

## Pillars of Hercules – what the critics say

*Dismiss this place as a harmless hippie enclave at your peril: over 25 years Bruce Bennett has created an organic farm, shop and cafe with charm, attitude and inspiring organic principles. The List Guide 2010*

This was one of the first reviews I read of the business. Reminds me of the Hitch Hikers Guide to the Galaxy entry for planet Earth: 'mostly harmless'.

Then came the anonymity of Tripadvisor. Here's a selection:

*Used to visit this place a lot as it's very close to home. As I am vegan I found it handy for shopping despite the fact it is overpriced, and used to visit for lunch although the food isn't great. However, having eventually met the owner and discovering how unfriendly he is I don't plan to ever go back, I will not recommend it to anyone... Believeinfairies, June 2014*

*I'm hoping you're reading this after you've ordered your lunch. Unfriendly? Surely some mistake. Let's swiftly move on to...*

*As much a destination as a food venue. We had veggie breakfasts which were excellent and the coffee was voted best of the weekend!! Very friendly staff and a great place to visit and follow the farm trail or buy something in the shop Viewlander, April 2015*

*That's better...though I notice the owner didn't get mentioned. Oh well, I'm sure this next reviewer would benignly interpret any lack of schmooze as simply silent contemplation...*

*pillars is just one of the most amazing places on the planet! i love it heart & soul. it doesn't matter who i go with – friends, kids, family, dog, alone, it's impossible not to feel uplifted after a visit there... just outside of falkland, it's an inspiring, relaxing place to visit, ideal for country walks, hot chocolate for the kids, hand-picked organic flowers, admiring all that is good and right with the world :o)...*

*Missykai, Oct 2014*

*What else can I say? BB, 2015*



## Welcome to Pillars café

Pillars cafe is certified 100% organic. We always use our own fresh farm produce when in season; fresh picked salad, eggs and vegetables with no 'road-miles' just footsteps. For all other ingredients we have selected local and national suppliers who provide us with the best organic products. Our bread and cakes are baked here and all dishes on the menu are prepared from scratch in our own kitchen.

**Many of our menu items are available vegan and 'gluten free' and we make every effort to accommodate peoples dietary requirements so please ask your server.**

### BREAKFAST MENU (Served 9–11.30 am)

**Veggie breakfast** 7.5  
2 soft poached Pillars hens eggs, fried mushrooms, tomato and baked beans served with our granary toast and butter

**Crepe (GF available)** 5  
With banana and chocolate spread

**Baked beans and granary toast** 4.7  
With grated cheese

**Poached eggs and granary toast** 4.7  
2 soft poached Pillars hens eggs with toast and butter

**Fried egg roll** One...on a roll 3.5

**Granary toast** 3  
Served with jam, honey, marmalade or peanut butter

### KIDS' BREAKFASTS



**(Not for adults!)**

**Fried egg on toast** 3  
**Beans, toast and grated cheese** 3

**Banana and honey with granary toast** 3







## MAIN MEALS (Served from 11.30am)

**Pillars bean burger (V)** 8  
Homemade vegan burger in a homemade bun served with Pillars own chutney and side salads

**Crepe du jour (GF available)** 7  
See board for daily fillings

**Chilli nachos (GF)** 8  
Spicy vegetable & bean chilli with corn chips, yoghurt and cheese

**Herculean ploughman's salad** 9  
Fresh picked Pillars salad leaves, a mix of side salads, cheese, chutney and bread (seasonal)

**Garlic mushrooms** 5  
On chunky Pillars farmhouse toast with fresh leaves

**Soup of the day (GF & V)** 4.5  
Check the blackboard for today's delicious offering. Served with Pillars bread, oat cakes or rice cakes

**Toastie/sandwich and salad** 6  
2 fillings from: cheese, hummus, mushroom pate, tomato, chutney and onion. Served with fresh leaves and side salad

**Soup and toastie/sandwich meal** 8  
See above for fillings

## KIDS' MENU



(Not for adults! Served from 11.30am)

**Beans on toast with cheese** 3

**Banana and honey on toast** 3

**Soup and bread** 3

**Toastie/sandwich** 3.5  
Choice of cheese, hummus and tomato or peanut butter

**Cheese & tomato pizza** 5

## Special dietary requirements – please ask staff for advice



Gluten free bread is available as a substitute on some menu items at a 50p supplement. Please be aware that we do use nuts and gluten containing ingredients in our kitchen. (GF) = made using gluten free ingredients. (V) = vegan. All our dishes are normally vegetarian.

## SIDES

|                     |     |                       |     |
|---------------------|-----|-----------------------|-----|
| Green salad         | 3   | Bowl of olives        | 2.5 |
| Chunky garlic bread | 2.5 | Hummus and corn chips | 3.5 |

## SWEETS

### Delicious Pillars home baking

Please see the display cabinet for our full assortment of cakes and other goodies, including GF & V options

## DRINKS

### Hot drinks

All our coffee is fairtrade and available in decaffeinated (regular size only). Please say if you prefer soya milk in your drink

|            | Regular      | Large |
|------------|--------------|-------|
| Coffee     | 2            | 2.4   |
| Latte      | 2.4          | 3     |
| Cappucino  | 2.4          | 3     |
| Espresso   | 1.8          | 2.2   |
| Flat White | 2.8 (2 shot) |       |

**Extra shot of coffee** 0.5

**Mocha** 3

**Hot chocolate** (kids) 1.6 3

**Pot of tea** (per person) 2

**Herbal tea** 2

### Cold drinks

**Freshly made juices** 4  
See blackboard for today's juice special

**Glass of apple or orange juice** 2

**Carton of fruit juice** 1.3

**Whole Earth can** 1.5  
cola/lemonade/elderflower

**Fentimans bottle** 2.2  
gingerbeer/lemonade

**James White bottled juices** 2.2

**Bottled water** 1.4

**Kids carton of juice** 1

**Alcoholic Drinks** See separate menu