

Matthew A. Meier, Psy.D.
Clinical Psychologist

Contact Information

Office:
AZ Disability Determination Services
4000 N. Central Ave. Ste. 1800
Phoenix, AZ 85012
Office: 602-771-7304
Email: matthew.a.meier@ssa.gov

Clinic:
Clinical Psychology Center
1100 E. University Drive
Tempe, AZ 85287
480-965-7296
Email: matt.meier@asu.edu

Education and Degrees

- 9/02 – 9/06 Forest Institute of Professional Psychology
Psy.D. in Clinical Psychology, Cum Laude
Dissertation title: Predictors of successful adolescent substance abuse treatment.
Advisor: Stephanie Wood, Ph.D.
- 7/97 – 12/00 University of Missouri – Columbia
Graduate Student in Clinical Psychology
Minor in Psychological Statistics
Advisor: Kenneth J. Sher, Ph.D.
- 8/93 – 5/97 University of Kansas
B.A. in Psychology
Senior honors thesis: The effects of attachment style on the development of psychological problems
Advisor: Douglas R. Denny, Ph.D.

Licenses/Certifications

Licensed Psychologist in Arizona – #4401
National Register of Health Service Psychologists – #52130
Licensed Clinical Addictions Specialist in North Carolina – #1405
Internationally Certified Advanced Alcohol and Drug Counselor – #1475

Employment and Professional Experience

Clinical Experience

2013-present Senior Psychologist, Disability Determination Services, Phoenix, AZ

I review Social Security Disability applications to determine the severity of impairments and residual functional capacity. My primary duty is to evaluate and interpret all available psychological data and provide a summary and

rationale for my decision. I also provide consultation and training on mental disorders to DDS Disability Examiners.

2014-present Clinical Supervisor, Clinical Psychology Center, ASU, Tempe, AZ

I supervise graduate students in the clinical psychology PhD program at ASU. I provide training in Evidence-Based Practices, psychological assessment, and basic therapy skills.

2012-2013 Senior Psychologist, Disability Determination Services, Raleigh, NC

I performed the same duties as in my current job at DDS in Phoenix.

2009-2012 Clinical Director, Fellowship Health Resources, Inc., Raleigh, NC

I directed clinical and administrative services for the outpatient behavioral health, intensive outpatient substance abuse, and outpatient substance abuse treatment programs in a nonprofit community mental health agency. Prior to my arrival, only outpatient substance abuse services were provided. I developed and implemented mental health and dual diagnosis programs. I supervised multiple clinicians as well as provided direct clinical services. I provided individual and group therapy and administered psychological assessments. I have designed and implemented evidence-based and best practice treatment protocols. I coordinated services for Wake County Drug Court and Department of Corrections programs. I provided weekly group and individual clinical supervision and training. I was responsible for maintaining current and developing new referral sources. I developed private insurance, self-pay, and sliding fee scale services. I also had grant-writing responsibilities, and was awarded a three-year SAMHSA grant and a two year NC Department of Corrections contract.

2006-2009 Program Director, Valley Hope offices in St. Louis, Springfield, and Boonville, MO

I was responsible for directing clinical services at three outpatient offices. My job responsibilities included providing clinical and administrative supervision for outpatient substance abuse counselors, providing direct clinical services, and performing other administrative activities. As part of my clinical and administrative supervision responsibilities, I gave monthly clinical in-services on evidence-based and best practices models. My clinical duties included screening and assessment, psychological assessment and diagnosis, and individual and group therapy. I also contributed to the development and implementation of an online counseling program that served substance abuse clients who lived in isolated areas or were otherwise unable to participate in office settings. Further, as part of my administrative responsibilities, I marketed our services to the public and provided outreach services to the community. I was responsible for maintaining JCAHO and state certification.

