

Morrow County Services for Older Citizens
41 West Center Street, Mount Gilead, OH 43338
Phone 419-946-4191 Fax 419-946-1037

APRIL 2017 MENU

Suggested \$3.00 Donation One day advance reservations required. Lunch is served 11:30 until 12:30

<i>Alternative For the week</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
3 thru 7 Tuna Salad Cheese cubes Grapes Pears Pineapple Juice Wheat Bun Wheat Crackers Milk	3 Ham Baked Potato Cauliflower Banana Graham Cracker Whole Wheat Bread Milk	4 Chicken Breast Mashed Potatoes Carrots Mandarin Oranges Whole Grain Bread Cookies Milk	5 Marzetti Green Beans Applesauce Cranberry Juice Bread stick Milk	6 Salisbury Steak Mashed Potatoes Succotash Apple Juice Whole Grain Bread Graham Crackers Milk	7 Honey Mustard Chicken Brown Rice Beets Orange Juice Whole Grain Bread Milk
10 thru 14 Egg Salad Cottage Cheese Applesauce Fresh Fruit Grape Juice Wheat Crackers Whole Wheat Bun Milk	10 Meatloaf Mac & Cheese Corn Apple Juice Mandarin Oranges Whole Grain Bread Milk	11 Roast Beef Mashed Potatoes Carrots Orange Juice Whole Grain Roll Milk	12 Chicken Noodle Casserole Peas Applesauce Cranberry Juice Whole Grain Bread Milk	13 No meals Easter Outing	14 Chicken Strips Ranch Fries Tossed Salad Pears Whole Grain Bread Milk
17 thru 21 Chicken Salad House Salad Fresh Broccoli Mandarin Oranges Whole Wheat Bread Milk	17 Chili Tossed Salad Cornbread Peaches Apple Juice Oyster Crackers Milk	18 Pork Chops Baked Potato Malibu Vegetables Applesauce Bread Stick Milk	19 Sallsbury Steak Mashed Potatoes Broccoli Grape Juice Whole Grain Bread Graham Crackers Pudding Milk	20 Chicken Patty Peas & Carrots Mixed Fruit Orange Juice Whole Grain Bread Graham Cracker Milk	21 Roasted Turkey Red Skin Potatoes Green Beans Tropical Fruit Whole Grain Roll Milk
24 thru 28 Ham Lettuce & Tomato Fresh Carrots Cranberry Juice Whole Wheat Bread Milk	24 Chicken Drumstick Oven Brown Potatoes Broccoli Grapes Whole Grain Bread Graham Crackers Milk	25 Pulled Pork Sandwich Carrot Raisin Salad Orange Juice Whole Grain Bun Whole Grain Crackers Jello with Fruit Milk	26 Spaghetti Green Beans Hot Apple Slices Cranberry Juice Bread Stick Milk	27 Hamburger with Lettuce & tomato Baked Beans Apple Juice Whole Grain Bun Whole Grain Crackers Milk	28 Beef & Noodles Peas & Carrots Mixed Fruit Pineapple Juice Whole Grain Bread Milk