

Daily Gratitude Tehillim Group

Uniting to thank Hashem for all our blessings



Round 14

www.DailyGratitudeTehillim.com

January 25 - June 25, 2017



| ~January 2017~ | | | | | | |
|----------------------|---------------------|------------|--------------------|----------|--------|---------|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Shabbat |
| 21 5 29 | 22 6 30 | 23 7 31 | Psalm 1! 25 | 2 26 | 3 27 | 4 28 |
| ~February~ | | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Shabbat |
| | | | 8 1 | 9 2 | 10 3 | 11 4 |
| 12 5 | 13 6 | 14 7 | 15 8 | 16 9 | 17 10 | 18 11 |
| 19 12 | 20 13 | 21 14 | 22 15 | 23 16 | 24 17 | 25 18 |
| 26 19 | 27 20 | 28 21 | 29 22 | 30 23 | 31 24 | 32 25 |
| 33 26 | 34 27 | 35 28 | | | | |
| ~March~ | | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Shabbat |
| | | | 36 1 | 37 2 | 38 3 | 39 4 |
| 40 5 | 41 6 | 42 7 | 43 8 | 44 9 | 45 10 | 46 11 |
| 47 12 | 48 13 | 49 14 | 50 15 | 51 16 | 52 17 | 53 18 |
| 54 19 | 55 20 | 56 21 | 57 22 | 58 23 | 59 24 | 60 25 |
| 61 26 | 62 27 | 63 28 | 64 29 | 65 30 | 66 31 | |
| ~April~ | | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Shabbat |
| | | | | | | 67 1 |
| 68 2 | 69 3 | 70 4 | 71 5 | 72 6 | 73 7 | 74 8 |
| 75 9 | 76 10 | 77 11 | 78 12 | 79 13 | 80 14 | 81 15 |
| 82 16 | 83 17 | 84 18 | 85 19 | 86 20 | 87 21 | 88 22 |
| 89 23 | 90 24 | 91 25 | 92 26 | 93 27 | 94 28 | 95 29 |
| 96 30 | | | | | | |
| ~May~ | | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Shabbat |
| | 97 1 | 98 2 | 99 3 | 100 4 | 101 5 | 102 6 |
| 103 7 | 104 8 | 105 9 | 106 10 | 107 11 | 108 12 | 109 13 |
| 110 14 | 111 15 | 112 16 | 113 17 | 114 18 | 115 19 | 116 20 |
| 117 21 | 118 22 | 119 **23 | 119 **24 | 119 **25 | 120 26 | 121 27 |
| 122 28 | 123 29 | 124 30 | 125 31 | | | |
| ~June~ | | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Shabbat |
| | | | | 126 1 | 127 2 | 128 3 |
| 129 4 | 130 5 | 131 6 | 132 7 | 133 8 | 134 9 | 135 10 |
| 136 11 | 137 12 | 138 13 | 139 14 | 140 15 | 141 16 | 142 17 |
| 143 18 | 144 19 | 145 20 | 146 21 | 147 22 | 148 23 | 149 24 |
| Psalm 150! 25 | Round 15! 26 | | | | | |

From the comfort of your own home, join a sisterhood of women from all around the world saying one psalm a day, in gratitude to Hashem for all the blessings He continually showers upon us.



Additional Resources for our Wonderful Women:

www.Aneinu.com - 2x a day Tehillim phone conference + shiurim

www.KavanahKards.com - Kavanah cards for your prayers

www.NerEchad.com - Sisterhood of women lighting candles + more

Join our group: coachlaurie18@gmail.com

* *Psalm 119

May 23: Verses 1 - 64 Aleph - Chet

May 24: Verses 65 - 120 Tet - Samech

May 25: Verses 121 - 176 Ayin - Tav

The Tzemach Tzedek said, "If you only knew the power of verses of Tehillim and their effect in the highest Heavens, you would recite them constantly. Know that the chapters of Tehillim shatter all barriers, they ascend higher and higher with no interference.; they prostrate themselves in supplication before the Master of all worlds, and they effect and accomplish with kindness and compassion."

If you miss a day or 2 or 3 (or more) of the psalms, no worries. Either catch up or start again with the current psalm of the day. Every one of our psalms helps us reach out to Hashem in unity and in gratitude.