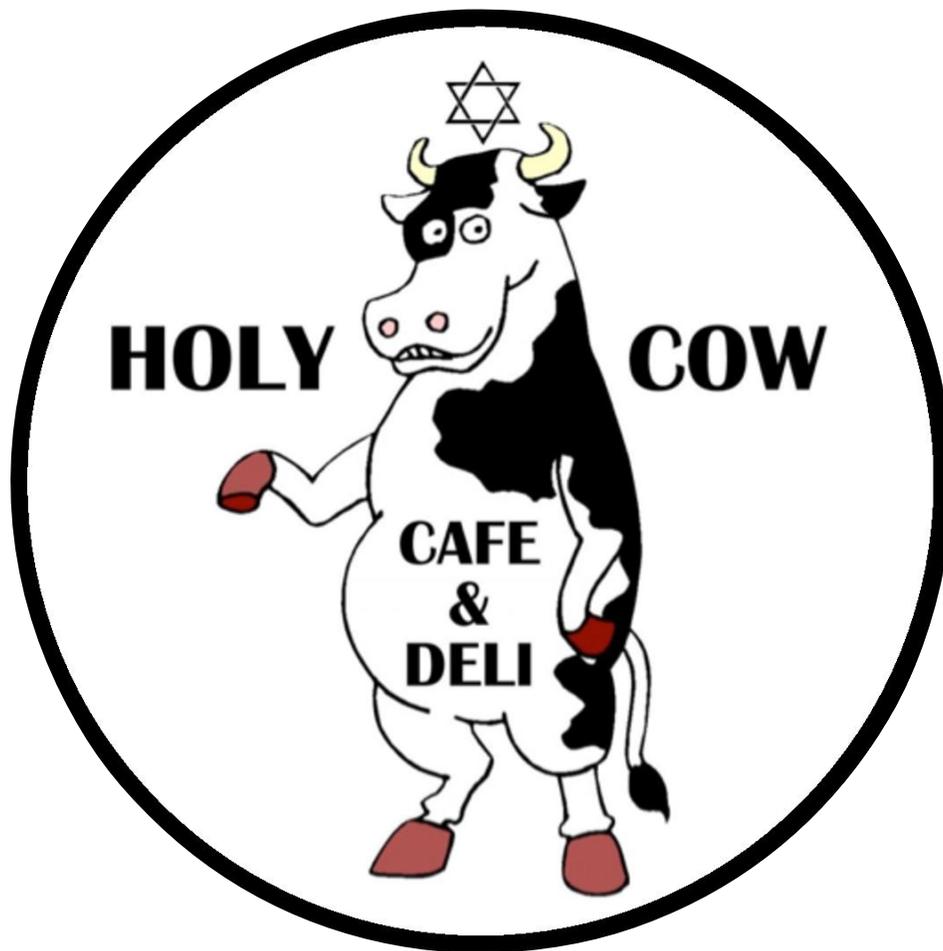


CAFE & DELI MENU



(901) 598-1152

WWW.HOLYCOWNOW.COM

info@holycownow.com

STARTERS

Brisket Fries

Crispy fries topped with BBQ brisket and slaw, drizzled with ranch and BBQ sauce, \$9.95

BBQ Chicken Nachos

Tortilla chips, covered with shredded iceberg, BBQ chicken, salsa, guacamole, black olives, jalapeños and ranch dressing, \$7.95

Hot Wings

One pound of spicy hot chicken wings served with celery sticks and ranch dressing, \$9.95

Hummus & Pita

A plate of hummus topped with olive oil and paprika and served with pita triangles, \$4.50 (add falafel balls, \$1.50 each)

Basket of Fries

Regular or cajun style, \$3.95 (kosher status: meat)

Basket of Onion Rings

Hand-breaded onion rings, \$4.95 (kosher status: meat)

SALADS

Shelly's Chopped Salad

Lettuce mix, tomato, cucumber, chick peas, black olives, green olives, bananas peppers, and heart of palm with balsamic vinaigrette, \$7.25 (add deli salad, chicken breast or smoked turkey for \$4.00)

California Coastal Salad

Lettuce mix, dried cranberries, toasted walnuts, mandarin oranges, hearts of palm, and balsamic vinaigrette, \$7.25 (add deli salad, chicken breast or smoked turkey for \$4.00)

Turkey Chef Salad

Smoked turkey, hard-boiled egg, shredded carrot, cucumbers and sliced tomato over lettuce mix with choice of ranch or honey mustard dressing, \$9.95

Falafel Salad

Lettuce mix, tomato, cucumber, thinly-sliced red onion, pita crisps and four falafel balls, served with tahini dressing, \$9.95 (kosher status: meat)

Chicken Caesar salad

Sliced, grilled chicken on top of lettuce mix with tomatoes, roasted red peppers, croutons and Caesar dressing, \$9.95

Israeli Salad Platter

Hummus, baba ganoush, Israeli salad and pita, \$7.95 (add falafel balls, \$1.50 each (kosher status with falafel: meat)

