

The Biofield in Health and Healing

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(Presentation for HTCA, May 2018)

The biofield is the organizing energy field of life central to healing and integrative health. It extends from the human body into the surrounding space and entangles each person with one another, the biosphere, and the cosmos. The biofield is considered to be central to many types of therapies, including energy healing, energy psychology, homeopathy, and treatment from various energy therapy devices.

During the lecture portion of this presentation, a short history following by the scientific foundations and latest concepts of the biofield will be described. Beverly will explain several ways to measure aspects of the biofield, including high-voltage electro-photography (digital type Kirlian photography); biophoton counting; and electrical conductivity measurements of the acupuncture points, through nontechnical language and highly visual slides. She will discuss the status of these technologies in the clinic and research. Examples of biofield measurements before and after energy healing and practices such as qigong, meditation, and yoga, will be discussed. Beverly's partner, Harry Jabs, who will also be present, designed and built the only custom biophoton chamber that we know for studying the energetic interaction of healers and patients through the weak light emitted by the body. Their studies show that every energy healing session is unique in terms of the bursts of light emitted. Beverly will also describe progress that she and Harry have made toward the development of a novel detector for *qi* (*prana*). Through implementing new technology, Beverly and Harry hope to bring greater awareness of the biofield to science, health care, and the general public, to help bring biofield practices into the mainstream.

During the workshop portion of this presentation, Beverly will demonstrate use of the Bio-Well, the latest version of high-voltage electro-photography, a form of Kirlian type photography, which was developed in Russia. This is a portable unit that can assess the biofield in just a few minutes through the fingertips. Together we will explore biofield changes from the practice of Healing Touch on several volunteers.