

SHANE KENT

I have been actively involved in Triathlons for 4 years now, working my way up from the Gatorade series to be a regular long distance athlete. 9 years ago I was a big boy weighing in at 95kg, but now I'm a dad who loves to train and race and also give back by way of a Technical Official!

This year I'm taking the family to Kangaroo Island to tackle the Ironfest!

Being a Sufferfest Ambassador will give me formal approval to hound my friends during social runs, squad training and customers in my bike shop to join me on my adventures and not be afraid of traveling for events and races across Australia!