- 2007-2008 Psychology Resident, Boonville Valley Hope, Boonville, MO, Michael Stacy, Ph.D., Supervising Psychologist
- My residency was completed during the first year of my outpatient directorship with Valley Hope. My training focused on the treatment of substance abuse and co-occurring disorders, group therapy, psychological assessment, and supervision of supervision.
- 2006 Weekend Counselor, Royal Oaks Hospital, Windsor, MO, C.J. Davis, Psy.D., Supervising Psychologist
- I provided group therapy for children, adolescents, and adults in an inpatient psychiatric setting. My work with the group members occasionally necessitated individual therapy and crisis intervention.
- 2005–2006 Psychological Intern, Pathways Community Behavioral Healthcare, Inc. Columbia, MO & Clinton, MO, Barbara Gray, Ed.D., Supervising Psychologist
- This APPIC-approved internship is a member of the Heart of America Psychology Training Consortium. This was a relatively new internship program, and they are currently completing the process for APA certification. My responsibilities were split evenly between two locations. In Columbia, I provided substance abuse treatment for Federal Probation and Parole clients, Federal Bureau of Prison clients, and the Adolescent Comprehensive Substance Treatment and Rehabilitation program. In Clinton, I provided outpatient community mental health to children, adolescents, and adults. I was responsible for intake, psychological assessment, therapy, treatment planning, and documentation. I also spent time on-call for crisis intervention services.
- 2003–2005 Psychological Trainee, Forest Institute Clinic, Springfield, MO, Robert Murney, Ph.D., Clinic Director
- My responsibilities in this training position primarily entailed observed or video-taped individual counseling sessions. I was responsible for intake, psychological assessment, therapy, treatment planning, and documentation. I gave case presentations on a regular basis. Most of the clientele were college students and underserved populations.
- 2003–2005 Outpatient Substance Abuse Counselor, Springfield Valley Hope, Springfield, MO, Elizabeth Burns, Ph.D., Program Director
- I was responsible for opening the outpatient office in Springfield. This included finding office space, marketing our services to local referral sources, and obtaining JCAHO and state certification. I provided individual and group counseling, assessment, treatment planning, case management, and patient education, as well as all associated documentation and paperwork.

2003 – 2004 Psychology Trainee, Lakeland Regional Hospital, Springfield, MO, Mike McGreevey, Psy.D., Supervising Psychologist

My experience at this child and adolescent psychiatric center primarily focused on group play therapy. I facilitated and co-facilitated groups of children and adolescents, focusing on self-control. Additional duties included providing individual and family therapy, as well as documentation.

2003 – 2004 Psychology Trainee, Psychology Services Clinic, Springfield, MO, Mike McGreevey, Psy.D., Supervising Psychologist

My responsibilities at this site involved facilitating and co-facilitating individual and family sessions with children, adolescents, and adults. I also worked with Home Base Residential, a program for troubled adolescents in DFS custody. I provided one-on-one therapy and case management with an emphasis on basic coping skills and education.

2001 – 2003 Substance Abuse Counselor, Boonville Valley Hope, Boonville, MO, Elizabeth Burns, Ph.D., Program Director

My major duties included individual and group counseling, case management, and patient education. Patient education was provided both individually and through psycho-educational lectures. I also performed intake assessments, consultation, crisis intervention, treatment planning, and paperwork.

1999 – 2000 Psychology Clerk, Fulton State Hospital, Fulton, MO, Rhonda Brown, Ph.D., Supervising Psychologist

My responsibilities at this mental hospital practicum included individual and group therapy, case management, psychological assessment, and documentation. I worked as a part of a multidisciplinary treatment team. I was also involved in the setup of a system-wide Sex Offender Treatment Protocol.

1998 – 1999 Psychology Trainee, Psychological Services Clinic, University of Missouri – Columbia, Jeremy Skinner, Ph.D., Supervising Psychologist

My responsibilities in this training position primarily entailed observed individual sessions in a brief therapy model. I was responsible for intake, assessment, treatment planning, and documentation. Case presentations were given on a regular basis. Most of the clientele were college students and underserved populations.

Teaching and Outreach Experience

2014-present Adjunct Faculty in Psychology
Arizona State University, Tempe, AZ

I teach Intro to Clinical Psychology, Exploring Psychology through Science Fiction, and Clinical Supervision – 2nd Year Practicum.

2012-2013 Adjunct Faculty with joint appointments in Psychology and Human Services
Wake Technical Community College, Raleigh, NC

I taught Abnormal Psychology for college transfer students. I also taught Addictive Processes and Overview of Chemical Dependency for a Substance Abuse Certificate Program.

