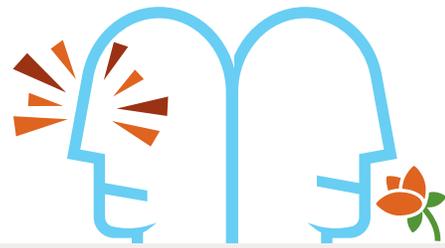


# Stop suffering. And breathe.



## DO YOU HAVE SINUSITIS?

Sometimes it can be difficult to determine if your sinus symptoms are the result of allergies and the common cold or if pressure, pain and dizziness are being caused by chronic sinusitis. To help you determine which sinus treatment is the right option for you, take a moment to answer the questions below.

**Circle "yes" if you have had any of the following symptoms for 10 days or longer:**

- |   |            |           |
|---|------------|-----------|
| Facial pressure or pain .....             | <b>YES</b> | <b>NO</b> |
| Headache pain .....                       | <b>YES</b> | <b>NO</b> |
| Congestion or stuffy nose .....           | <b>YES</b> | <b>NO</b> |
| Thick, yellow-green nasal discharge ..... | <b>YES</b> | <b>NO</b> |
| Low fever (99-100 degrees) .....          | <b>YES</b> | <b>NO</b> |
| Bad breath .....                          | <b>YES</b> | <b>NO</b> |
| Pain in your teeth .....                  | <b>YES</b> | <b>NO</b> |

### DURATION AND FREQUENCY

- |   |            |           |
|---|------------|-----------|
| Have you experienced these symptoms for 12 or more consecutive weeks? .....   | <b>YES</b> | <b>NO</b> |
| Have you experienced these symptoms for 10 or more days four or more times (with periods of no symptoms) in the last twelve months? ..... | <b>YES</b> | <b>NO</b> |

**If you answered yes to three or more** of the symptom descriptions, and yes to either extended (12+ weeks) or repeated (4+ times) outbreaks, you may suffer from chronic or recurrent sinusitis. An examination by an ear, nose, and throat specialist is strongly encouraged.

Be sure to ask your ENT specialist about balloon sinus dilation—it may be the lasting treatment option that's right for you.

**If you have facial pain or pressure, please place an "x" on the face below to show where you are feeling that pain or pressure:**



Please **rate your current facial pain/pressure** on a scale of 1 to 5, 1 being no pain, and 5 being the most pain you have ever felt.

1 ————— 2 ————— 3 ————— 4 ————— 5  
**NO PAIN**  **MOST PAIN EVER**

**On what date did you first start experiencing these symptoms?**

Learn more about your options at [www.SinusSurgeryOptions.com](http://www.SinusSurgeryOptions.com).



XprESS may be used to treat certain conditions affecting the sinus above your eyebrows and behind your cheeks and eyes. Your physician will need to determine if your condition is one that may benefit from XprESS. Possible side effects include but are not limited to post-operative bleeding; pain and swelling; allergic reaction to anesthesia or other medications administered during the procedure; or infection. Your condition may not respond to this treatment. To learn more about this procedure and the potential risks, ask your physician.

**Caution:** Federal (USA) law restricts this device to sale by or on the order of a physician.

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