractions, mask, massage, hydration, solar defense + home care prescription.

TARGET TREATMENT..... 45mins \$90

- medicated clearing treatment
- calming/rebalancing treatment
- AGE SMART express

FRESH EXPRESS 30mins \$65

Short on time? let us give your skin a quick refresh. Includes cleanse, face map, exfoliation, skin booster serum, hydration, spf + home care prescription.

THE AGE SMART TREATMENT.....1hr \$125

Help control skin aging at the source by impacting the biochemical triggers that lead to the signs of aging skin. Combined vitamin + hydroxy acid exfoliation, energising massage techniques that release tension in the facial muscles + our AGE SMART serum under setting mask, make this the ultimate skin therapy for prematurely-aging skin.

DERMALOGICA ACTIVE RESURFACE..... 45mins \$99

Utilising the most powerful Dermalogica cosmeceutical ingredients, this facial treatment is specially created for those concerned with dull, tired, sun damaged, wrinkled and pigmented skin. Best administered as a course of treatments or as a pick me up before a special event.

DERMASOUND FACIAL 1hr \$135

EXPRESS DERMASOUND 30mins \$85

Low frequency ultrasound removes dead skin cells, blackheads and congestion, relaxes the pores in the cell wall and enhances infusion of ingredients into the cells to restore the skin's natural balance to leave it deep cleansed, looking fresh and feeling amazing.

ADD TO ANY FACIAL

- MICRODERMABRASION/DERMASOUND\$20
- COLLAGEN FIBRE MASK\$25
- NECK + DEC PEEL.....\$25

REFRESHING ADD ONS - 15mins

Enhance your experience with one or more of these mini treatments;

- back massage \$20
- leg + feet massage \$20
- mini wrap: legs/feet or arms/hands \$30

fresh BODIES

• SPRAY TANS \$35

- 2 for \$60
- Double Coat \$45

• MINERAL SALT SCRUB30mins \$60

Customised to either energise or reduce stress, this therapy polishes skin to a soft glow.

- with detox InfraRed sauna 1hr \$80

MASSAGE

- 30mins \$55
- 45mins \$75
- 60mins \$90
- add infra-red sauna30mins \$30
- hot stone1hr \$105

HANDS & FEET

- gel polish on natural nails (minimal prep)..... \$50
- express manicure30mins \$45
- deluxe manicure.....45mins \$70
- express pedicure.....30mins \$45
 - a quick buff, file + polish
- fresh pedi..... 1 hour \$77
 - soak, buff heels, scrub, foot massage, cuticle + nail care + polish
- add a callous/heel peel..... 15mins \$10
- deluxe spa pedicure1hr 15mins \$105
 - fresh pedi with extended massage + paraffin
- add shellac polish to mani or pedi \$12

ACRYLIC NAILS

- full set + shellac\$82.50
- infill + shellac \$58
- full set french \$88
- french infill + top coat\$70
- infill + normal polish.....\$51
- removal\$39 at time of new set..... \$13

TINTING & PERMING

- brow tint \$18
- lash tint \$18
- brow wax + tint \$38
- brow + lash tint + brow wax (eye package) \$52
- lash perm (incl tint) \$65

SPECIAL OCCASSION MAKE UP.....1hr \$75

- wedding trial 1hr 15min \$75
- make up lesson 1hr 15min \$75
- quick make up application30min \$45

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fresh HAIR REMOVAL

WAXING FOR GIRLS

- eyebrows \$21
- full face incl brows \$57
- lip \$17
- chin \$17
- underarms \$22
- jawline/neck \$23
- lower arms \$28
- full arms \$38
- 1/2 legs \$39
- 3/4 legs \$47
- full legs \$60
- basic bikini \$30
- G-string bikini \$40
- brazilian 1st time \$65
- brazilian regular \$55
(every 4-6 weeks)
- full leg & brazilian \$110
- tummy line \$18

WAXING FOR GUYS

- 1/2 chest \$37
- full chest \$56
- 1/2 back \$36
- full back \$56
- 3/4 legs \$47
- full legs \$66
- 1/2 back + 1/2 chest \$65
- full back + chest \$100
- full body \$250
- middle brow \$15
- full brows \$22
- neck \$24

LASER HAIR REMOVAL

Our laser hair removal system uses a medical grade (Cutera XEO Coolglide) laser, FREE consultation + FREE test patch from our **Queensland Health Licensed Laser Technicians**. ask for our laser hair removal price list POA

LIMELIGHT FACIAL TREATMENT 1hr \$275

Limelight is an **intense pulsed light (IPL)** treatment that delivers a non-invasive light treatment to target unwanted skin pigmentation/brown spots. A limelight treatment with the qualified and experienced team at Fresh Skin and Spa is an effective skin rejuvenation option with minimal discomfort. Phone the salon for more information.

GIFT VOUCHERS AVAILABLE

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