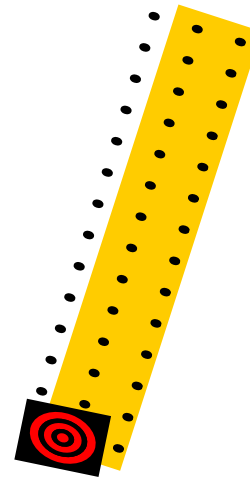


Mission Statement

"To provide a safe and nurturing environment for each individual to achieve their vision of recovery while promoting acceptance, dignity and social inclusion"



The WCC Staff



College Community Services



401 S. Tustin St., Bldg. C
Orange, CA 92866

College Community Services

Wellness Center Central



401 S. Tustin St., Bldg. C
Orange, CA 92866
714-361-4860
www.wellnesscenteroc.com

Wellness Center
Central (WCC)
offers an array of
groups, classes and
resources to
increase the
wellness of the
Orange County
community
through four key
areas:

- Physical
- Emotional
- Spiritual
- Social/Community

Groups offered include:

Employment
Life Skills
Social Hour
Volunteerism
Movie Club
Newsletter
Diversity

Meditation
DBSA
Coping Skills
Enlightenment
Best I Can Be

Walk About
Yoga
Social Dance
Frisbee Golf
Bowling
Gardening
Dancing
Emotions
Volleyball

Arts & Craft
AA Meetings
Dual Recovery
WRAP
Floral Design
Jewelry Design

And more!!!

**The Anchors of
Wellness Center
Central:**

Education
Welcoming
Empowerment
Hope
Discovery
Collaboration



401 S. Tustin St., Bldg. C
Orange, CA 92866



Phone: 714-361-4860
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