



The CCB Science 2 Service Distance Learning Program[®]

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S2S 2053 Recovery Oriented Methadone Maintenance

White and Mojer-Torres

Northeast ATTC/Great Lakes ATTC/DBHMRS, 2009

Module 3 Pre Test

1. TIP 43, as referenced by the authors, set forth a clear vision for the future of MM by saying that providers will be under greater pressure to offer a richer mix of _____.

- a. dosing variability
- b. comprehensive services
- c. medication options
- d. culture and gender specific options

2. One of the assumptions of recovery management (RM) is that _____.

- a. addiction is a brain disease with neurological defects that can be corrected through acute detoxification
- b. principles and practices that characterize effective management of other chronic illnesses cannot be adapted to addiction treatment
- c. high rates of drug seeking following cessation of treatment is a manifestation of the neurobiological defects
- d. acute episodes of detoxification and biopsychosocial stabilization constitute sustainable recovery

3. Between _____ of persons on waiting lists fail to enter addiction treatment.

- a. 10-15%
- b. 20-30%
- c. 25-50%
- d. 30-60%

4. Program related factors that relate to early dropout include _____.

- a. conflict with one's counselor
- b. dissatisfaction with methadone
- c. life events/logistics
- d. incarceration due to past behavior

5. Nursing time in OTPs is consumed primarily with _____.

- a. dispensing medication
- b. assisting with physicals and medical procedures
- c. drug testing
- d. all of the above

6. Only _____ of all MM staff in the United States self identified as being in recovery.

- a. 5%
- b. 10%
- c. 15%
- d. 20%



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7. The authors report that recovery outcomes vary significantly across OTPs and a portion of that variability is attributable to _____ factors.
- dosing
 - programmatic
 - counselor
 - regulatory
8. A higher percentage of MM patients received ancillary services when these services were provided _____.
- on site at the clinic
 - at community based organizations
 - through the insurance company
 - free of charge
9. The best single predictors of post MM abstinence from heroin are longer periods of time in treatment, discharge status of treatment completion as planned and _____.
- status of the patient's significant other and families
 - employment during and after MM treatment
 - medical follow up after MM treatment
 - cultural identification and support
10. In general, a key predictor of the degree of effectiveness of MM is _____.
- a well trained, professional staff
 - regulatory compliance
 - duration of active participation in treatment
 - stable dosing
11. Until the founding of _____ in 1991, there was a lack of recovery mutual aid society explicitly for people in medication assisted recovery.
- Medication Anonymous
 - Opioids Anonymous
 - IV User Anonymous
 - Methadone Anonymous
12. Questions regarding the future direction of ROMM treatment are present, according to the authors, and need to be addressed, in part, by the _____.
- policy makers
 - scientists
 - treatment professionals
 - patient advocacy movement