June/July 2018 At a glance Full descriptions of activities in bulletin.

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Worship 11:15 am Father's Day Prayer Candles	18 AA 8 pm	Cards 9:30 TOPS 6:30 LSC Council	20	21	22	23 ICF Breakfast 9 am
24 Worship 11:15 am GONG BATH	25 AA 8 pm	26 Cards 9:30 TOPS 6:30	27	28	29	30
Tri-parish Canada Day Worship 9:30 am	2 AA 8 pm	Cards 9:30 TOPS 6:30	4	5	Queer and Faith Friendly Coffee House Wesley UC 7 pm	7
Worship Hosted by Eastside Communion 9:30 am	9 AA 8 pm	10 Cards 9:30 TOPS 6:30	11	12	13	14
	Russell holidays					
15 Worship Hosted by St. Philip 9:30 am	16 AA 8 pm	17 Cards 9:30 TOPS 6:30	18	19	20	21
Russell holidays						

TOPS = Take Off Pounds Sensibly AA = Alcoholics Anonymous



ANNOUNCEMENTS

June 17, 2018



306-761-0556 eastsideunited@sasktel.net Like us on facebook (Eastside United Church) Follow us on Twitter @Eastside_united www.eastsideunited.ca



lelcome to Eastside United. May our opportunities of ministry offer you rest, challenge and peace on your Christian journey.

Ministers:

Worship leader: Hazel Arbon

Greeting: Amanda Benesh and Anita Tessier Congregational Care Greeter: Sheri Nupdal

Prayers: Amanda Benesh Music: Joshua Hendricksen Last week's attendance: NA



Russell's Office Hours:

Russell is in the office Tuesday through Thursday and working from home Friday. You can reach him at russell.eastside@sasktel.net.

Eastside Office Hours:

Tuesday, Wednesday and Thursday from 8:30 am to 3:30 pm

Songs -

There is Room for All MV #62
There is a Time MV #165
God, Help Us to Treasure (Moments of Mys'try) MV #147
Faith of our Fathers VU #580 Vs 3
Don't Be Afraid MV #90

For those interested in an online resource for *Daily Prayer*, this link will provide you with a traditional and contemporary option for each day from the Church of England http://www.oremus.org/cofe.html. Interested in an app?(available on iPhones only), try Common Prayer, by Shane Claiborne of The Simple Way. Print copies available on back table.

The scripture readings this week: Acts 10:9-20 and Luke 10:29-37.



St. Philip Senior Ministry Outreach card playing program, Tuesday mornings at 9:30 am in the East Sanctuary at the Living Spirit Centre. Whist and lessons to those that would like to learn. Come out and enjoy fellowship, coffee and card playing. If you need a ride call Rod 306-789-1388. Everyone is welcome.

2018 Merrill Brinton Tournament of Hope in support of Carmichael Outreach. This year's tournament is on Monday, June 25 at the Royal Regina Golf Club. We are so excited to see everyone out on the green coming together to support our programs and services. For more information and registration forms, please see the Eastside bulletin board.

Did you enjoy A Taste of Skylight Festival and want more? Did you hear how great it was and are sorry you missed it?! Gather a group of 6 and get a group rate!! Please let Russell know of your interest. www.skylightfestival.ca

Summer Solstice Gong Bath at the Living Spirit Centre from 3 to 4 pm on Sunday, June 24. The gong bath meditation bathes us in vibration and sound. It is an ancient and profound healing technique. Bring mats or a foam, and blankets, pillows to lie on the floor. The cost is \$20, and includes tea and snacks. Watch for an opportunity to walk the labyrinth to the vibrations of the gong following worship this summer! Lorraine has plans to provide this unique offering on a summer Sunday morning at 10:30 am!

Over the summer, our minister Russell invites you to find out what God is up to in your neighbourhood, to meet with your neighbours with the goal of getting to know them or if you know them, to get to know them differently. Gather a group of your neighbours and have conversation. It may include exploring the following questions:

- Who is your neighbour? Who are the people in your neighbourhood? Are the demographics changing?
- What are the assets of your neighbourhood? What do people love about it?
- What are the hurts of the neighbourhood? What are the issues or concerns?
- What would you like to see happen in the community? What is happening that you like or is exciting?

Be creative about how you might do this. We will share stories at a Parish Ministry Sunday in the fall.



Start off your
Canada Day
Sunday
celebrations with
a Tri-Parish
service!

We kick off the summer of church crashing by having a shared service planned jointly by your ministry staff from all three congregations: Bread of Life Lutheran, Eastside United and St. Philip Anglican. Come as we celebrate and reflect on the joys and challenges of this great country of ours. There will be refreshments following the 9:30 am worship.

Summerime Worship!

Sundays from July 1 to August 19, Eastside will be joining St. Philip Anglican and Bread of Life Lutheran Churches for church-crashing once again! Each Sunday one of the three churches will host the service and the other two will join in and get a chance to experience the worship traditions in their partner churches. **All services will be at 9:30 am.** We will need a few helpers to prepare refreshments for the Sundays Eastside is hosting worship: July 8 and August 12.

WHITMORE PARK UNITED CHURCH CELEBRATION WEEKEND,

336 Durham Drive, Regina. "All are welcome in this place." Members, family and friends are invited to join the Whitmore Park United Church congregation as they celebrate a 59-year history of faith and community.

Celebration Dinner Friday, September 14, 2018 Doors open at 5:30 pm. Dinner at 6 pm. Speakers and entertainment to follow until 9:30 pm. Roast beef dinner provided by Charlotte's Catering. Tickets: \$25 for adults. \$15 for children ages 4 to 12. Under 4 free. Available from Pam Bristol (pam.bristol@sasktel.net or 306 569-9015), Edith Nagy (edithnagy@sasktel.net or 306 789-4754), or the Church office (office@wpuc.ca or 306 586-3977).

Memories Come-and-Go Tea Saturday, September 15, 2018 2 to 4 pm. Come visit old friends and walk down memory lane perusing memorabilia from the congregation's history. No cost.

Celebratory Service Sunday, September 16, 2018 10:30 am. Coffee and fellowship to follow after the service.