

HOPE

Never Quit..... Dream Big, Think Big



Life Theme

Question: Who do you know that is a dreamer? Or an individual that thinks BIG... outside of the box....Do you admire or do you scoff their dreams...

Action: You must believe in yourself...do not listen to the negative people or the doubters. YOU must not ever lose HOPE! Hold firmly to your dreams.

The will to win, the desire to succeed, the urge to reach your full potential... these are the keys that will unlock the door to personal excellence.

Confucius

Go to: www.coachmertz.com

Watch Season 2 ..*Week 10 Video*.....Write thoughts on Back

“TRUE SUCCESS IS BUILT ON A FOUNDATION OF CHARACTER”

Success is peace of mind which is a direct result of self satisfaction in knowing you did your best to become the best that your are capable of becoming.

JOHN WOODEN

Football Theme

Question: Have you ever lost hope? Thinking the opponent is just to big, to fast, to strong....

Truth: Don't let anyone limit you or your potential as a player and teammate you can accomplish greatness as long as you continue to believe and have HOPE. **DO NOT FEAR ADVERSITY!!!**

“Only in the darkness can you see the stars.”
Martin Luther King Jr.