

KEY WEST SPORTS ACADEMY

Dance - Gymnastics - Cheer - Ninja - Rockclimbing

WWW.KEYWESTSPORTSACADEMY.COM

305.896.2458 700 TRUMAN AVE

Covid 19 Re-Opening Plan



PREPARING FOR RE-OPENING

Hello KWSA Family!,

While we are not open yet, we want to let you know that we are working hard to be ready when we receive the all clear. We want to first say a huge thank you to the community for your love and support during this time. We have confirmed that our KWSA family is truly the best! As you can imagine the #1 priority of our program is the health and safety of our kids and athletes, and want to ensure as we open we continue to follow guidelines to keep everyone safe. With this being said, we have outlined a what to expect guide to help you as we navigate through new waters. When we have been given the clear to move into Phase 1 we will let you know.



KEEPING SAFE

General Precautions



HAND WASHING

Keeping our hands clean is more important now than ever. Once we are cleared to re-open we will be requiring athletes to sanitize or wash hands prior to each class and after each water break.



CLOSED PARENT ROOM

Our parent area will remain closed through phase 1 and 2 of re-opening in order to maintain low occupancy numbers and 6' distancing. Parents may watch class digitally via a password protected zoom link.



CLEANING & SANITIZING

Our facility is regularly fogged with hospital grade sanitizer. Prior to closing we instituted sanitation protocols in between each class, which includes the use of UV-C lights and CDC approved disinfectants. These protocols will remain in place for the foreseeable future.

FACE MASKS

Doctors recommend youth athletes NOT wear masks due to decreased oxygen levels and increased carbon dioxide inhalation. Additionally there are concerns regarding the mask becoming dislodged during movement which may increased the likelihood of injury and increased facial contact as children adjust masks. As such we will not be requiring athletes to wear masks but our staff will wear masks to help to prevent the spread of all germs. Athletes will be kept at minimum 6' apart at all times.



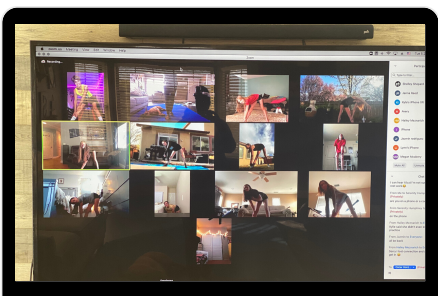
Phase 1



WHAT TO EXPECT DURING PHASE 1

In addition to the general guidelines as outlined on page 2, we will be opening during phase 1 for private lessons, semi-private lessons, and with a modified class schedule. Birthday parties with less than 10 participants in each zone may also resume.

- During phase 1, we will operate using a condensed class schedule.
- Classes will be scheduled with ample time between to allow for sanitation of equipment.
- Participants must be registered prior to class, walk ins will not be accepted.
- At this time only athletes over the age of 5 who are able to follow distancing protocols will be allowed to resume class.
- The maximum number of athletes in each class will be strictly capped at 6 participants.
- Participants will be stationed 6+ feet apart at all times.
- The gym will be divided into zones containing no more than 10 total people per zone with each zone operating at a 25-50% capacity.
- Athletes will not be permitted to bring anything in to the facility other than a water bottle. Shoes must be removed prior to entering the facility.
- Everyone entering the facility will be screened for a temperature using an infrared thermometer.
- Participants may be required to complete a health screening questionnaire prior to entering the facility.
- Each athlete will use their own set of equipment for the duration of each class. Water bottles will be kept at the athletes equipment station.
- Athletes will not be permitted to stunt during Phase 1 as stunting is not possible with 6' of separation, though stunting drills may be conducted with athletes adequately distanced.
- Anyone exhibiting signs of a fever, cough or other symptoms of illness will not be permitted to enter the facility.
- Minimal spotting will be performed during this time. Coaches will use sanitizer during each athlete rotation.
- Campers will each have their own craft supplies and equipment for use throughout each day to eliminate the spread of germs between campers. Campers may wear masks during low energy times of the day, as desired by parents.



*Virtual classes will remain in effect on
during phase 1.*

*These are included with class
registration and may be purchased
solely for those who are not ready to
return to the gym.*

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Phase 2

WHAT TO EXPECT DURING PHASE 2

Phase 2 stage allows us to resume classes and continue individuals and small groups in the gym.

In addition to the general guidelines as outlined on page 2, the following precautions will be taken:

- Clinics and special events that allow for social distancing will resume at this time.
- Preschool classes will resume.
- Open gym will resume with limited capacity for tumbling only.
- No stunting will be allowed during this time.
- Dance recital performances will take place on the large, main floor with proper social distancing and will be streamed for spectators. Participation in the recital is optional.
- A modified schedule of virtual classes will be available during this time with at least one class for each tumbling level per week.
- Active members will receive access to a video library of at home classes as well.
- Please continue to limit the non-family spectators during classes at this time.

BASIC HEALTH REMINDER

Before you come in ask yourself...

Please keep your child home if they or anyone in the home demonstrate any type of illness including:

- Fever
- Cold or Flu Symptoms
- Running Nose
- Cough

Any athlete who has symptoms of Covid-19 should remain home until they have been cleared by a doctor or until the 14 day isolation period has passed.

It is the responsibility of all of us to keep the gym safe, if you have any concerns let us know immediately.



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Phase 3

WHAT TO EXPECT DURING PHASE 3

Phase 3 allows us to open back up to full operation, still while following the guidelines on page 2 with a few small changes.

- Parent area will be re-opened.
- Skills will be spotted in accordance with previous procedures and gym operations.
- Preschool Playdate, Camps, Clinics, and birthday parties may resume as previously conducted.
- Cheer teams may begin stunting, tumbling classes that conduct partner skills may resume that training.
- In the event of any slip back with the virus, we reserve the right to repeat phases as necessary to maintain the safety of our staff and families.

MAKE UP CLASSES

A quick reminder...

We know this has been a challenging time for so many families, including our own. For those of you who paid tuition for session 8, we are so grateful for your support of KWSA during this very difficult time. We likely would not be re-opening if not for your support, you have our deepest gratitude.

Please remember - for every missed class during session 8, not only were you able to participate in both live and pre-recorded virtual classes, but you earned make up classes as well. Those make up classes can be completed in any recreational class or program. You may use your make up class on tumbling, dance, gymnastics or ninja.

Please schedule all make up classes through your parent portal.

Please remember, you must have a current membership (be currently enrolled in classes) to complete your make up classes.

Our Promise to You

One thing you can be certain of - our commitment is to the safety of our families and staff.

As a result, we will continue to maintain a clean and safe facility at all times. Our equipment has always undergone sanitation standards, and we pride ourselves on that.

We know that once we stepped up our game on cleanliness, we weren't going back the other direction ever again. Rest assured our staff is fully committed to maintaining these increased measures moving forward