

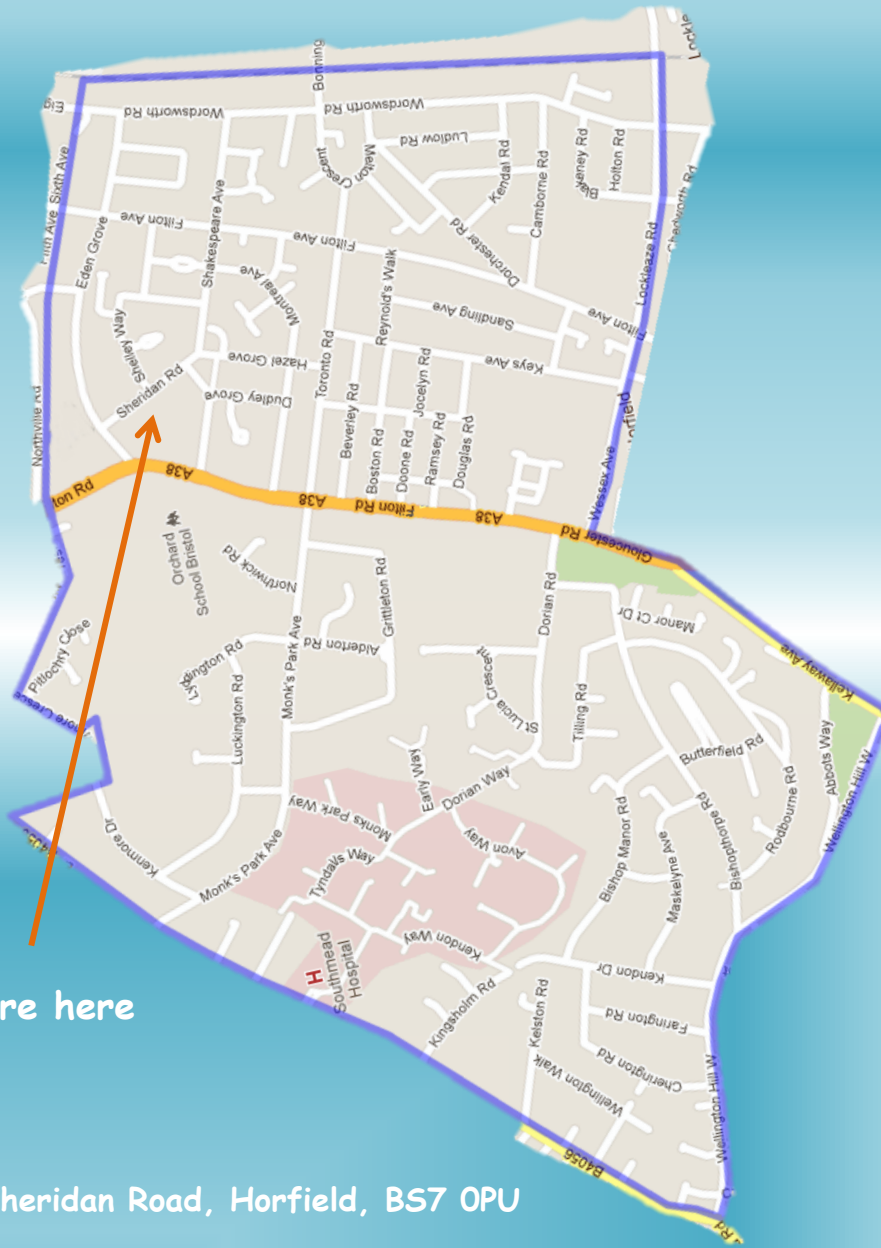


Upper Horfield Children's Centre



Covering the Horfield and Henleaze area

Service Guide 2017



We are here

-  Sheridan Road, Horfield, BS7 0PU
-  0117 9031281
-  upper.horfield.cc@bristol-schools.uk
-  www.upperhorfieldnursery.co.uk



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What's on at the Centre...

Monday	Tuesday	Wednesday	Thursday	Friday
9:15 - 11:15 Stay & Play	9:00 - 11:30 Childminder's Movement & Music Group	9:15 - 11:15 Childminder's Support Group 10:00 - 11:30 Baby Clinic (4 th Wednesday of the Month) 11:30 - 13:30 Gypsy, Roma & Traveller Drop-in	10:00 - 11:30 Baby Group	9:15 - 11:15 Stay & Play

Stay & Play is for families with children aged 0-4 years and is a good way of meeting other parents and helps your child to socialize, explore and play

Childminder's Movement & Music Group is a group for Childminders which encourages singing, dancing and playing for child development

Baby Clinic is run by the local health visitors, allowing parents to get their baby weighed and have any health questions answered

Gypsy, Roma & Traveller Drop-In is a drop-in group for travelling families designed to help with any support needed

Baby Group is a fantastic way of getting your baby (from birth until 18 months old) to relax, socialize and play

One to One Parenting Sessions The Centre can provide Parents and Carers with parenting sessions suited to their needs. Please call to book an appointment

Parenting Courses & Groups are to help with positive behavior management and understanding and communicating with your child. Please call to sign up

Stop Smoking Clinic can support you to stop smoking, get support material and prescribed stop tools. Please phone to book an appointment

Adult Training & Support Groups are available throughout the year. The Centre offers courses in English, Maths, Art, First Aid and more. Please call to see what's running



Support for families...

Additional support we provide through the Centre

- Domestic Abuse support for Women
- Benefits advice
- Back to work support
- Home visits
- Debt advice
- Budgeting
- Parenting groups
- Breastfeeding support
- Foodbank vouchers
- Parents-to-be support



Please call us to book or for any more information

Support in your area...

Monday

10:00 - 11:30 Henleaze Toddler Group, St Peters Church

10:00 - 11:30 Ardagh Toddlers, Ardagh Pavillion , Horfield Common (£2.50)

Tuesday

9:45 - 11:15 Stay & Play, Noahs Ark, Cairns Road Baptist Church

10:00 - 11:30 Rendezvous Parent Toddler Group, Ebenezer Church (£1.50)

10:15 - 11:00 Little Stars Toddler Group, Eastfield Inn

11:00 - 11:30 Storytime for 2-5s, Horfield Library

Wednesday

13:30 - 15:30 Henleaze Toddler Group, Trinity Church

Thursday

10:00 - 10:45 Baby Boogie, Eastfield Inn

13:00 - 14:45 Baby Club, Noahs Ark, Cairns Road Baptist Church

Friday

9:30 - 10:15 Mainly Music, 0-4s, Noahs Ark, Cairns Road Baptist Church

10:00 - 12:00 Chatterbox Playgroup, Horfield Baptist Church

10:30 - 11:30 Henleaze Toddler Group, St Peters Church

11:00 - 11:30 Baby Bounce for Under 3s, Horfield Library

Daily

11:30 Onwards Eastfield Inn Play Cafe

Please note that these groups are not run by Upper Horfield Children's Centre. Most of these groups run during term time only.

