

Johnston Housing News

January 2020

Winter Health

Hosted by URI pharmacy
outreach

As the temperature outside drops, our bodies need special attention. Learn how to best protect yourself from winter issues such as increased respiratory infections, coughs and colds, dry skin and more!

Pell Manor- Friday, January 31st at
11am



You will be receiving your Social Security Benefit letter in the next few weeks. Be sure to put it in a safe place as you will need it to apply for services. Including SNAP benefits and SNAP recertification!



*Happy
New Year*

Do you go to the store every month to buy a money order to pay your rent?

Are you interested in opening a checking or savings account?
Call Jessica

**Rents will be collected at
Pell
On**

**Monday, January 6th, 2019
8:30-11:00am**

Happy Birthday!

Nancy Agnew
Dawn Cardente
David Chalmers
Connie Falco
Margaret Imondi
Joyce Kaminski
William Norcini
Florence Patriarca
Donna Ricardelli
Louise Siravo
Perry Sorbara
Peter Vescera



Tenant Association Meeting

Forand- January 13th, 2019 1pm

Pell- January 20th, 2019 6pm

**MONDAY NIGHT BINGO
at FORAND
DOORS OPEN AT 4:30
BINGO STARTS AT 5:30.
BINGO!!!**

Please remember
Johnston Housing
Authority is proud to be
SMOKE FREE!



NO SMOKING

Fun Facts:

- Be sure to eat leafy greens on New Year's. Tradition says that the more leafy greens a person eats, the more prosperity he or she will experience (what an incentive for staying healthy!).
- The early Roman calendar designated March 1 as the new year. The calendar had just ten months, beginning with March
- Time Square New Year's Eve Ball was first dropped in 1907 after there was a fireworks ban. The original ball weighed 700 pounds and featured 100 25-watt bulbs. Much different to the ball we know today!