

The History of JWNF



John W. Nick Foundation, Inc. was founded November 9, 1995 by John's daughter Nancy E. Nick. The Nick Foundation is the oldest Male Breast Cancer Foundation in the world. "Without Awareness Hope Is Lost!"

John visited the doctor three times in eight years. Each time he was told his symptoms were nothing to worry about. Eight years later his symptoms were recognized and a mastectomy was performed.

Mr. Nick's diagnosis was Male Breast Cancer, "Paget's Disease." John's treatment granted remission for only six months and then he lost his battle to breast cancer at the early age of 58.

John's mother Myrtle also had breast cancer.

How Do You Score?



- 1. Do you have a history of male or female breast cancer in your family?
- 2. Have any of your close blood relatives been identified with the hereditary breast cancer gene BRCA1 or BRCA2?
- 3. Are you of Ashkenazi Jewish ancestry (Eastern European/Russian descent) with a family history of breast or ovarian cancer?
- 4. Do you have Hereditary Hemochromatosis? (Iron Overload)
- 5. Have you been diagnosed with low testosterone?
- 6. Are you a heavy drinker of alcoholic beverages?
- 7. Have you been diagnosed with a liver disease such as cirrhosis of the liver?
- 8. Are you transgender/transsexual taking high doses of estrogen as part of your sex re-assignment?
- 9. Did you use a drug related to estrogen once used in hormone therapy for treatment of prostate cancer?
- 10. Are you obese and did you know that your male hormones, "androgens" - through your fat cells - convert into the female hormones estrogen?

Men Get Breast Cancer Too!!



- 11. Have you been diagnosed with low testosterone level?
- 12. Have you had your testicles removed or injured from hernia surgery?
- 13. Did you start puberty late (ages 16-18)?
- 14. Do you have large breasts? (Gynecomastia)?
- 15. Have you been diagnosed with Klinefelter's Syndrome? (Caused by an extra X chromosome and affects only men.)



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