

## LPE Illness Policies/Health Requirements

A certificate of good health (Physician's Report) is required at the time of admission, dated within 30 days of your child's first day of school and signed by a physician.

Our health policy is in place to protect all our students and staff from illness. If your child is not well, please keep your child at home. To meet the health requirements established by the health and social services organizations, parents are asked to keep the child at home when the child:

- Has a contagious illness
- \* Has a fever of 100.4 F or higher
- \* Is taking antibiotics and is in the first 48 hours of the course
- \* Has a heavy nasal discharge
- \* Has discharge or tearing from the eyes
- \* Has a constant cough
- \* Is suffering from diarrhea or vomiting
- \* Is unusually lethargic
- \* Is unusually emotional/crying

If your child becomes sick at school, you will be notified immediately and asked to pick up your child within an hour. Your child may not return to school the same day if they are sent home sick. <u>Your child must be free of all symptoms for at least 36 hours</u> without fever reducing or other medication after exclusion before returning to school (with or without a doctor's note).

If your child is diagnosed with a communicable (contagious) illness, please notify the Director as soon as possible so we can confidentially inform other families of potential exposure and symptoms to look out for. A doctors note will be required to return to the center after a communicable illness marked with below with an asterisk\* is diagnosed.

The note should contain the following information- "<u>Child's name</u> is no longer exhibiting (insert the symptom(s) for which child was sent home from LPE here), is not contagious and it is considered safe for themselves and others for him/her to return to group infant/preschool care on <u>date</u>". Please note that a doctor's note alone is not a guarantee that your child will be allowed to return to group care, as this is at the discretion of the Director and your child's teacher.

Your child should not be given fever reducing medication in order to attend LPE. If you give your child fever reducing medication before bringing your child to school, you will not be permitted to drop off. If you give your child medication and fail to inform LPE of doing so this is ground for dismissal of the program.

We follow the Health Department's direction on exclusion as a result of a reportable disease or condition. The child shall not be allowed to return to our center until the Health Department gives permission to do so. The following reportable diseases may require exclusion from child care per the direction of the Health Department.

Amebiasis	Hepatitis A	Poliomyelitis
Campylobacteriosos	Measles	Rubella
Cholera	Meningitis	Salmonellosis
Cryptosporidiosis	Meningococcal Disease	Shigellosis
E. Coli	Mumps	Tuberculosis
Giardiasis	Pertussis	Typhoid Fever
Haemophilus	Pneumonic Plague	Yersiniosis

We also exclude children for any of the other following conditions:

- \*1. Respiratory illness, including uncontrolled coughing, difficulty breathing, or wheezing until diagnosed not to be contagious and able to be cleared to return to group care.
- 2. Fever of 100.4 F degrees or more accompanied by behavior changes or other signs/ symptoms of illness until fever free for 36 hours without the use of fever-reducing medications.
- 3. Three or more bouts of diarrhea or one bout of bloody diarrhea in a day, until either no diarrhea occurs for 36 hours without medication or until diagnosed not to be contagious by a health care provider.
- \*4. Roseola with fever or behavior changes, until a health care provider determines that these symptoms do not indicate a communicable disease.
- 5. Vomiting illness, defined as 2 or more episodes of vomiting in the previous 36 hours, until either no vomiting occurs for 48 hours or until determined by a health care provider not to be contagious and the child is no longer in danger of dehydration.
- \*6. Shingles, only if the lesions cannot be covered by clothing or a bandage until the blisters have crusted.

- \*7. Skin infections, until 48 hours after treatment has been initiated and can be cleared to return to group care.
- \*8. Strep throat or other streptococcal infection, until 48 hours after initial antibiotic treatment and cured and 48 hours after cessation of fever and cleared to be in group care.
- 9. Head lice, from discovery until after treatment has been completed.
- 10. Scabies, until after treatment has been completed.
- \*11. Purulent conjunctivitis, defined as pink or red conjunctiva with white or yellow eye discharge or tears with matted eyelids after sleep, and including eye pain or redness of the eyelids or skin surrounding the eye, until 48 hours after treatment has been initiated.
- \*12. Hand, Foot and Mouth Disease (including sores with drooling), until all lesions are cleared.
- 13. Chicken pox, until all sores have dried and crusted (usually 6 days.)
- 14. Ringworm of the scalp or body until 48 hours after treatment has been started.
- \*15. Herpes simplex virus (HSV), until those children who do not have control of their oral secretions no longer have active sores inside the mouth. No exclusion is necessary for children who have recurrent infections (fever blisters and cold sores.)
- 16. The child has an illness and the child facility determines it cannot care for the ill child without compromising either the health or safety of the ill child or the health and safety of other children and staff, exclusion but be for at least 36 hours.

\* requires a doctor's note to return to group care

## Covid-19/Corona Virus:

a. Follow the strategy for Staying Home when Sick and Getting Tested from the <u>CDC</u>.

b. Get tested for COVID-19 when symptoms are <u>consistent with COVID-19</u> to help with rapid contact tracing and prevent possible spread at school.

c. Notify LPE right away via Brightwheel or text 707-690-8797 to report a positive Covid result for your child.

d. Staff members and students with COVID-19 infection cannot return to LPE until they have met all criteria to return to school:

• At least 5 days have passed since positive rapid/PCR test result; and

- At least 3 days have passed since resolution of fever without the use of fever-reducing medications; and
- Other symptoms have improved; and
- One of the following:
  - They have a negative PCR/rapid test for SARS-CoV-2, OR
  - they are over the age of 2 years old and can mask effectively while at LPE indoors and outdoors
- Infants (under 24 months old) must remain in isolation for at least 10 days have passed since symptom onset/positive Covid19 test result.

## Administration of Medication

If a child needs to have medicine administered at school, a doctors written authorization is required indicating dosage, frequency, and duration. All medication needs to be in the original container. If medication needs to be refrigerated, please provide an ice pack and a separate bag for storage. Parents must also fill out a Permission slip to allow staff to administer medication and all doses will be recorded in Brightwheel. The instructions from the child's authorized representative shall not conflict with the product label directions on the nonprescription medication container(s).

Nonprescription medications may be administered without approval or instructions from the child's physician if all of the following conditions are met:

(A) Nonprescription medications shall be administered in accordance with the product label directions on the nonprescription medication container(s).

(B) For each nonprescription medication, the licensee shall obtain, in writing, approval and instructions from the child's authorized representative for the administration of the medication to the child.

If you have any questions regarding our illness policies, please don't hesitate to email MissMilli@LPEnapa.com, call or text us 707-690-8797.

Thank you, Le Petit Elephant Nursery and Preschool

Child's Name

Parent Signature