



LAURYN MIKKELSON

CLASS OF 2024

EVENTS: XC/SPRINTS/HURDLES

HIGH SCHOOL: SALINA-SACRED HEART

CLASS: 2A

CONTACT: HUEY.COUNTS@LIVE.COM

RUNNING BIO

2022-2023 SEASON BESTS

XC: 22:38.15

*QUALIFIED FOR STATE

2021-2022 SEASON BESTS

XC: 21:38.10

*QUALIFIED FOR STATE

100: 13.04

300M HURDLES: 48.41

*PLACED 6TH IN 300M HURDLES AT STATE AND WENT TO STATE IN THE 100

2020-2021 SEASON BESTS

XC: 22:06.80

*QUALIFIED FOR STATE

300M HURDLES: 51.53