2012-2013 Advisory Board Member for the Human Services Program
Wake Technical Community College, Raleigh, NC

2011-2013 Consultant for the UNC-Chapel Hill School of Social Work AHEC Training Partnership

I provided day-long trainings for the North Carolina Area Health Education Consortium. These trainings are approved for APA CEUs. I have presented two trainings, multiple times. The trainings were:

Community-Based Treatment of Co-occurring Disorders
Implementation of Evidence-Based CBT Group Practices

2011-2013 Trainer for the Wake County Provider Network, Raleigh, NC

I provided day-long trainings on Group Dynamics and Cognitive-Behavioral Group Therapy to state-funded treatment providers.

2010 Presenter at the 36th Annual Advanced International Winter Symposium on Addictive Disorders and Behavioral Health, Colorado Springs, CO

I presented the following talks:

Adolescent Substance Abuse Treatment
Treatment of Co-occurring Disorders
Mandated Substance Abuse Treatment for Juvenile Offenders

2010 Adjunct Faculty in Psychology
ECPI College of Technology, Raleigh, NC

I taught Introduction to Psychology for Bachelor's level students.

2008-2009 Online Instructor, Valley Hope Counselor Training Program, Valley Hope Association, Norton, KS

I taught two classes for Valley Hope's online Counselor Training Program, Clinical Records (Assessment, Treatment Planning, and Staffing) and Ethics in Substance Abuse Treatment (twice).

2008 Hands Across the Bridge – Rally for Recovery, co-organizer and liaison with FAVOR, St Louis, MO

Our event was chosen by Faces and Voices of Recovery, a national addiction advocacy organization, as the national hub for “Recovery Voices Count,” a celebration of recovery from addiction and a nonpartisan civic engagement effort to register people to vote; over 1300 people attended.

2008 Presenter at the 34th Annual Advanced International Winter Symposium on Addictive Disorders and Behavioral Health, Colorado Springs, CO
Adolescent Substance Abuse Treatment
Treatment of Co-occurring Disorders

2007-2009 Adjunct Faculty in the Master of Education in Counseling Department, Stephens College, Columbia, MO

I taught three classes for this terminal counseling Master’s program: The Counselor as a Professional (twice), Advanced Research Methods (twice), and Theories and Techniques in Counseling (twice).

Research Experience

2007 – 2013 Research Consultant, Juvenile Division Cooper County, Youth Court Grant, Linda Lacy, Director of Juvenile Services

I conducted outcome evaluation studies for the Cooper County Youth Court. I designed the research methodology and analyzed data. I was responsible for the research section of the grant application and renewal.

1998 – 1999 Poster presentations at the annual meeting of the Research Society on Alcoholism Conference

Meier, M.A., & Sher, K.J. (June 1999). The relationship between self-reported age-of-onset for symptoms of substance use disorder and the current age-of-reporting: The little lamb effect. Santa Barbara, CA.

Meier, M.A., & Sher, K.J. (June 1998) Does the timing of childhood stressors affect the likelihood of developing an alcohol use disorder? Hilton Head, SC.

Gotham, H.J., Meier, M.A., & Sher, K.J. (June 1998) Changes in individual difference variables in relation to the course of early onset alcohol use disorders. Hilton Head, SC.

1997 – 1999 Research Assistant, NIAAA Grant AA7231, “A Prospective Study of Offspring of Alcoholics.” Kenneth J. Sher, PhD, principal investigator

I worked on a 10-year longitudinal study collecting and analyzing data on college-age Children of Alcoholics. I interviewed participants, maintained the

database, wrote software for data entry, ran statistical analyses, and wrote papers and presentations.

- 1996 – 1997 Research Assistant, Douglas R. Denny, PhD, principle investigator
My senior honor thesis was based on this work. I was responsible for the project conceptualization, data collection and analysis, and writing the thesis.
- 1996 Undergraduate Research Assistant, “Language Comprehension System,”
George A. Kellas, PhD, principle investigator
- 1995 – 1997 Undergraduate Research Assistant, “The Role of Social Norms,” Christian
Crandall, PhD, principle investigator
- 1994 – 1995 Undergraduate Research Assistant, “Stress and Coping Theory,” Annette L.
Stanton, PhD, principle investigator

Grants and Contracts

- 2012 – 2014 North Carolina Department of Public Safety, Division of Adult Corrections
Contract: Establishment of a Community Intervention Center in Wake County
Role: Co-writer and Clinical Supervisor
- 2010 – 2013 Substance Abuse and Mental Health Services Administration, Center for
Substance Abuse Treatment
Grant: Expansion of Adult Treatment Drug Courts
Role: Co-writer and Clinical Supervisor

References available by request