

BO'S ROCKS

We'll be partying to the music of Trop Rocker John Friday, the Teddy Bear of Trop Rock. Our Phun Phlocking will be on Sunday, February 25th at The Tipsy Gator, (which is the clever name of the outdoor dock at Bo David's) from 3-6 pm. John will be playing and singing all our Trop Rock favorites outside on the patio, unless the weather doesn't cooperate, then we have plenty of room to move the Phun inside.

Bring necessary items for a local women's shelter to "pay" for your admission to the phlocking. A list of suggested items is below.

Purchase a ticket for the treasure filled basket of goodies raffle, and remember to sign in for your chance at the members-only raffle. Be sure to join us for another Phun Philled Phlocking as we continue to party with a purpose!

ITEMS FOR WOMEN & KIDS

Toiletries

Hair products Oral Hygiene products Bath products

Personal Hygiene products, deodorant, etc.

Clothing

Shoes

Socks and Underwear

Diapers

Toys and Games

Children's Books



John Friday, the Tropical Balladeer, is a singer/ songwriter originally from Maryland, now living in Florida. After a back-breaking (literally) Army career, John settled in the Sunshine State where he pursues his musical dreams every night in the locals pubs and bars.

John got his first guitar when he was 13, after attempts at learning the piano and the clarinet were less than successful. For years, John was never far from that guitar. He took it backpacking in the White Mountains of New Hampshire; while working on a crabber in Chesapeake Bay; even while skiing in Maine & Colorado. He still has that guitar, although his collection has grown somewhat over the years.

When it came time to "get a grown-up job," John put away childhood dreams and joined the Army. A series of injuries led to a medical discharge after thirteen years of service. Moving back to the Mid-Atlantic region, John shortly realized that (1) he'd never really grown up and never would, and (2) his childhood dreams of making music were still powerful. Eventually, those dreams led to Florida. "Dreams...don't leave childhood without them!"

LakeShark Bytes

A Publication of the Heartland LakeSharks Parrot Head Club Lake Placid, Florida



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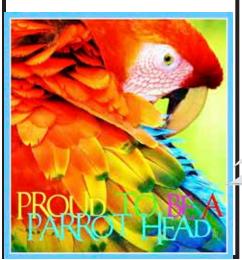
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Most importantly in this edition, election time is coming. The General Election for officers and board members will be held in March. This year, the president, vice president and 2 director positions will need to be filled. If you are interested or would like to nominate someone, see a board member at a phlocking or email Linda (her address is at the end of this column.)

The next business meeting will be at 5:30 pm, Tuesday, February 20th at the Mid-Florida Community Center, Stuart Ave., Lake Placid. Everyone is welcome to attend with ideas and/or margaritas. Board members who are unable to attend should contact Linda at woman2blame.lrb@gmail.com

TRIVIA QUESTION

This question will be asked at the next Phlocking... You'll have the answer ready to win!!

What is Jimmy Buffet's favorite cheeseburger condiment?

A: Heinz 57





5th Richard Southen 13th Lee Trainor 24th Dennis Firth

Hey! We scored another basket of booze to raffle at the next phlocking... Start saving — you could be a winner!

DROP-OFF LOCATIONS

If you are unable to attend a monthly Phlocking, and still want to make a donation to help our cause, you are always welcome to drop items off at Dock 633, 633 Lake June Road or Lake and Land Realty, 124 E. Interlake Boulevard, both in Lake Placid. Thank you.

Our Thanks to These Supporting Businesses.

Your business or name could be featured here. Provide a prize for the drawings.





JIMMY BUFFETT SCHEDULE

Want to see our favorite entertainer in concert? Visit *www.margaritaville.com* for all the info.

MESSAGE FROM THE EDITOR

February is certainly bringing us some summerlike temperatures this year. I hope you are getting out and about to enjoy some fun in the sun, fellow Parrot Heads. As we continue giving to our community, this month we will be collecting items for a local women's shelter. See details in the February Phlocking section of this newsletter. Let's continue making

a difference here in Highlands county and do more than ever in 2018. We need all of you to join us in volunteering your time and donating items to help local charities. Remember, if you have any suggestions, or can help out in any way, please contact Linda at woman2blame.lrb@gmail.com

CHEERS. Trisha



It was another great turn out for the January Phlocking on the Dock 633 deck, listening to the Trop Rock tunes of M^2 .

Thanks to all who joined us and generously donated a whopping 134.58 pounds of non-perishables for our local food bank.

The winner for closest guess of total pounds collected was Sherida Ridgdill. The highest guess was by Marilyn Cliff and the lowest guess was made by Jean Deuth.

The 50/50 drawing winner of \$60.00 was Trisha Winner. Trivia contest winner of the Margarita Drink pack, donated by HiRize Creative, was Cathy Stockwell.

The member's only drawing winner of a Dock 633 gift card was Amy Howard. Be sure you join us for another Phun Phlocking on February 25th. Look for all the details in this newsletter.



O'PADDY'S MCRUBEN DIP

This is the perfect St. Patrick's Day dip for celebrating along with your green beer.

4 oz. thinly sliced deli corned beef, finely chopped

8 oz. cream cheese, cubed

8 oz. sauerkraut, rinsed and drained

1 c. sour cream

1/2 c. shredded swiss cheese

1/2 c. shredded sharp cheddar

2 T. thousand island salad dressing

4 T. finely chopped dill pickles

1 t. caraway seeds



In a 1 ½ quart slow cooker, combine all ingredients. Cover and cook on low for 2 hours or until cheese is melted; stir until blended. Serve warm with cocktail rye bread and rye crackers.

ST. PATRICK'S DAY PIÑA COLADA

Sometimes, nothing beats an old classic. Add some island vibes to your St Patrick's Day celebrations with this fun and festive piña colada.

3 oz. coconut cream

2 oz. pineapple juice

2 oz. of your favorite rum

1 oz. lime juice

1 – 2 drops green food coloring

pineapple slices for garnish

Add ice and all ingredients to blender. Blend and serve in ice filled glasses with a pineapple slice for garnish.

Did you ever want to tell people about the Heartland Lake Sharks? Now you can leave them with a reminder to come see what we're all about.

The club has new business cards for members to share with their friends and acquaintances.

Pick some up at the next phlocking and share.



March 25 Phlocking 3-6 Dock 633

