



# Fresco



# Foodworks

# WEEKLY SPECIALS!



Available all Week Ending 8/6/22

1449 Yamato Rd, Boca Raton  
Lifetime Fitness/Hampton Inn Plaza

## (561) 998-GOOD (4663)

**Fast Free Delivery!** \$10 Minimum

[www.frescofoodworks.com](http://www.frescofoodworks.com)

## Hand Crafted Perfection!

## BREAKFAST SPECIALS!

Available 7am-10:30am

- #A** Buffalo Chicken Breakfast Panini \$7.39  
*Eggs, Breaded Buffalo Chicken, Bacon, Pepper Jack on Traditional Ciabatta*
- #B** Spinach Egg & Provolone Pita \$7.99  
*Eggs, Sautéed baby Spinach, melted Provolone, on warm Pita*
- #C** Black Forest, Cheddar Breakfast Melt \$7.29  
*Eggs, Black Forest Ham, Vermont Cheddar, on grilled Multi Grain Bread*
- #D** Chipotle Sausage Breakfast Wrap \$6.99  
*Eggs, Sausage, Pepper Jack, Chipotle Sauce on a Traditional Wrap*

**Natalie's Fresh Orange Juice -- Martinelli Apple Juice**

## 100% Idaho Russet STUFFED BAKED POTATOES

- Bacon & Cheese Spud** - Applewood Smoked Bacon & Cheddar \$5.99
- Chili Cheese Spud** - Beef Chili & Black Bean, smothered with Cheddar \$6.99
- The Plain Jane Spud** - served with a side of Sour Cream & Butter \$3.99
- Buffalo Chicken Spud** - Breaded Buffalo Chicken, Applewood smoked Bacon & Melted Cheddar \$6.99

## ALL NATURAL SMOOTHIES!

- Tropical Passion** - Passion Fruit, Pineapple, Coconut, & Banana
- Trade Winds** - Mango, Pineapple and Coconut
- Banana Berry Blast** - Banana, Strawberry, Mixed Berries
- Straw-nana** - Strawberry, Banana
- Maui Breeze** - Pineapple, Coconut, Banana
- Key West Sunset** - Mango, Banana, Passion Fruit
- Verry Berry** - Strawberry, Raspberry, Mixed Berries

Add Shot Protein 1.49  
Add Peanut Butter 1.59

Add Spinach 1.29  
Sub Almond Milk 1.99

We now Stock  
**Almond Milk**

**Fresh Soups!**

Daily Soups posted each morning on our Facebook Page

for Coffees, Lattes, & Smoothies!

# Boar's Head

## LUNCH SPECIALS!

- #1** Buffalo Chicken & Bacon Panini \$9.29  
*Fresh Traditional Ciabatta  
Creamy Bleu Cheese  
Spicy Breaded Buffalo Chicken Breast  
Boar's Head Pepper Jack  
Applewood smoked Bacon*
- #2** The BIG NEW YORKER Baguette \$9.49  
*Fresh Baked on premise Baguette  
1000 Island & Italian Dressing  
Boar's Head Pastrami  
Boar's Oven Gold Turkey  
Imported Swiss  
Red Onions & Sweet Peppers  
Fresh Lettuce & Tomato*
- #3** Chicken Portabella Flatbread \$9.49  
*Fresh Naan Tandoori Pita  
Our own Pesto Infused Mayo  
All Natural Grilled Chicken Breast  
Sliced Tomatoes  
Boar's Head Provolone **served up Hot & Delicious!**  
Sautéed Portabella's*
- #5** Olympus Gyro Salad \$10.29  
*Fresh crisp mixed Greens (delivered fresh daily!)  
Grape Tomatoes  
Crisp Cucumbers **Served with side of our Mediterranean Vinaigrette**  
Tender Gyro **Also served with a side of Tzatziki Sauce**  
Red Onions  
Crumbled Feta  
Kalamata Olives  
Roasted Red Peppers  
Pepperoncini*

## Try Our Delicious Decadence Cookies!!

Choose from:

**Red Velvet**

**Triple Chocolate**

**Royale** - Chocolate Chip, Toasted Coconut, Macadamia Nut