

To: Leaps Families

Re: COVID-19 Precautions and Protocols

We hope this finds you safe and healthy! Our lives have been upended by the COVID-19 pandemic. We know that many of you are anxious to return to some level of normalcy and that means gymnastics! We also realize that many of you may want to remain at home for now. We completely understand! The CDC recommends, if your child, or you, has an underlying medical condition that puts one of you, or someone in your home, into a high-risk group, it may be safer for you to choose to return to gymnastics at a later date. Credits will remain on your account until you choose to return. Many of you have asked that your payments be donated, please confirm that now, or when you resume classes! This is an uncertain time for all small businesses, and we appreciate it more than you know!

We hope to set a restart date soon. We acknowledge that information is changing rapidly pertaining to COVID-19 and thus, our protocols may need to be adjusted. Restart dates, schedules and protocol changes will be emailed and posted on our Facebook page. Our new normal will be different than what we are used to, but together, we can get through this!

Our number one priority is, and always has been to keep our students, staff and families as safe as possible. For this reason, and in order to comply with local and state guidelines and CDC recommendations, the following protocols are effective immediately. We will revisit and reevaluate each item on a monthly basis. We reserve the right to deny entry to or remove from our facility for failure to comply with these precautions.

1. Please maintain social distancing guidelines (6' between each person) while waiting to enter and at all times while in our facility. We will begin admitting 15 minutes prior to all class start times.
2. Before entry, we will check temperatures of all staff, students and parents with a non-touch thermometer. Anyone with a temperature of 100.4 F or higher will not be allowed into the facility. Your child should be fever-free for 48 hours prior to their class time. Please do not attend class if you or your child has any of the following symptoms: fever above 100.4F, cough, difficulty breathing, sore throat, diarrhea, or unexplained rash. Make-ups will be permitted as long as your child is enrolled. Credits and refunds will not be given for missed classes.
3. For all: please apply hand sanitizer upon entry and exit of our facility. Sanitizer will also be available throughout the facility.
4. Social distancing lines/spots will be on the floor throughout the facility.
5. Because gymnasts are barefoot during classes, we ask that all shoes be placed in the entryway. Coats and athlete bags will be placed in the playroom. You may bring your purse with you into the gym area. Drinks with lids will be allowed into the gym area. They should be placed under your chair. Please apply hand sanitizer before and after removing your mask for drinks. Please label your child's water bottle with their name.
6. Our playroom will be closed.
7. To help reduce group size, we ask that ONLY ONE person accompany athletes into the gym area. We recommend sharing videos/pictures of your child instead of inviting guests to our facility. We understand that parents may need to bring siblings, so we will be flexible. Siblings should remain with a parent at all times. Parents are welcome to check students in at the door and wait in their cars if you prefer. Our observation area will have chairs placed 6' apart. Please do not move the chairs.
8. Per CDC recommendations, all staff, parents and students over the age of 2, will be required to wear a mask/face covering while in our facility, no exceptions. Staff will also wear face shields when social distancing is not possible, i.e., spotting, or for safety reasons. Students will be allowed to step outside

and remove their mask if necessary. Please apply hand sanitizer before and after removing your mask. We recommend athletes start wearing a mask now, to aid acclimation, as we realize this will be a big adjustment. Disposable masks will be available for a fee. We will also have child and adult-sized washable masks available for a fee at the door, and in our online store.

9. Our curriculum will be modified to limit hands on spotting and to accommodate masks. Our instructors will use industry approved skill progressions and skill builders to aid in new skill acquisition. Cardio activities will take place outside when weather permits, or reduced, while masks are necessary.
10. We will not offer classes for ages under 5 at this time. We love our littles! However, we recognize that social distancing, keeping their hands off their face, and wearing masks would be extremely difficult for our younger students. If you currently have a credit for your student of any age, it will still be available when you decide to return. We hope to be able to resume toddler and preschool classes soon.
11. Students will apply hand sanitizer before/after each station.
12. Coaches will clean each station between students and between rotations.
13. Carpets and frequently touched surfaces will be disinfected between classes and at night. We are using EPA certified and EWG approved products that are known to effectively kill COVID-19 and, as much as possible, are environmentally friendly.
14. Our class schedule will be modified to accommodate these changes, watch your email for that. Class sizes and offerings will be reduced to accommodate smaller groups in the gym area.
15. Our office will be no contact. Some office staff will be working remotely and will be available by phone or email only. Payment links will be available on our website. We hope to offer online registration soon!
16. Items are not available for sale in the office currently. Our online store will have apparel, including leotards, and is posted on our website. More items added weekly, sign up for the email list! Please bring a water bottle with your child's name. No food or snacks in the gym area.
17. We will not stamp hands at the end of class, but instead will offer coloring pages for students.
18. We will do a staggered dismissal to ensure social distancing.
19. We will not host birthday parties or offer open gyms at this time.

We sincerely appreciate all the support we have received during this closure. We want to provide the safest environment that we can and sincerely appreciate your cooperation with the "new normal".