

## Welcome

Thank you for choosing Child Parent Counseling, LLC, to provide counseling services for your child and family. We value the special relationship between child and parent and use this relationship to help children and families become stronger together. We fully appreciate the difficult decision you have made to come to counseling. We realize that your child is the most precious thing in your life. It is our goal to help you and your child find long-lasting solutions to the difficulties that brought you here.

Our initial few sessions will focus on getting to know each other, gathering information about what brought you and your child to counseling and developing an initial treatment plan. Parent involvement is crucial to your child overcoming the issues that brought him or her to counseling. Initially, your therapist will want to meet with you and your child individually and together. Once a treatment plan is developed, counseling may focus on your child, you and your child together or your whole family. Many times, parents are also seen individually to develop strategies that help support your child at home. If you have any questions, please do not hesitate to ask your therapist.

## Kelly McNew's Background

Kelly received her M.A. degree in Counseling from The George Washington University in 2003. Prior to this, she attended Gettysburg College and received a B.A. in Psychology in 2000. Kelly has twelve years of experience working in the mental health field in a variety of settings for children, teens and adults: outpatient mental health, residential treatment centers, psychotropic clinical trials, research, group private practice and school and home-based counseling. She also has administrative and clinical experience working in the infant mental health field and providing early childhood mental health consultation to preschool programs.

After completing graduate school, Kelly received the National Certified Counselor credential and became a Licensed Mental Health Counselor in Florida. She returned to her home state to practice as a Licensed Clinical Professional Counselor in the state of Maryland. She completed advanced certification through Nova Southeastern University in Early Childhood Mental Health. Kelly received her Registered Play Therapist credential after extensive training and supervision in play therapy. She is an Approved Licensed Clinical Professional Counselor Supervisor and can provide clinical supervision to graduate level counseling interns. Kelly subscribes to the Code of Ethics of the American Counseling Association. She is a member of the Association for Play Therapy and the Licensed Clinical Professional Counselors of Maryland. Kelly attends multiple trainings annually to continue to foster growth and development as a mental health professional and advocate for children.

## Fee Schedule (Effective 6/7/21)

Initial Assessment & Intake: \$160 (55-60 minutes)
Individual or Family Counseling: \$120 (per 45 minutes). & \$145 (per 60 minutes)
Telephone support/consultation (parents/professionals): \$35 per 15 minutes

Summary of counseling services/assessments: rates vary

## Credentials

Licensed Clinical Professional Counselor, MD, License Number: LC2917 Approved Supervisor: #637 Registered Play Therapist Certificate, Association for Play Therapy, Certification Number: T1846 National Certified Counselor, National Board for Certified Counselors, License Number: 82971

This information is required by the Board of Professional Counselors and Therapists, which regulates all licensed and certified counselors and therapists: 4201 Patterson Avenue Baltimore, MD 21215-2299 Phone: 410-764-4732