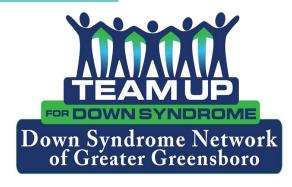
## Raising a child with special needs doesn't take a special family; it makes a family special.

# **Team Up News**

Winter 2015-16



DSNGG Holiday Party	12/6
SpareTime	2pm
FSN Holiday Jambo-	12/12
ree (Hanes-Inman)	9:30
Mom's Night Out	1/10
Elizabeth's Pizza	6:30
New Mom's Brunch	1/23
Lucky 32	11:30
Jump n Fun	1/31
Free Family Event	5-7pm
Date Night (Southern	2/20
Lights Bistro)	7pm
Mom's Night Out	3/13
Liberty Oak	6:30

Mark Your Calendars

<u>Moms</u>: Join us for dinner and conversation with other moms who "get it" at our Moms' Night Outs.

Dads: Join other dads of children with special needs; check fsncc.org for upcoming dates and locations.

## **Buddy Walk**

Thank you to everyone who walked, donated and/or supported DSNGG at the 12th annual Buddy Walk! We hope everyone had a great time celebrating our loved ones and raising awareness of Down syndrome in our community. It was a beautiful day at Keeley Park, and the smiles only made it brighter! Take a look at our "top teams"!



We will be bringing in speakers/workshops in 2016. Look for an email soon to gauge interest on which education-related workshops you would like to see from ECAC and to see if there is enough interest to bring Handwriting Without Tears to Greensboro.



## February Date Night

Calling all DSNGG couples! This is always a highlight as the moms and dads get together for a fun, relaxing evening. Join us on February 20 at 7pm at Southern Lights Bistro for a delicious dinner and great conversation! The cost is \$25 per couple, and an email and Evite will come in the new year.

## Holiday Jamboree

The Family Support Network is hosting their annual Holiday Jamboree at Haynes -Inman Education Center. Join them on December 12 from 9:30 to noon for breakfast, crafts and pictures with Santa (or a winter scene). RSVP by Dec 10 to support@fsncc.org. Donations of newborn onesies, new receiving blankets and board books are appreciated.

#### New Moms' Brunch

January 23 at 11:30am

If you had a baby with DS in 2015 or moved and became part of DSNGG, you'll receive an Evite in the first week of January. If you do not receive it, please email dsngginfo@gmail.com. The board would love to get to know you better in a relaxed atmosphere while enjoying a delicious brunch at Lucky 32.

#### Jump N Fun

Free Family Event

January 31 5-7pm

Join us for a fun, free family event at Jump n Fun! We will play from 5-6:30 and then enjoy some light snacks. An Evite will come in the new year. We will also still have our Tumblebees Family Event in April, so plan to come get out some energy during the cold, winter months!

#### **Buddy Break**

We've had great feedback from this program. It is a free program where kids with special needs (VIP kids) make new friends, play fun games, enjoy crafts, therapy dogs, stories, music, activities and more! Siblings have fun too! Meanwhile, their caregivers get a break from their ongoing care-giving responsibilities for three hours on a Saturday morning each month. VIP children are ages 2-16 and siblings are 4 years-5th grade. But you must reserve. Go to www.BuddyBreak.org and select West Market Street United Methodist Church and call (336)560-3967 to reserve and set up an orientation. We hope many of you can participate in this amazing program!

### Buddy Walk Sponsors

#### Good Buddy Sponsors (\$500+)

BB&T Home Mortgage Cone Health Child Neurology, Dr. William Hickling Carolina Pediatrics of the Triad Cellular Sales Maxie B's Biscuitville The Fresh Market SpareTime Greensboro Mr. Nigel & Friends Ricky Proehl P.O.W.E.R. of Play

#### Best Buddy Sponsors (\$1000+)

Custom Screens Inc.

Super Buddy Sponsors (\$2500+)

McAlister's Deli Tee Originals —



Tee Originals is a crowd funding based garment company. Raising funds and awareness has never been easier and more fun. This is how it works - go to our site and select the garment or multiple garment styles you would like to offer - either create your graphic using our state of the art graphic design tool or download your art that has already been created from your computer - set your fundraising goal to include the amount of money you want to raise and garments to sell - you will then have your main campaign page showing the garment you created and will type up your" story " to share your passion and reason for creating the campaign and why you are raising funds - Then simply share with the world thru email, Facebook and various social media resources - once your campaign reaches its goal we will collect, manufacture and ship the product directly to everyone who participated and cut you and or your organization a check for the balance and the funds you raised-that simple. No upfront cost to you, we handle everything. So find your passion and share it with the world. Tee Originals will be here to support you and make it happen.



See the opportunities below. Each family from DSNGG that registers for the IDSC Meetup in Charlotte will receive a \$25 Visa Gift Card. And we will be offering a few scholarships to the NDSC Convention... details will come by email.

#### Advocacy Opportunity

NDSS Buddy Walk on Washington

Washington, DC April 11-12, 2016

Advocate and meet with members of Congress. You are trained by NDSS through webinars. Visit ndss.org for details.

#### **Research Opportunity**

NDSC National Down Syndrome Convention

Orlando, Florida July 21-24, 2016

Hear amazing speakers and connect with others! Register in the spring at www.ndsccenter.org Fellowship Opportunity

IDSC Meetup in Great Wolf Lodge

Charlotte, NC September 16-18, 2016

Enjoy <u>great</u> rates at GWL (hotel and waterpark) and connect with Ds families! Check out theidsc.org for details and promo codes.

"The only disability in life is a bad attitude."