

## ***Somebody Shoulda Told Me***

**By Remon & Candace Tuck**

Marriage is not the fairy tale you grew up watching in movies and hearing from childhood stories. We never had an inkling of a clue that we would experience anything that we have dealt with in our marriage. Somebody shoulda told me trust is different when you are married versus when you are dating. When trust is broken as a “girlfriend” or “boyfriend” it will affect you. However, once you vow to give your heart and your whole being to someone in the presence of God, family, and friends, having your trust broken cripples your spirit. Somebody shoulda told me that the person you marry could and possibly will do something that will cause you not to trust them and how this betrayal will impact your marriage negatively if you don’t know how to handle it. And that mistrust can stem from so many different things, not only cheating. Little things such as sneaking in new purchases to big things like addiction and adultery.

I (Remon) actually was told! I didn’t realize the magnitude of it. The significance of it. The depth of it. My old man had several conversations with me regarding trust. He told me, “If you lose the trust of your woman you cannot be upset that she hasn’t forgiven you and that she is taking a long time to get over it. You can’t get upset, son.”

I called him one time to vent because I was tripping that CANDACE was still tripping and he told me to “SHUT UP!” and was flat out mad at me. He said I was the one tripping the worse. He said, “You have to realize you hurt this woman and you’re mad because she hasn’t forgiven you. SHUT UP!”

And to tell you the truth it pissed me off that he was mad at me. So, I was told before and during our marriage. Although I was told, actually going through it was different. I didn’t realize how serious it was. When you hurt your wife and lose her trust, it is a matter you must take to heart. When you can look at her face and see the pain in which you caused, it should be an eye-opening moment. You don’t go into the marriage thinking you will lose her trust. I didn’t realize the crippling effect it could have on her and my marriage.

When you are young your mindset is more like “I’m sorry”, “I’m not going to do it again”, and “Okay. Get over it”. As I became older and wiser the pain on my wife’s face from any hurt I caused her actually started hurting me. If you truly love your spouse and you two are in sync, their pain should hurt you just as bad.

When your trust has been broken you should:

- Allow yourself time to heal
- Speak what’s in your heart but don’t intentionally try to kill their spirit with daggering words
- Don’t hold on to the pain or hurt longer than needed
- Be willing to forgive