

SECOND STORY STUDIO SCHEDULE - ALL CLASSES - WINTER/SPRING 2019

Last revised 031519 / 1030 pm

JANUARY 7 THRU APRIL 27						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	8:15-9:05 am FUNdamental Fitness* Jen Hoeft	9:00-10:30 am Adult Ballet* Donna Carver	8:15-9:05 am FUNdamental Fitness Fitness* Jen Hoeft	9:00-10:30 am Adult Ballet* Donna Carver	8:15-9:05 am FUNdamental Fitness* Jen Hoeft	9:00-10:15 am Mindfulness Yoga* Leslie Matthews
	9:30-10:45 am Slow Flow Yoga* Mary Thorstad					10:30-11:50 am Adult Ballet* Donna Carver
12:00-4:00 pm Nashville Theatre School See NTS website for details			2:00-3:30 pm Small Study Group* Carrie Gerow		12:00-12:45 pm Intro to Dance Ages 4 & 5	12:00-1:00 pm Teen Jazz - Int <hr/> 1:00-2:30 pm Teen Ballet - Int/Adv
4:30-5:30 pm Gentle Flow Yoga* Jen Hoeft			4:00-8:00 pm Nashville Theatre School See NTS website for details	1:00-4:00 pm 4:00-7:30 pm Nashville Theatre School See NTS website for details	12:00-12:45 pm Small Study Group* Carrie Gerow Once a month	2:45-3:30 pm Teen Tap - Int <hr/>
5:45-6:45 pm Small Study Group* Carrie Gerow	5:00-6:00 pm The NEW Big Three Ages 6-8	5:30-6:30 pm Modern Technique & Contemporary		7:30-8:30 pm Adult/Teen Beginner Tap		
	6:00-7:30 pm Big Three - Getting Bigger! Ages 9-11	6:30-8:15 pm Ballet / Pointe				

Class pricing for those marked with an asterisk (*) are set by individual instructors. Details can be found on the SSS website.