TENDERS

Regular or Bang Bang Style

3 Tenders & Fries, \$5.95

4 Tenders & Fries, \$8.25

12 Tender Pack & Fries, \$24.00

HOT DOGS

Hot Dog, \$3.50

Hot Dog and Fries, \$5.95

Double Dog with Fries, \$9.25

LITTLE COW COMBO

Hot dog, half turkey sandwich or regular matzah ball soup with chips, fruit snack and juice box
\$5.95

FROM THE GRILL

Items from the grill take approximately 15-20 minutes
and may take longer during peak times

Add Side of Fries, \$2.50

Add Side of Onion Rings, \$3.50

BEEF

Holy Cow Burger

Served on a challah roll with lettuce, tomato, pickle and onion on the side, \$6.50

Big Texan

Two burgers on a challah roll with salsa, guacamole and jalapeños, \$10.75

BBQ Brisket Burger

Burger on challah roll topped with BBQ brisket, slaw, pickles and BBQ sauce, \$12.50

Pita Burger

Burger, hummus, Israeli salad and tahini dressing in a pocket pita, \$7.95

Patty Melt

Flattened burger with grilled onions, cheesy melt and 1000 Island on griddled rye, \$7.95

Brisket Quesadilla

Pulled brisket, salsa, sautéed peppers and onions and cheesy melt in a griddled tortilla and topped with guacamole, \$12.95

BBQ Brisket Sandwich

Pulled brisket in a challah roll and topped with slaw and BBQ sauce, \$12.95

BBQ Brisket Plate

1/3 lb. of pulled BBQ brisket served with fries and slaw, \$14.95

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CHICKEN

California Chicken Sandwich

Grilled chicken breast topped with guacamole, served with lettuce, tomato, onion and pickle on the side, \$6.50

Chicken Quesadilla

Chicken, salsa, sautéed peppers & onions and cheesy melt in a griddled tortilla and topped with guacamole, \$7.95

Chicken Schnitzel Wrap

Chicken tenders rolled into a whole wheat wrap with lettuce, tomato, pickle and honey mustard, \$6.95

Chicken Breast Plate

Two grilled chicken breasts served with slaw and edamame, \$10.95

VEGETARIAN

Although these items do not contain meat they are cooked with meat and have a meat kosher status

Falafel Sandwich

Four falafel balls with Israeli salad, hummus and tahini dressing served in a pocket pita, \$7.95

Veggie Quesadilla

Sautéed peppers and onions and cheesy melt in a griddled tortilla and topped with guacamole, \$7.95

Portobello Mushroom Burger

Skip the traditional beef burger and enjoy a grilled portobello instead. Topped with lettuce, tomato, pickle and honey mustard, \$6.95 (available meat equipment upon request)

FROM THE DELI

The VanderWich

Turkey "bacon" with guacamole, lettuce, tomato and mayo on toasted wheat bread, \$7.25

Bang Bang Chicken Wrap

Chicken, cucumber, carrot, lettuce, red onion, almonds, sesame seeds and bang bang sauce, \$7.25

Turkey Reuben

Double turkey, choice of slaw or sauerkraut and 1000 island dressing on rye, \$10.50

Mediterranean Chicken Wrap

Grilled chicken with Israeli salad, hummus and tahini dressing in a wheat wrap, \$7.95

Corned Beef Sandwich

1/3 plus lb. of corned beef on marble rye with deli mustard, \$13.50

Traditional Deli Sandwich

Choose from chicken salad, tuna salad, egg salad, egg & olive salad, seafood salad, smoked turkey or sliced grilled chicken on white, wheat, marble rye, challah roll or whole wheat wrap, served with a pickle spear, \$5.49 (double protein, add \$4.00)

Soup and Half Sandwich

Small soup and half of a traditional deli sandwich, \$6.35

BEVERAGES

Soda/Water Bottles, \$1.00

Powerade/Ice Drinks, \$1.75

Juice Box, \$1.00

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Matzah Ball Soup

Small, \$3.75

1/2 pint of broth and one matzah ball

Large, \$5.50

Pint of broth and one matzah ball

X-Large, \$10.95

Quart of broth and two matzah balls

Extra Matzah Balls, \$1.50 each

Soup of the Day

Small, \$3.75, Large, \$5.50, X-Large, \$10.95

SIDES

Knishes

Potato, Meat & Potato, or Spinach & Potato, \$2.50 each

Deli Sides

Israeli salad, coleslaw or lightly salted edamame, \$2.00

Fries or Onion Rings

Side size only available with purchase of sandwich.

Fries, \$2.50

Onion Rings, \$3.50

SMOOTHIES

Straight Up Strawberry, \$3.50

Strawberry & Friends, \$3.50

Strawberries with your choice of mango, banana or pineapple

Brown Cow, \$3.50

Peanut butter, banana and chocolate protein powder

Add protein powder for \$1.00