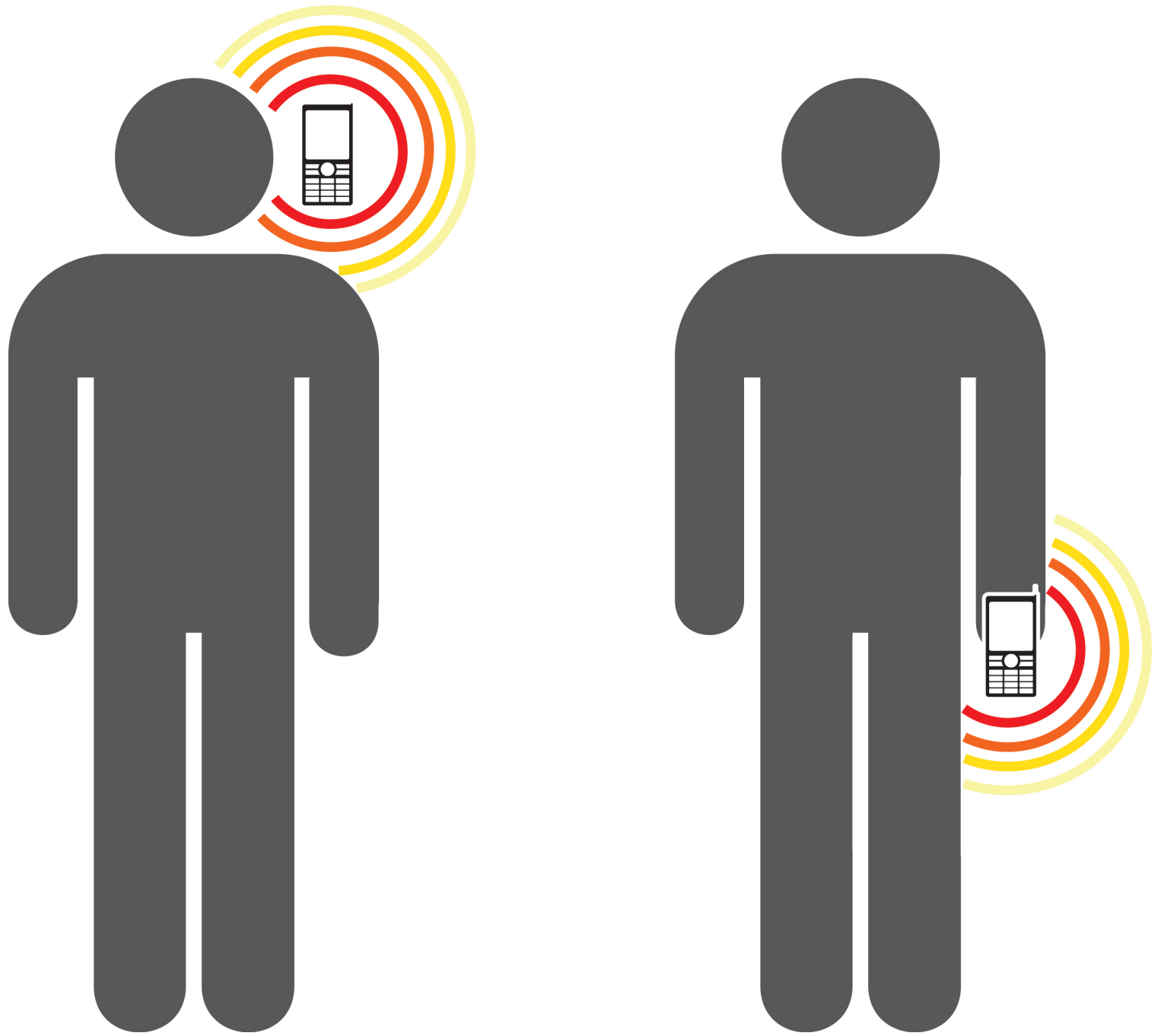




# Cell Phones Emit Radio-frequency Energy



**Studies continue to assess potential health effects of mobile phone use.**<sup>1</sup>

**If you wish to reduce your exposure, the City of San Francisco recommends that you:**

- **Keep distance between your phone and body**<sup>2,3</sup>
- **Use a headset, speakerphone, or text instead**<sup>4-6</sup>
- **Ask for a free factsheet with more tips**



**SF Environment**

Our home. Our city. Our planet.

A Department of the City and County of San Francisco

**Learn More:**

**SF Department of Environment @ [SFEnvironment.org/cellphoneradiation](http://SFEnvironment.org/cellphoneradiation)**

**Federal Communications Commission @ [FCC.gov/cgb/consumerfacts/mobilephone.html](http://FCC.gov/cgb/consumerfacts/mobilephone.html)**

**World Health Organization @ [WHO.int/mediacentre/factsheets/fs193/en/](http://WHO.int/mediacentre/factsheets/fs193/en/)**