

*Non-biased support for families  
of infants, children, and teens  
who are deaf or hard of hearing  
from ages 0 to 18.*

For more information about the Hands  
& Voices New Mexico Chapter's Guide  
By Your Side program, please contact:

Website:

**hvn.org**

E-mail:

**parentgroup@hvn.org**

Phone:

**505-357-0344 English**  
**505-357-0345 Spanish**

Mail:

**P. O. Box 90804**  
**Albuquerque, NM 87199**



Sponsors:



U.S. Department of Health and Human Services  
Health Resources and Services Administration  
through the New Mexico Department of Health  
Newborn Hearing Screening Program



Buckaroo Ball Foundation.  
Santa Fe Community Foundation

HVNM is a non-profit 501(c)3 organization

# Hands & Voices New Mexico Chapter



## GUIDE BY YOUR SIDE™



**HVNM.org**

*"What works for your child is  
what makes the choice right"*

## What is Guide By Your Side?

Hands & Voices New Mexico Chapter's Guide By Your Side (GBYS) program is dedicated to supporting families and their children from ages 0 to 18 who are deaf or hard of hearing (D/HH) by offering them the opportunity to connect with a Parent Guide and attend social and educational events.

## What is a Parent Guide?

GBYS Parent Guides are parents of D/HH children who have received training that prepares them to help empower families by sharing stories and providing information without a bias towards communication modes. Parent Guides are able to bring their direct experience, specialized knowledge, and personal compassion to their roles while making the family's needs their primary focus. Through direct personal connections, Parent Guides promote self-efficacy and reduce isolation by exploring common bonds, shared experiences, wisdom and insights.

Parent Guides will help families by:

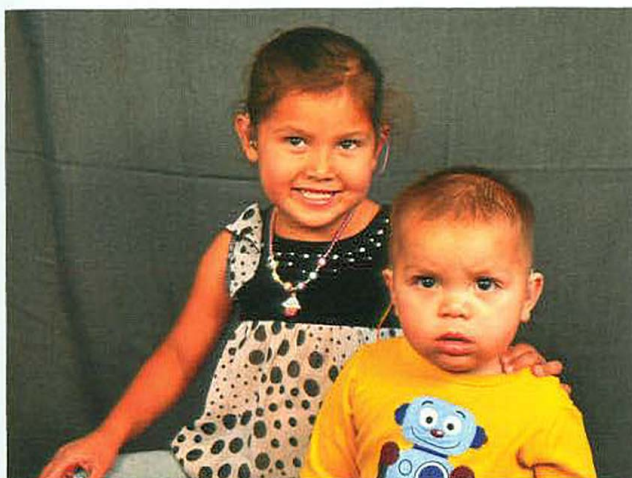
- Establishing a supportive relationship
- Providing unbiased information regarding communication modes and considerations
- Understanding the unique needs of infants, children and teens who are D/HH
- Accessing local, state, national and web-based resources
- Providing emotional support when needed
- Networking with families at social and educational opportunities

## Why is Parent-to-Parent Support So Important?

Every family with a deaf or hard of hearing child has a story to tell, yet we all share a common bond. Families who are just beginning their journeys or who run into new situations or transitions can benefit from experienced parents of D/HH children.

## How Much Does it Cost?

The Guide By Your Side program is free to New Mexico families.



## How Do I Connect With a Parent Guide?

To be connected with a Parent Guide, contact Hands & Voices New Mexico Chapter (HVNМ):

E-mail:

[parentgroup@hvnм.org](mailto:parentgroup@hvnм.org)

Website:

[hvnм.org](http://hvnм.org)

Phone:

**505-357-0344 English**  
**505-357-0345 Spanish**

Mail this form:



# GUIDE BY YOUR SIDE™

\_\_\_\_\_ Please connect me with a Parent Guide

\_\_\_\_\_ Please send more information about GBYS

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Telephone: \_\_\_\_\_

Text: \_\_\_\_\_

E-mail: \_\_\_\_\_

Best time to contact me: \_\_\_\_\_

Mail to:

**Hands & Voices New Mexico**  
**P. O. Box 90804**  
**Albuquerque, NM 87199**